Bereavement Support Groups

SUPPORT GROUPS FOR GRIEVING INDIVIDUALS

Offered by Visiting Nurse & Hospice of Fairfield County and
Waveny LifeCare Network

LOSS OF SPOUSE

Fridays, July 14 to September 29, 1:00—2:30pm via zoom with Stephanie Shaughnessy, MSW

Mondays, once a month beginning July 24, 7—8:30pm via zoom with Maribeth Payne, M Div

Tuesdays, August 15 to September 19, 7—8:30pm via zoom with Sheila Russo, LCSW, Certified Grief Counselor

LOSS OF PARENT

Tuesdays, July 11 to August 15, 7:30—9pm via zoom with Meghan Cioffi, MSW

LOSS OF A LOVED ONE

Wednesdays, August 16 to September 20, 11:00am—12:30pm in person with Sheila Russo, LCSW, Certified Grief Counselor

LOSS AND CHANGE

Wednesdays, July 19 to September 27, 7:30—9:00pm in person with Betsy Perry, RN

CARING FOR THE CAREGIVER

Mondays, July 31 to August 28, 1:00—2:30pm in person with Maribeth Payne, M Div

For more information about Bereavement Support or about Visiting Nurse & Hospice of Fairfield County, please visit us online at www.visitingnurse.net or follow us on Facebook.

These support groups are offered free of charge by Visiting Nurse & Hospice of Fairfield County and will be held in person and via Zoom. In person groups will be held at VNHFC, 22 Danbury Road, Wilton.

Please contact Johnny Pita, ThD., Volunteer and Bereavement Coordinator at 203-762-8958, extension 316 to pre-register for the support groups. You will receive an email with the Zoom link when applicable.

Waveny LIFECARE NETWORK

Visiting Nurse & Hospice of Fairfield County
a member of Waveny LifeCare Network