Bereavement Support Groups

SUPPORT GROUPS FOR GRIEVING INDIVIDUALS

Offered by Visiting Nurse & Hospice of Fairfield County and
Waveny LifeCare Network

Loss of Spouse

Tuesdays, April 26 – May 31, 7-8:30 pm via zoom with Sheila Russo, LCSW

Tuesdays, May 3 – June 7, 1-2:30 pm in person with Laurie Petrasanta, MA

Mondays, May 16 – June 20 (ages 35-65) 7-8:30 pm via zoom with Maribeth Payne, M Div

Mondays, May 9 – June 20, 3-4:30 pm via zoom with Stephanie Shaughnessy, MSW

Loss of Parent

Wednesdays, April 27th – June 8th (no meeting on 5/25) 7-8:30 pm via zoom with Meghan Cioffi, MSW

Loss of a Loved One

Wednesdays, April 27 – June 1, 2:00 – 3:30 pm via zoom and in person with Rabbi Daniel Sklar

Loss and Change

Wednesdays, May 18 - June 22, 7:15-8:45 pm in person with Betsy Perry, RN

For more information about Bereavement Support or about Visiting Nurse & Hospice of Fairfield County, please visit us online at www.visitingnurse.net or follow us on Facebook.

These support groups are offered free of charge by Visiting Nurse & Hospice of Fairfield County and will be held in person and via Zoom. In person groups will be held at VNHFC, 22 Danbury Road, Wilton.

Please contact Stephanie Shaughnessy at 203-834-6341, extension 316 or sshaughnessy@visitingnurse.net to pre-register for the support groups. You will receive an email with the Zoom link when applicable.

Waveny LIFECARE NETWORK

Visiting Nurse & Hospice of Fairfield County
a member of Waveny LifeCare Network