

Waveny Lifecare Network's

NAVIGATOR

Alzheimer's and Dementia at Home for New Canaan

New!

Adult Day Program for New Canaan

All Communications are Highly Confidential

Taking a break and enjoying personal time during the day is a crucial step in managing the stress of caring for a loved one with Alzheimer's or other dementias.

The Adult Day Program (ADP) offers a safe and supportive environment for individuals with Alzheimer's or dementia while providing caregivers with much needed time for themselves to run errands, go to appointments, see friends or simply rest.

What can families and participants expect?

- Disease specific, cognitively stimulating activities and programs provided by professionally trained Waveny staff
- Socialization with peers
- Quiet space for independent activity and rest
- Light breakfast and multi-course lunch
- Transportation through local resources
- Monday thru Friday scheduling
  - 9:30am-3:30pm
  - full- and half-day options

What care needs and levels of support are provided?

- General supervision
- Light personal care including bathroom assistance
- Meal set-up, supervision and cueing
- Guided activities with Waveny's Therapeutic Recreation team

The ADP program is made possible by the generosity of The New Canaan Community Foundation, local philanthropists Jim and Dede Bartlett, and Waveny LifeCare Network.

NEW CANAAN COMMUNITY FOUNDATION

Waveny LIFECARE NETWORK

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