

Bereavement Support Groups

SUPPORT GROUPS FOR GRIEVING INDIVIDUALS

Offered by Visiting Nurse & Hospice of Fairfield County and
Waveny LifeCare Network

Loss of Spouse

Mondays, December 6 – January 10, 3:30-5pm in person with Marybeth Payne, M Div.

Tuesdays, January 4 – February 8, 1-2:30 pm in person with Laurie Petrasanta, MA

Wednesdays, January 19 – February 23, 3-4:30 pm via zoom with Stephanie Shaughnessy, MSW

Thursdays, January 27 – March 3, 7-8:30 pm via zoom with Maribeth Payne, M Div.

Tuesdays, February 1 – March 8, 7-8:30 pm via zoom with Sheila Russo, LCSW

Loss of Parent

Tuesdays, January 4 – February 8, 11:00am–12:30pm in person with Laurie Petrasanta, MA

Tuesdays, January 18 – February 22, 2:30–4pm via zoom with Stephanie Shaughnessy, MSW

Wednesday, January 19 – February 23, 7-8:30pm via zoom with Meghan Cioffi, MSW

Loss of a Loved One

Wednesdays, January 12 – February 16, 2:00 -3:00pm via zoom and in person with Rabbi Daniel Sklar

Loss and Change

Wednesdays, December 8 – January 12, 7:30-8:30 in person with Betsy Perry, RN

Wednesdays, January 26 – March 2, 7:15 – 8:45 pm with Betsy Perry, RN

Handling Grief During the Holidays – Cultural and Spiritual Implications

Tuesdays, December 7 – December 21, 7-8:30pm via zoom with Sheila Russo, LCSW

For more information about Bereavement Support or about Visiting Nurse & Hospice of Fairfield County, please visit us online at www.visitingnurse.net or follow us on Facebook.

These support groups are offered free of charge by Visiting Nurse & Hospice of Fairfield County and will be held in person and via Zoom. In person groups will be held at VNHFC, 22 Danbury Road, Wilton.

Please contact Stephanie Shaughnessy at 203-834-6341, extension 316 or sshaughnessy@visitingnurse.net to pre-register for the support groups. You will receive an email with the Zoom link when applicable.

