



LifeSpring

NETWORK

*Connecting, Training, Mentoring and Equipping Communities of Christians
to Realize their Full Potential in Christ and Live on Mission with God*

Introduction

“Churches must go beyond being ‘spiritual hospitals’ that treat the sick. They must also become ‘spiritual health clubs’ that make healthy disciples who lead others to Christ and mentor them to maturity as Jesus commanded in The Great Commission.” – Rev. Dr. Jason Pankau

About Us

Life Spring Network is a non-profit Christian discipleship and leadership development ministry. We help pastors and church leaders train, mentor and equip believers to grow in Christlikeness through building holistic, transformational, disciple-making communities.

Our array of services includes:

Speaking – to inspire action

Seminars and Classes – to equip for change

Consulting – to improve effectiveness

Resources – to leverage impact

Mentoring/Life-Coaching – to guide and grow

Rev. Dr. Jason Pankau, DMin. President



Jason brings a multi-faceted background of leadership and wisdom to people and organizations with whom he works. God currently uses him as a pastor, apostolic leader, life coach and consultant to executives, mentor to pastors and Christian leaders, sought-after speaker, creator of Christian training seminars, and best-selling author. Jason is a former two-sport All-American athlete, serving as captain of the Brown University football team and national qualifier in the discus.

In addition to being the senior pastor of two church plants in New England, he served on the staff of Stanwich Church in Greenwich, CT for six years. During this time, he developed the Omega Course and his mentoring ministry which Stanwich commissioned him to share with the church at large through the creation of the Life Spring Network in 2006. From 2009-2014, he worked with Trinity Church in Roselle, IL to transform their leadership and congregation into a holistic, transformational disciple-making community. In 2014, he was commissioned to lead the LUKE

The Omega Experience

The “Omega Experience” is a journey that churches take to create a new disciple-making normal. We call it the Omega Experience for two reasons:

1. The creation of the Omega Course, and the impact it had on people’s lives, launched LSN.
2. We believe God desires all disciples to mature into disciple-makers and, beginning with the end in mind, we use the Omega Course and our Omega Mentoring training at the end of our experience to grow leaders for God’s mission.

The Omega Experience is a customizable pathway, and our staff is prepared to mentor your church through each step of “The Path to Change”.

project which focused on revitalizing five congregations in the city of Chicago. In 2017, his family moved to the inner city of Chicago to plant Chicago Hope Church, a multi-cultural, disciple-making community on the Near West Side of Chicago. This is where they expanded their family and took in students and people from the community in need. In March, 2024, he accepted the call to serve as senior pastor of Living Hope Community Church in Old Greenwich, CT.

As a life-long learner, Jason has earned a B.A. in Business Economics and in Organizational Behavior and Management from Brown University and a Masters of Divinity from Southern Theological Seminary. He is a graduate of the Arrow Leadership program, completed his course work for his Doctorate in Christian Leadership at Gordon-Conwell Theological Seminary, studied Lutheran doctrine and the Reformation at Concordia Seminary, and received his doctorate in Christian Community Development from Northern Seminary in 2024. Jason and his wife have four biological children and many other spiritual children through the Hope House for Christian Nurture.

Why Change?

Spiritually Open Series - Barna 2022

In a survey of US adults only 20% of Christians have resilient faith.

1. Nomads (Lapsed Christians) - 63%
Haven’t been involved with a faith community for six months or more
2. Habitual Churchgoers - 17%
Have attended church at least once in the past month, yet do not have foundational core beliefs or behaviors associated with being a resilient disciple
3. Resilient Disciples - 20%
Attend church regularly, trust in the Bible, are personally committed to Jesus, and with a desire to influence broader society

Faith For Exiles - 4 Kinds of Exiles

In a survey of US adults age 18-29, only 10% of Christian twentysomethings have resilient faith.

1. Prodigals (ex-Christians) - 22%
Do not identify themselves as Christian despite having attended a Protestant or Catholic church as a child or teen; or having considered themselves to be Christian at some time.
2. Nomads (Lapsed Christians) - 30%
3. Habitual Churchgoers - 38%
4. Resilient Disciples - 9%

Based on research, we know that the majority of Christians believe one or more of the following myths, which lead them away from living on mission with God.

Myth 1: Prayer-Less Relational Faith - I have a relationship with God but only seem to really pray when I am in trouble or need something. I build relationships with people in my life, but I don’t intercede for them through prayer.

Myth 2: Church-Only Faith - Spiritual conversations are appropriate only in the church. Jesus has called us to share the Gospel, but we avoid Spiritual conversations outside of the church environment because they make us and others uncomfortable.

Myth 3: Minimalist Consumer Faith - When I attend worship services, Bible Studies or read Biblical quotes, I am looking for some good advice which I can use to get what I want out of life.

Myth 4: Religious Faith - I believe that faithful Christians go to worship services once in a while and do the best they can to be good people. Jesus is our Savior but doesn’t really require us to relate to Him as the Lord of our lives.

Myth 5: Independent Faith - My relationship with God is a private matter, including my sins, so I will stay out of your business, and I expect you to stay out of mine.

Myth 6: Self-centered Faith - “God helps those who help themselves” (according to Barna Research, the most quoted “Bible” verse in America among adult and teen believers); therefore, we can self-help our way to Christlikeness.

Myth 7: Mercenary Faith - It is the job of professional clergy to do the work of ministry and the “priesthood of all believers” is not practical or a good thing to encourage at our church.

Myth 8: Leadership = Respect, Representation and Control - I have been asked to lead because people respect me, trust me to represent them and want me to be in control.

Myth 9: Leaders Have Arrived - As a leader, I am able to help others grow even though I am not being mentored, held accountable or intentionally disciplined by anyone.

Conclusion

The Church as a disciple-making community is broken and in desperate need of renewal. Through the Omega Experience people will be connected, trained, mentored and equipped to address all of these myths and live more on mission with God. This journey is intended to revolutionize a church and take it from good to great by developing it into a Spirit-led, disciple-making community.

Spiritual Life Changes

A Holistic and Systemic Approach

We have developed a comprehensive blueprint for you and your community to dive into the deepest levels of discipleship the way it was meant to be experienced together. Our goal is to help churches develop into fully-functioning, disciple-making communities.

Truly Equipping People for Missional Living

The Omega Experience is designed to equip people to understand God's mission for their lives and live on mission with Him.

We define God's mission for our lives as:

Connecting people in real loving relationship with God through Jesus **Christ** in the power of the Holy Spirit, with one another in contagious Christian **Community** and with their **Calling** of servanthood in the world.

Beyond Inspiration and Education to Transformation

Even in seemingly vibrant churches today, many members are trapped in shallow faith experiences and do not experience true transformational growth toward Christlikeness. The Omega Experience guides and encourages your church to develop into a holistic, transformational disciple-making community. Growing disciples according to a strategic Life Process aids our corporate disciple-making and helps us to establish a new normal.

Faith Functions and Spiritual Life Changes

God's Spirit guides and empowers us to live by faith in Him. As people come alive in Christ, it is important to help them understand what life lived by faith looks like and how best to discipline their lives to encourage their growth. The key elements which reinforce the Spiritual life changes that God is trying to bring about in all of our lives are:

- Calling people to holistic discipleship
- Providing the core experiences to facilitate movement
- Engaging in a multi-layered covenant community which reinforces this new life in the Spirit

Faith Functions™



Life Process™



Relational Life Changes

Creating a Connection Culture

It's time to start connecting again!

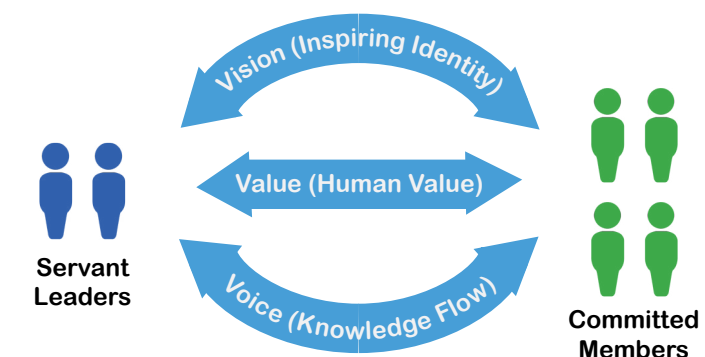
The church, when it is functioning by faith, is the healthiest relational community on Earth and God's instrument to train the world in loving relationships.

The church in America has lost its vision for Biblical relationship excellence. Over 72% of church-going Christians describe themselves as relationally disconnected from their community of faith and 90% as disconnected from a vibrant living relationship with God.

Because we have abandoned true Biblical discipleship, we are reflecting the relational dysfunction of our secular culture rather than the life-giving relational community that Jesus envisioned.

A Great Way to Start the Omega Experience

Creating a Connection Culture presents world-class research from a variety of disciplines which validates God's wisdom for our lives. It is a great way to begin the Omega Experience with your faith community and highlight the importance of building a holistic, transformational disciple-making community together.



Body Life Basics

The Masterplan

Body Life Basics is a seminar that is designed to help Christians understand God's Biblical masterplan to create holistic, transformational disciple-making communities. It helps Christians think Biblically, holistically and practically about the church's mission, faith functions, life process, goals, coordinated servanthood and tactics.

Trellis and the Vine

The Body Life Basics Seminar creates the Biblical structure (trellis) that can aid the church (vine) in growing organically on mission with God. It also provides the structure for continually discerning God's guidance for your congregation and adjusting your masterplan season after season, setting up the Omega Experience Journey.

Creating Covenant Members

This seminar was created to help build an informed, multi-layered covenant community and begin the disciple-making journey together. This is done best when used as part of your church's membership process.

Customize for YOUR church

Life Spring Network will work with your church leaders to customize the Body Life Basics workbook and seminar to fit your church's branding and language.



God's Mission for our Lives



Creating Your Ministry Map

We believe that there are many Biblical resources that God uses to help people grow in Spiritual maturity and make the Spiritual and relational life changes that God desires. In the above resource/experience map, you will see a combination of LSN resources and resources from other ministries being used together to help people move through the stages of spiritual development. Each church should have a unique map that they use and are able to clearly communicate in order to help people understand the purpose and function of each experience/seminar/course. The key to this journey are the Spiritual and Relational Life Changes that God enables us to engage in along the way.

Implementing your Ministry Map

At LSN, we help you develop, revise and implement a ministry map that is as simple or multifaceted as the Lord guides and empowers your congregation to pursue. In addition to resources created by LSN, we will recommend other proven Biblical resources to help you complete your ministry map.

Live Trainer Training

While we recommend using our videos to start, Life Spring Network is prepared to equip you to teach all our courses live. We will provide you with training, PowerPoint slides, outlines and best practices that you will need to teach the courses.

The Path to Change - Leaders Go First

Step 1 Awareness and Conviction

Bring **awareness** to churches that we are not obeying The Great Commission (to go and make disciples) and the **conviction** that we must repent.



Intro to the Omega Experience Seminar

In this two and a half hour seminar, participants will receive a brief history and overview of the Omega Experience in a way that clarifies its purpose for church-wide transformation. It is designed to help people understand the changes that we must make as the church of Jesus Christ if we are going to fulfill The Great Commission.



Beyond Self-Help

Beyond Self-Help is used by churches and individuals alike in small group studies to initiate the church transformation process.



Meet them where they are

The church in America is addicted to programs and topical learning. We are desperately in need of Biblical relationship training. Use these seminars (*Creating a Connection Culture* and *Unity in Marriage*) to minister to people in their place of need (i.e. lack of Biblical community, relational disconnection and marriage) while casting a vision for a holistic, transformational disciple-making journey.



LSN Speaking and Live Seminars

Starting your Omega Experience with a live sermon or seminar experience from a LSN staff member is a great way to begin and inspire your congregation.

Step 2 Assess and Plan

Assess where you are as a church and put together a customized **plan** for transforming your congregation.



Leading the Omega Experience Conference

This one-day experiential conference builds on the Intro to the Omega Experience Seminar and equips your leadership team to understand how to facilitate the Omega Experience in your own context and put together a customized implementation plan.

Session Overview:

- Spiritual Relationships
Essentials to Reconnection
- Discussion Group Time
Creating a Connection Culture Personal and Corporate Assessment
- Spiritual Functionality
Building Holistic, Transformational Disciple-Making Communities with a Simple Church Focus
- Discussion Group Time
"Where Your Church is Now" - Faith Functions Assessment
- Covenant Life Group Fundamentals
- Covenant Life Group Discussion
Seven Deadly Sins
- The Role of Mentoring and Personal Growth Plans
- Discussion Group Time
Barriers to Change
- Wisdom for the Process
- Group Processing Time
"Next Steps" - Building Your Own Strategy for Implementation

LSN Consulting

Working with your key staff, we can help you create your masterplan for growth, create and maintain a connection culture, and coach you through the change process.

Step 3 Implement your Plan and Leaders Go First

Implement your plan using the various church-wide campaigns, seminars, courses, life groups, ministry teams and mentoring relationships until it becomes part of the new normal of your congregational life together. Take your **leaders through this journey first**, establish a new normal and then expand it to others.

Church-Wide Campaigns

In order to set the tone for the various changes in your congregational life together, like launching Life Groups, we have created church-wide campaigns that integrate your Sunday worship experiences with Life Group studies and personal devotions.



Body Life Basics

Use the generic version of Body Life Basics to help people understand God's mission for your corporate life together and/or begin a new covenant membership process.



C.O.R.E. Small Group L.E.A.D.E.R. Training

Use this seminar to train your covenant Life Group leaders who will shepherd disciples through the Delta Course and into a new disciple-making normal. The focus here is on peer mentoring.



Delta Course and Renew, Refresh, Refocus Retreat

Help people understand God's mission for their lives, engage in covenant relationships and build a Personal Growth Plan through the Delta Course.

Continue to renew that plan season after season using the Renew, Refresh, Refocus Retreat.



LSN Consulting

Working with your key staff, we can create a custom-made version of Body Life Basics with your branding and language.

Step 4 Renew your Plan and Grow Deeper

Continually **renew** your disciple-making plan year after year and **grow deeper** in different aspects of servant leadership and reproducing servant leaders by participating in our annual Disciple-Making Summit.



Disciple-Making Summit

This annual event is designed to help you and your leadership team renew your strategic plan, grow deeper through world-class training and continue to explore the various aspects of building holistic, transformational disciple-making communities.



Empowered Servanthood

Train people to connect with their calling of servanthood, discover their divine P.U.R.P.O.S.E. and begin serving on ministry teams.



Making Cent\$

Use this seminar to help people become good stewards of God's resources. Examine what the Scriptures say about money and money management.



Omega Course

Use the Omega Course to take your members deeper into discipleship and train them to be leaders of others.



Mentor Training

Equip your leaders to mentor others through the Omega Course with this world-class mentor training seminar. The focus here is training Intensive Mentors.

Mentoring and Life Coaching

Receive mentoring from a LSN staff member who is trained to facilitate wise application of the Omega Experience.

The 360 Membership

Join us as you begin or continue your journey to transform your church into a holistic disciple-making community (a truly missional church).

Why Invest in this Membership?

If you would like to go beyond just trying out some of our products and services to effecting an intentional holistic (360 degree) transformation of your church, you will benefit most from the 360 Membership. This membership allows you to connect with LSN staff and other leaders in our network on an intentional journey. Our experience has shown us that this membership will provide the optimal environment for helping you to change the culture of your congregation.

Contact us at (203) 253-0904 or email for more information or to sign up!

360 Membership Price - \$360/yr

What is included in the 360 Membership?

EXPERTISE

Life Spring Network has been working with churches for over a decade, helping them become holistic, transformational disciple-making communities. We know many of the roadblocks that prevent true disciple-making in a church and have proven steps to overcome them. We have learned through trial and error what pastors need to grow.

PEER MENTORING – LEADERSHIP GROUPS

As a leader, you need a community of like-minded peer mentors who are leading change in their churches. This will help you discover how God is moving through other congregations and allow you to share how God is moving through your congregation. You will participate in a regular online group with other leaders. Weekly Covenant Life Group (usually 1 hour long) with other leaders.

INTENSIVE MENTORING FOR PERSONAL SPIRITUAL DEVELOPMENT

As God is affecting change through you, you need a place where you can be real, have your soul renewed and be held accountable in your development as a disciple. We will engage you in a quarterly mentoring session with an LSN staff member.

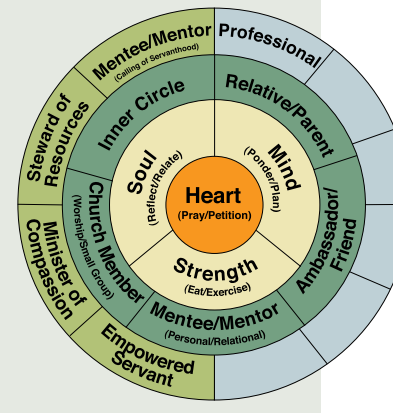
MASTERPLANNING ACCOUNTABILITY FOR CORPORATE SPIRITUAL DEVELOPMENT

As part of the transformational change, you will be providing accountability to your leaders and members. But who is holding you accountable? LSN staff will help you build your plan and coach you along the way. We build into your plan Accountability Checkpoints – specific times in your implementation where we intentionally review where you are, what has changed and where LSN staff or Network churches can assist in your corporate growth. This is usually a quarterly connection time.

Delta and Omega

Identity Roles Diagram™

The first four sessions of Delta and twelve sessions of Omega will explore Life Spring Network's Identity Roles Diagram. Through examining roles in three different categories of our identity in Christ, we gain a holistic perspective on what our new life in Christ was designed to be.



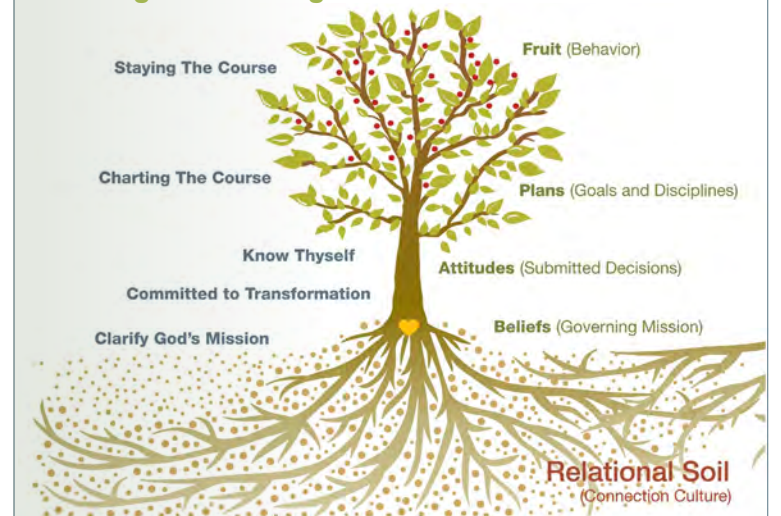
The Delta to Omega Journey

The Delta Course was created to be a holistic experience which leads people into the changes that are necessary to begin growing as true disciples. Key concepts include: Entering into the Light™, Identity Roles Diagram™ and the Life Focus Process™. Delta is designed to lay a disciple-making foundation, build a Personal Growth Plan and prepare growing disciples to take full advantage of the Omega Course journey.

Renew Refresh Refocus Retreat

Participants who complete the Delta Course create Personal Growth Plans for their lives. The Renew, Refresh, Refocus Retreat aids Delta graduates as they review and update their Personal Growth Plans season by season.

Entering Into The Light™



Growing leaders through Omega

The Omega Course takes the truths and tools taught in the Delta Course and more fully expands and explains how to apply them to life. It is designed to equip leaders to grow deeper and lead others.

A lifetime of focused discipleship becomes possible as participants enter into a lifestyle of mentoring that will help to keep them on track and growing.

Omega Course and Omega Mentor Training

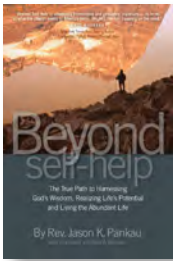
In combination with the Intensive Mentoring taught in the Omega Mentor Training Seminar, the Omega Course is being used by God to raise up maturing, holistic, transformational disciple-makers.

The Life Focus Process™

The Life Focus Process guides your journey through Delta and Omega and provides a framework for lifelong discipleship. The process will help you see a big-picture view of the life of discipleship, construct deeper relationships, identify specific growth steps, remove obstacles to growth, and construct a personalized development plan built to be revised during every season of life.



Resources



Beyond Self-Help (Paperback) - \$20

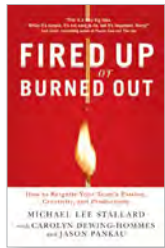
Churches in the West have been unwittingly training people to self-help their way toward Christlikeness. This has resulted in tragic consequences, as a whole generation of churchgoers (not true disciples) have been raised up and are not properly trained to carry out The Great Commission. Within the pages of *Beyond Self-Help: The True Path to Harnessing God's Wisdom, Realizing Life's Potential and Living the Abundant Life*, a Xulon Press title, Rev. Dr. Jason K. Pankau teaches readers how to become Christlike through holistic, transformational discipleship. This engaging book will give Christians the perspective, wisdom and motivation to understand what is necessary to mature as disciples.



Creating a Connection Culture

In this practical and inspiring six-session seminar, you will learn the three core elements and two enabling elements that can empower you to transform even a lethargic, disconnected church, ministry or business into an impassioned, innovative and thriving environment by unlocking the potential of your corporate Heart, Soul, Mind and Strength. This seminar is based on the best-selling book *Fired Up or Burned Out* (Thomas Nelson).

Video DVDs – \$25, Workbook - \$20

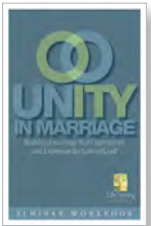


Connection Culture Book (Hardcover) – \$20

Co-authored by Rev. Dr. Jason Pankau, this book reveals how to recreate a connecting culture within your organization.

Fired Up or Burned Out Book (Paperback) – \$15

Co-authored by Rev. Dr. Jason Pankau, this book reveals how to reignite your team's passion, creativity and productivity.



U.N.I.T.Y. in Marriage

This seminar is designed to help you build a marriage that experiences and expresses the love of God. It examines what the Scriptures say about marriage and uses the U.N.I.T.Y. in Marriage paradigm to help couples build a Godly foundation for their marriage. This material is perfect for weekend retreats or a multiple-session class format.

Video DVD – \$35, Workbook - \$20



Intro to the Omega Experience Seminar DVD – \$15

In this two and a half hour seminar, participants will receive a brief history and overview of the Omega Experience in a way that clarifies its purpose for church-wide transformation. It is designed to help people understand the changes that we must make as the church of Jesus Christ if we are going to fulfill The Great Commission. We use this brochure as the workbook for this seminar.

Prices do not include shipping and handling.

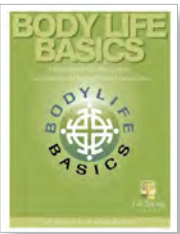
Resources



Leading the Omega Experience Conference

This one-day live conference builds on the Leading the Omega Experience Seminar by equipping you and your leadership team to understand how to facilitate the Omega Experience in your own context and put together a customized implementation plan.

Video DVDs – \$35, Workbook - \$20



Body Life Basics

This seminar is used to train leaders to create a masterplan for becoming a disciple-making church. It helps leaders think Biblically, holistically and practically about the church's mission, functions, strategy, goals, coordinated servanthood and tactics.

Video DVD – \$25, Workbook - \$20



C.O.R.E. Small Group L.E.A.D.E.R.'s Guide

Take your group to a deeper level of disciple-making with the Delta or the Delta and Omega C.O.R.E. Small Group L.E.A.D.E.R.'s Guide. Built on the four objectives found in every session of Omega, the Small Group Leader's Guide provides evaluation questions for you to gauge how your members are processing the material.

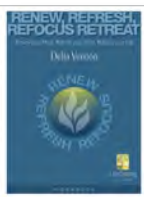
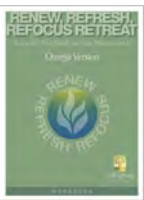
Video DVD – \$20, Delta Version Workbook – \$15, Delta and Omega Version Workbook- \$20



Delta Course

The Delta Course Workbook is a great way to follow along and take notes with each of the eight Delta Course sessions. You'll also find all of the graphics and descriptive charts that we use in the PowerPoint presentations. Included in this workbook are discussion and reflection questions, daily devotional guides, an appendix and your Personal Growth Plan worksheets.

Video DVDs – \$45, Workbooks - \$25



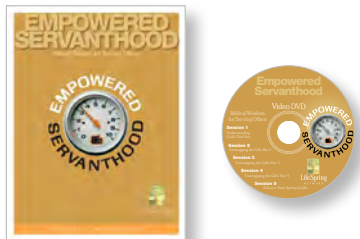
Renew, Refresh and Refocus Retreat Workbook

This workbook provides you with the assessment and planning worksheets you will need to rethink your Personal Growth Plan for the next season of your life. It includes Personal Growth Plan renewal sheets for both the Delta (simpler) and Omega (more comprehensive) Courses.

**Printed Workbooks - \$15
Delta Form Fill PDF (download from our website) - \$10**

Prices do not include shipping and handling.

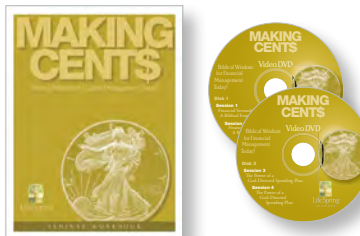
Resources



Empowered Servanthood Seminar

More than just another Spiritual Gifts course, this seminar is designed to help people better understand their unique call to servanthood, including understanding and identifying spiritual gifts and pursuing next step ministry opportunities. It further develops and expands the P.U.R.P.O.S.E. (Passions, Upbringing, Resources, Personality, Original Abilities, Spiritual Gifts and Experience with Love) paradigm introduced in the Delta and Omega Courses and personalizes the application.

Video DVDs – \$25, Workbook – \$20



Making Cent\$ Seminar

This four-session seminar is designed to help people achieve financial freedom from God's perspective. This seminar examines what the Scriptures say about money and money management in the areas of: earning, saving, giving, borrowing, consuming, budgeting and investing. Time is allotted to develop a personal financial plan for stewarding the resources entrusted to them.

Video DVDs – \$25, Workbook – \$20



The Six-part Omega Course Workbooks

These workbooks will help you to introduce the Omega Course to your community four sessions at a time. You can follow along and take notes, find all of the graphics and descriptive charts that we use in the PowerPoint presentations and reference an extensive appendix filled with additional Scripture references and in-depth descriptions of various content found throughout Omega.

Part 1 - Abundant Living - Sessions 1-4

Video DVDs – \$25, Workbook – \$17

Part 2 - Biblical Humanity - Sessions 5-8

Video DVDs – \$25, Workbook – \$17

Part 3 - Calling of Servanthood - Sessions 9-12

Video DVDs – \$25, Workbook – \$17

Part 4 - Commit to Transformation - Sessions 13-16

Video DVDs – \$25, Workbook – \$17

Part 5 - Know Thyself- Sessions 17-20

Video DVDs – \$25, Workbook – \$17

Part 6 - Running the Course - Sessions 21-24

Video DVDs – \$25, Workbook – \$17

Prices do not include shipping and handling.

Resources



Omega Course Workbook – \$35

The Omega Workbook is a great way to follow along and take notes with the Omega sessions. You'll also find all of the graphics and descriptive charts that we use in the PowerPoint presentations. Included in this workbook is an extensive appendix filled with additional Scripture references and in-depth descriptions of various content found throughout Omega. Lastly, each session includes a set of reflective questions to help you process the information individually and with your group or mentor.



Omega Personal Development Guide – \$25

This Guide complements your Course Workbook, takes you deeper into the Scriptures covered in the session and contains your homework. Each session branches out into three daily devotionals using the Scriptures found within each session of the Omega Course. This helps you absorb the content as you spend time reflecting on and applying each Scripture. The homework is designed to guide you towards creating your Personal Development Plan.



Omega Site Coordinator and Live Trainer Training (DVD and Handbook)

Wisdom for organizing the Omega Experience and training it live! This two-hour seminar will equip you with everything you need to know to facilitate the Omega Experience in your own context as a site coordinator or live trainer.

Video DVD – \$15, Workbook - \$15



Omega Mentoring and Life Coaching (DVDs and Workbook)

This manual provides you with concepts, questions and strategies that will make your mentoring and life coaching truly transformational. Included are practical principles and coaching points for all of the major aspects of each session of the Omega Course. This guide is the distillation of our best mentoring paradigms, tools and training to aid you as a mentor and life coach of others.

Video DVDs – \$35, Workbook – \$25

Prices do not include shipping and handling.

We are Digital

Almost all of our resources can be found on the Digital Downloads page of our website for FREE. Additionally, we offer fillable PDFs for all of our workbooks, which accompany our seminars and courses in our free Video Training Center.

Our Commitment to Affordable Pricing

Life Spring Network is devoted to helping pastors and church leaders. Our Kingdom-minded supporters have contributed to help us offer our seminars and courses at affordable prices. All of our prices are subject to inflationary changes in material costs, but we will do our best to keep our prices as low as possible. Prices do not include shipping & handling.

Beyond self-help

Twelve years in the making, *Beyond Self-Help: The True Path to Harnessing God's Wisdom, Realizing Life's Potential and Living the Abundant Life* was created to guide people deeper into understanding what real discipleship looks like and motivate them to truly submit their lives to Jesus as Lord. Here's what Christian leaders are saying about it:

"*Beyond Self-Help* is absolutely tremendous and genuinely important. Dietrich Bonhoeffer's life is a reflection of what Jason Pankau talks about in this book based on the Omega Course. Communicating the things of God—becoming Christlike—is done person-to-person in Christian community. In terms of what the church needs in America today, this hits the nail squarely on the head."

ERIC METAXAS

New York Times Best-Selling Author of *Bonhoeffer: Pastor, Martyr, Prophet, Spy*

"YES! Jason nails it—Stop the Drift and gain the true abundant life. We need more honest intensity like *Beyond Self-Help*. Enjoy!"

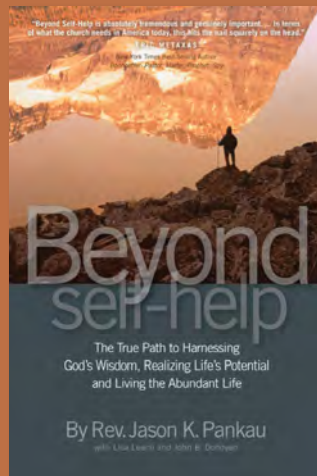
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