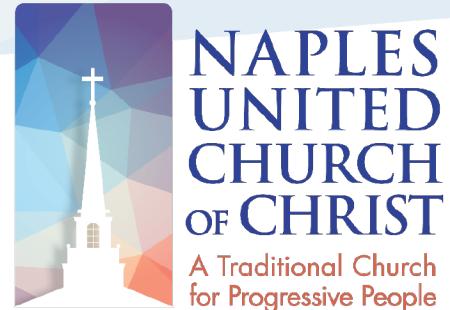
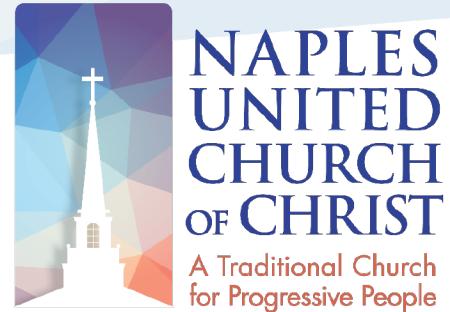


Naples UCC
WISE for Mental Health
Resource Handbook
Updated: February 2025



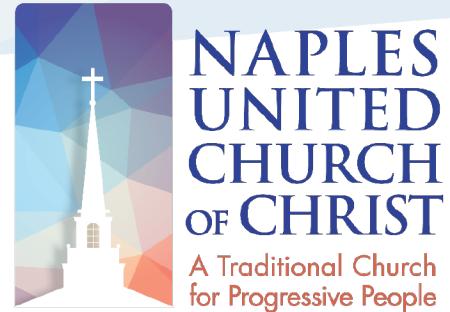
Hotlines

- **Collier 211 or 263-4211**
 - Collier 211 is an Information and Referral Service available to all residents and visitors in Collier County. It connects people in need to community resources, provides reliable, up-to-date information on service providers in Collier County, and helps to identify services where none exist
- **Crisis Text Line Text “MHFA” to 741741**
 - Available 24/7, 365 days a year, this organization helps people with mental health challenges by connecting callers with trained crisis volunteers who will provide confidential advice, support, and referrals if needed.
- **David Lawrence Center Crisis Line:** Call 24/7 239-455-8500
- **LGBTQ National Hotline: 888-843-4564**
 - Callers of any age can speak about sexual orientation or gender identity/expression issues
- **Lifeline Crisis Chat www.crisischat.org**
 - Visit www.crisischat.org to chat online with crisis centers around the United States.
- **NAMI Warm Line:** 800-945-1355
 - All ages peer support line.
- **National Suicide Prevention Lifeline: Dial 988**
 - Helps with many issues, not just suicide. Crisis line is for anyone who feels sad, hopeless, or suicidal; family and friends who are concerned about a loved one; or anyone interested in mental health treatment referrals. Callers are connected with a professional nearby who will talk with them about what they are feeling or concerns for other family and friends. Call 24 hrs/day, 7 days/week.
- **Substance Abuse and Mental Health Services Administration’s Disaster Distress Helpline**
 - Call 1-800-985-5990 or text TalkWithUs to 66746 to connect with a trained crisis counselor. SAMHSA’s Disaster Distress Helpline provides 24/7, 365-day-a-year crisis counseling and support to people experiencing emotional distress related to natural or human-caused disasters.
- **Teen Peer Support Hotline: 800-852-8336 or text TEEN to 839863**
 - More information at Teenline.org
- **The Trevor Project Call 866-488-7386 or Text “START” to 678678**
 - Trained counselors available 24/7 to support youth who are in crisis, feeling suicidal, or in need of a safe and judgment free place to talk. Specializing in supporting the LGBTQI+ community.
- **Unity Prayer Ministry**
 - 1-800-669-7729 (1-800-NOW-PRAY)
- **Veterans Crisis Line: 988, then press 1 or text 838255**
 - For Veterans, service members, National Guard and Reserve members, and their loved ones
- **Women’s Shelter of Naples Domestic Violence Crisis Line:** Call or text 239-775-1101

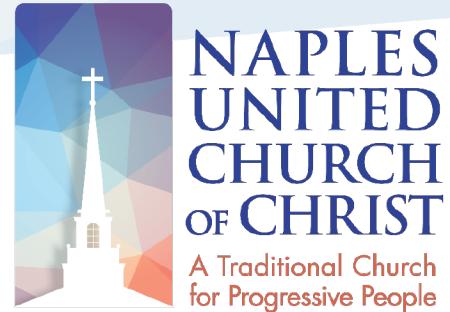


Local Programs and Support Services

- **24 Hour Club of Naples:** 24hourclubofnaples.com or 239-262-6535
 - A facility where alcoholics and their families can achieve and maintain recovery through the meetings and fellowship of Alcoholics Anonymous, Al-Anon Family Groups and Alateen.
- **Bay Pines Veterans Healthcare System Naples**
 - Main Phone: (239) 659-9188 Mental Health Care: (239) 659-9188
They only treat adult veterans, and they do take walk-ins.
- **Collier Cares:** Colliercares.org
 - Collier CARES (Community Application for Resources and Emergency Services) is a mobile application and web-app for the purpose of connecting people in need with critical resources and services available in Collier County, Florida.
- **Collier Coalition for Healthy Minds:** CollierHealthyMinds.com
 - Collier Coalition for Healthy Minds includes healthcare, social service, legal and justice system professionals and advocates charged with mobilizing Collier County's first-ever, five-year mental health and addiction services strategic plan. Healthy Minds is a community response to address the growing mental health and addiction crisis compounded by the coronavirus pandemic, opioid epidemic and suicide crisis.
- **David Lawrence Center in Naples:** 239-455-8500 or DavidLawrenceCenters.org
 - They offer inpatient and outpatient services and treatment, therapy and counseling, holistic therapies, support groups and programs, affordable housing programs, case management, and court services.
- **Healthcare Network in Naples:** 239-658-3000 or HealthcareSWFL.org
 - They have multiple campuses around Naples and they offer treatment for mental health concerns, they promote healthy lifestyles and behavior change, and they offer support during life cycle transitions. They treat all ages, and all providers have PhD's.
- **Collier Resource Center:** 239-434-2030 or CollierResourceCenter.org
 - They help families obtain emergency assistance and ongoing support by helping them navigate through the maze of health and human service organizations in Collier County. Case managers determine the need and connect clients with other agencies which provide various types of help, whether it's one-time emergency rent assistance, information about support groups, or referral to programs that provide training. All their services are free and confidential.



- **The Mental Health Association of Southwest Florida:** 239-261-5405 or MHASWFL.org
 - Peer-led support groups. Meetings are confidential, informal, non-judgmental, and are geared to stimulate discussion and sharing of concerns. Joining a support group is a valuable addition to, but not in place of, professional treatment. Support groups can help you feel less alone by making connections with others and get you motivated to stick to your treatment plan. Visit their website to see their current, ongoing support groups.
- **National Alliance on Mental Illness (NAMI) of Collier County:** NAMICollier.org or 239-260-7300
 - At NAMI Collier County, they people navigate their mental health journey through an array of programs for members of all ages and families. They meet individual needs from housing, food, and mental health support with impact. They also provide the Sarah Ann Drop-In Center. This center provides support groups and social and recreational activities for people over the age of 18 with a mental illness diagnosis.
- **Naples Area Intergroup AA:** (239) 262-6535
 - People share their experience, strength and hope and help others to recover from alcoholism.
- **Narcotics Anonymous:** 239-591-2804
 - Serves recovering addicts in Naples
- **Order of St. Luke at St. John's Episcopal Church:** <https://stjohnsnaples.com/serve/orderofstluke/>
 - Member of the International Order of Healing. Find more information here: osltoday.org/. They are a healing ministry offering monthly healing Eucharist and healing prayer by appointment.
- **Shelter for Abused Women and Children:** 239-775-3862 or NaplesShelter.org
 - They offer two 60-bed emergency shelters in Naples and Immokalee, nine transitional living cottages, outreach services, school-based prevention programs and training/education classes for businesses and agencies throughout Collier County, FL. All services are provided free of charge.
- **The Willough at Naples:** (239) 356-6792
 - Alcohol and drug residential recovery center. They take insurance or private pay.



National Resources

- **Erika's Lighthouse:** ErikasLighthouse.org
 - They offer free programs and resources for individuals, families, schools, and clubs to raise awareness about youth depression, and prevent suicide.
- **Mental Health First Aid USA:** MentalHealthFirstAid.org
 - Resources related to the most common mental disorders.
- **The National Council for Behavioral Health:** thenationalcouncil.org or 202-684-7457
 - Organizations committed to providing mental health services regardless of one's ability to pay.
- **PsychologyToday.com**
 - Resource for finding therapists, psychiatrists, treatment center and support groups in your area.
- **Substance Abuse and Mental Health Services Administration** <https://www.samhsa.gov/find-help>.
 - SAMHSA provides information on mental health services and treatment centers through an online service locator. You can search by your location, whether or not they provide services for youth, payment options (private insurance, cash, or something else), languages spoken, etc.

Books

- Blessed Union: Breaking the Silence about Mental Illness and Marriage, by Sarah Lund
- Blessed are the Crazy, by Sarah Lund
- Blessed Youth by Sarah Lund
- Hiding in the Pews, by Steve Austin

WISE for Mental Health Ministry at Naples UCC

The WISE Ministry meets on the first Thursday of every month at 10 am. All are welcome to join us. You can also join us for worship on Sunday mornings. For details about worship times, visit our website at NaplesUCC.org. If you have any questions about our WISE for Mental Health Ministry, please contact the church office at 239-261-5469.