



Are you interested in learning how the study of human movement can help you obtain optimal health, physical skill, and total fitness?

Enroll in our online Kinesiology/Sports Medicine course!

It will open the door to explore career choices applying kinesiology to exercise, therapy, and rehabilitation. This course will give the student an excellent foundation in the study of Kinesiology in pursuing a major in Kinesiology, Physiology, Physical/Occupational Therapy or Sports Training in college. For high school students, this course fulfills the "g" college prep elective credit in the A-G requirements for UC/CSU.

Classes are **FREE** for JPA high school students!

Explore this essential career while earning 10 high school credits in 1 semester!

February 8th- June 2nd
Monday-Wednesday at 3:45pm-6:45pm!

Open to high school students and adults!

Contact your Career Guidance Specialist at 310-224-4240 or Rpcontreras@scroc.k12.ca.us to enroll today!

