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## GBM News

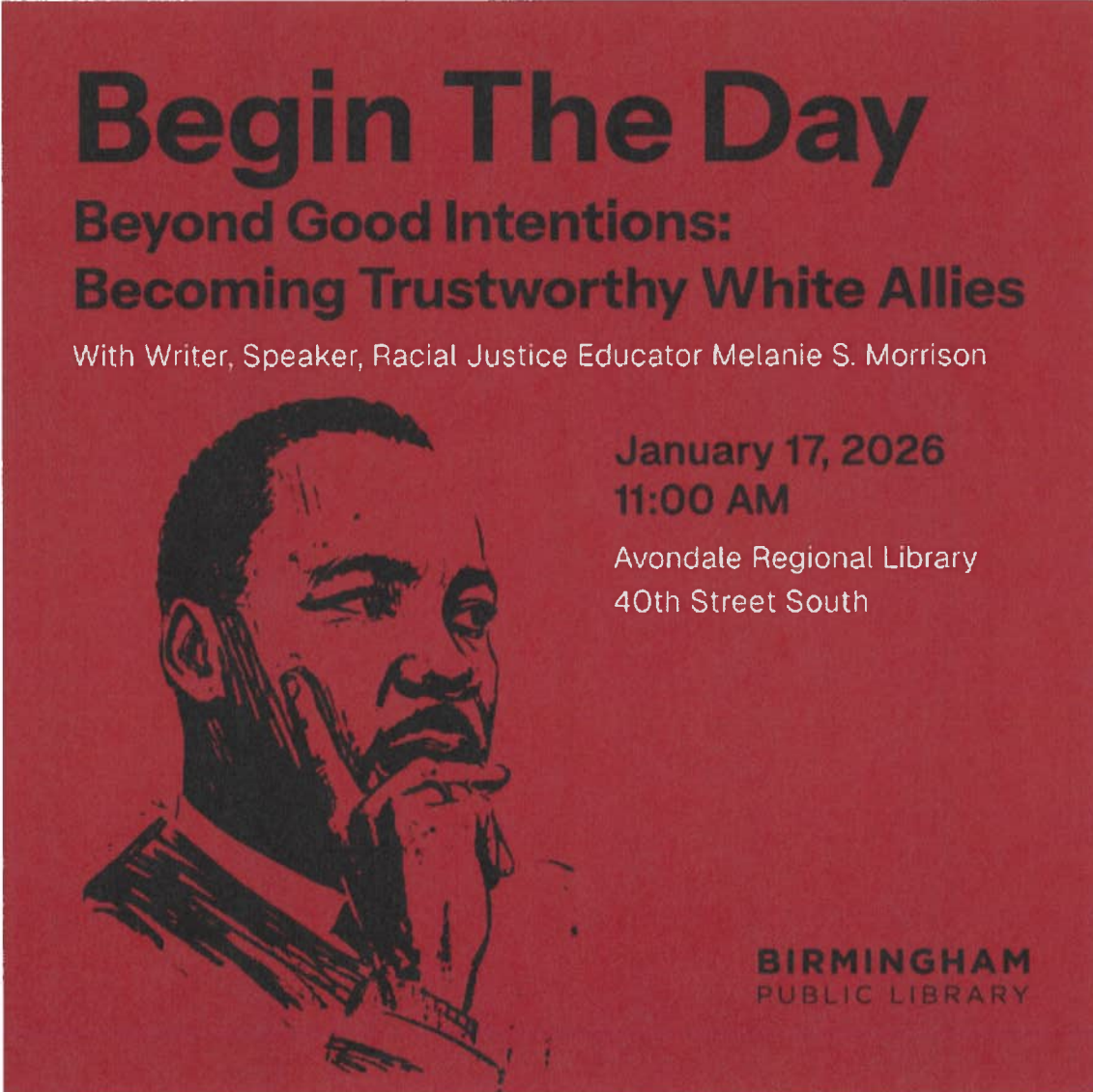


### The Sacred Work of Mentorship

For the past three years, Rev. Carolyn Foster, GBM's Faith in Community Coordinator, has mentored future faith leaders studying at Yale Divinity School. They are students of Bishop William J. Barber at the Center for Public Theology and Public Policy. GBM's work which connects faith and justice is viewed as a premier site for interns to learn to integrate their faith and moral-leaning with advocacy for and with those impacted by systemic injustices. Rev. Foster was invited to write an article about her

work in the most recent edition of the Episcopalian. Read it on page 26-27 by clicking on the button below.

[READ ARTICLE HERE](#)



**Begin The Day**  
**Beyond Good Intentions:  
Becoming Trustworthy White Allies**  
With Writer, Speaker, Racial Justice Educator Melanie S. Morrison

January 17, 2026  
11:00 AM  
Avondale Regional Library  
40th Street South

**BIRMINGHAM  
PUBLIC LIBRARY**

**BEGIN THE DAY: Beyond Good Intentions  
Becoming Trustworthy White Allies**

The 23rd Annual Martin Luther King, Jr. Memorial

Lecture  
Sponsored by the Birmingham Public Library

Saturday, January 17th, 11 am  
Avondale Regional Library  
40th Street South

**GBM's MLK, Jr. Day Service Project  
Senior Needs Supply Drive**

GBM will host a two week **Senior Needs Supply Drive** focused on collecting items that help older adults live comfortably, safely, and with dignity. Our goal is to provide practical support that enables seniors to remain fully engaged, independent members of their communities — while affirming that they are seen, valued, and cherished.

We are called to remember the foundation they have laid for us. We do this work in gratitude for the elders whose shoulders we stand on — the wisdom-keepers, trailblazers, and quiet heroes who made our progress possible.

**We invite you to participate in GBM's MLK Jr. Service Project "Senior Needs Supply Drive."**

**January 19, 2026 - January 30, 2026**

**Monday - Friday (9:30am - 1:30pm)**

**Please collect and drop off any of the items listed below at GBM.**

- **Sanitary/Incontinence Products** - absorbent briefs/underpants, adult diapers, bladder leak pads, disposable bed pads (chucks), flushable wipes, vinyl/latex gloves,
- **Healthcare Products** - alcohol wipes, medicine holder, muscle cream, cotton balls, q-tips, vaseline, skin rash ointment, denture cream, etc.,
- **Nutrition** - meal replacement drinks/shakes, protein rich drinks and snacks, fruit/grain bars, apple sauce, jello, etc.,
- **Miscellaneous** - cleaning/laundry supplies, thick/electric blankets, socks, canes, walkers, shower chairs, raised toilet seats, etc.,

For more information, please email [info@gbm.org](mailto:info@gbm.org) or call 205-326-6821

MLK SERVICE PROJECT DEDICATED TO  
RECOGNIZING AND HONORING THE LEGACY  
OF OUR ELDERS

# SENIOR NEEDS SUPPLY DRIVE



## **DROP OFF DATES: JANUARY 19–30, 2026**

- Get with family and friends to collect items
- Drop off items at GBM
- Items will be distributed and shared with local seniors and senior focused organizations and facilities

## **LEGACY MATTERS!**

We honor the foundation our elders laid for us. We do this work in gratitude for the elders whose shoulders we stand on – the wisdom-keepers, trailblazers, and quiet heroes who made our progress possible.

## **POSSIBLE ITEMS:**

- Hygiene/Incontinence Products
- Flushable Wipes
- Bed Pads
- Vinyl/Latex Gloves
- Alcohol Wipes
- Protein/M meal Replacement Drinks
- Sugar Free Candy
- Cleaning/Laundry Supplies
- Skin Barrier Cream
- Gift Cards



## **FOR MORE INFO:**

205-326-6821  
info@gbm.org

## **DROP OFF LOCATION:**

Greater Birmingham Ministries  
2304 12<sup>th</sup> Avenue North  
Birmingham, AL 35234

Monday-Friday: 9:30am-1:30pm

## DONATE

Greater Birmingham Ministries

2304 12th Ave N

Birmingham, AL 35234

[www.gbm.org](http://www.gbm.org)



***Greater Birmingham Ministries (GBM) relies on the financial support of people like you to continue to meet the needs of the people we serve with food, financial assistance and more. Thank you for your contribution.***

Thanks for choosing to receive email from GBM. If you'd like to unsubscribe from mailings to this list, [click here](#). If you'd like to be removed from all email lists at GBM [click here](#) but note that it will mean you will need to let us know if you want to receive email from GBM in the future. This email was sent to [psl@pslpcusa.org](mailto:psl@pslpcusa.org). To ensure that you continue receiving our emails, please add us to your address book or safe list.

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