



- What is Concordia Plan Services
- What is the Concordia Health Plan
- 2023 CHP Rates
- Navigating the Employer Election Portal
- Open Enrollment Timeline



- Understanding of **Who**Concordia Plans is and **What**you are a part of.
- Feel prepared for 2023 CHP Employer Elections
- Understand the 2023 ER Election timeline
- Know your CPS dedicated resource to help you make decisions



Meet the team



Brad James

Account Manager
6+ workers for
CA & NV



Director Account Management



Kim Hoover

Account Manager
6+ workers for

AZ Accounts



Account Representative
< 6 workers



Kaitlin Enneking

AVP, Ministry Engagement



Our Mission



Serve ministries ... care for workers ... so that the Word of God spreads!

Why?

Following the example of the early church (Acts 6:1-7), CPS provides business solutions to ministry challenges, freeing up the time and attention of leaders so that they can focus on ministry.



Constitution, Article III Objective

"10. Aid in providing for the welfare of pastors, teachers, and other church workers, and their families in the event of illness, disability, retirement, special need, or death."







Our Purpose

Directives from the LCMS Handbook (Section 3.7)

- 1. Manage the benefit Plans of the LCMS
 - Concordia Retirement Plan (CRP)
 - Concordia Retirement Savings Plan (CRSP/403b)
 - Concordia Health Plan (CHP)
 - Concordia Disability and Survivor Plan (CDSP)
- 2. Manage other Ancillary Programs
 - Supplemental insurance
 - Administrative services



Walking together to spread the Word of God



4,000+ Employers





53,000 Covered dependents



\$5.5B
Assets under management



55
Years in business



Switching to Current Month Billing February 2023

	2023						
	January	February	March	April	May	June	July
uc	NO INVOICE	Current Billing Implemented					
Lawsd		*February 1 st invoice for February coverage					
ean/I			Current Billing				
Empyrean/Lawson							
Lifeworks							
Lifew					Go Live		







What is the Concordia Health Plan?

The CHP is a self-funded, church-plan.

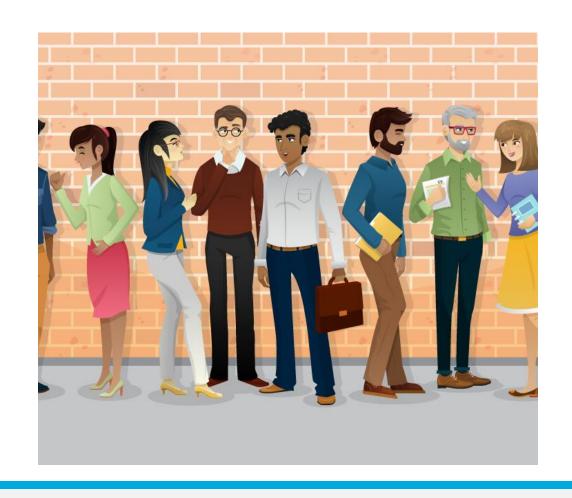
What does this mean?

Only LCMS churches, schools and affiliated ministries can participate. We are the church, pooling our dollars together to care for each other.

There is no profit in the CHP. Our goal is to break even every year. Contributions collected are used to:

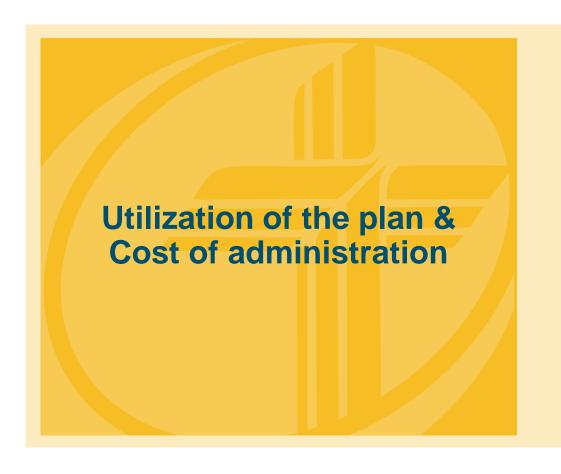
- Pay healthcare claims/expenses incurred by our workers
- Cover administration of the plan.

For every \$1.00 in contribution we collect, .90 - .92 cents is used to pay claims. Costs in secular commercial plans are double at .80-.85 cents.





What determines the CHP rates?



Begin with 2021 claims costs

- Adjust for:
 - Trend (reprice 2021 for expected cost in 2023)
 - COVID
 - Population changes
 - Who is participating?
 - Where do they live?
 - How old are they?
 - Benefit changes
 - Deductibles, copays
 - Pharmacy programs
 - Wellness programs
 - Negotiated discounts (BCBS, UMR, Kaiser, Cigna)
- End with 2023 projected claims
 Rate increase needed = 8.7%



2023 Pricing Updates - CHP

	BCBS	Cigna	Kaiser	
Option A	6.9%	J		
Option B	6.9%			
Option C	6.9%			
Option D	6.9%			
Option E	8.9%			
Option HDHP	9.9%			
Healthy Me Copay A*	6.9%			
Healthy Me Copay B*	6.9%	8.5%		
Healthy Me Copay C*	6.9%	8.5%		
Healthy Me Copay D	6.9%	8.5%		
Healthy Me Copay E	6.9%	8.5%		
Healthy Me HSA A	7.9%	8.5%		
Healthy Me HSA B	6.9%	8.5%		
Healthy Me HSA C	6.9%	8.5%		
Healthy Me HSA D	6.9%	8.5%		
Healthy Me HSA E	6.9%	8.5%		
Select HMO		8.5%		
Whole Health			8.5%	
Whole Health 1000			8.5%	
Whole Health 2000			8.5%	
Composite		7	7%	

Composite 7.7%









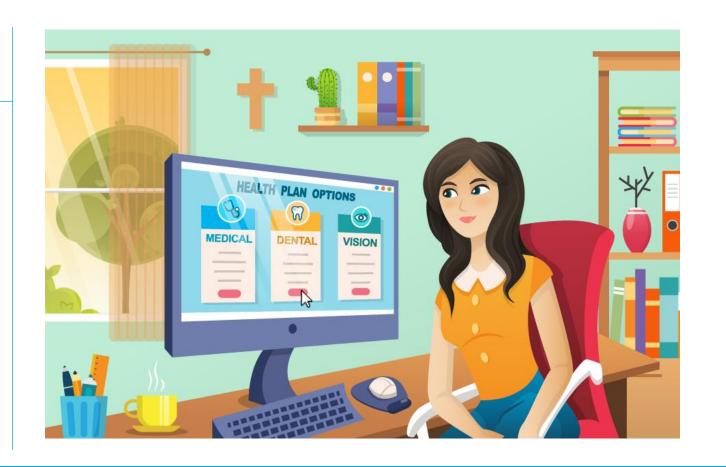
2023 CHP Plan Updates

IRS Qualified High Deductible Plans

The IRS has increased annual contribution limits, minimum deductibles and out-of-pocket amounts for 2023. To keep our plans in compliance with IRS limits, we have increased the deductibles and out-of-pocket amounts for:

- Option HDHP
- Healthy Me HSA-A
- Healthy Me HSA-C

No changes to dental and vision options.





Healthy Me Copay Plans

2023 Plan Name	Healthy Me Copay A*	Healthy Me Copay B	Healthy Me Copay C	Healthy Me Copay D	Healthy Me Copay E
Network	BCBS, UMR	BCBS, UMR, CIGNA	BCBS, UMR, CIGNA	BCBS, UMR, CIGNA	BCBS, UMR, CIGNA
Type of Plan	Copay	Copay	Copay	Copay	Copay
Annual Deductible & Coinsurance					
Coinsurance	20%	20%	20%	20%	20%
Type of Deductible	NA	Embedded	Embedded	Embedded	Embedded
Deductible Single	\$0	\$350	\$600	\$1,200	\$2,400
Deductible Family	\$0	\$700	\$1,200	\$2,400	\$4,800
Annual Out-of-Pocket Maximum					
Individual	\$8,550	\$2,100	\$3,000	\$3,500	\$4,800
Family	\$17,100	\$4,200	\$6,000	\$7,000	\$9,600
Copayments					
Physician Office Visit	\$35	\$35	\$35	\$35	\$35
Specialist Office Visit	\$60	\$60	\$60	\$60	\$60
Emergency Room - Emergent/Non-Emergent	\$500/\$750	\$200/\$400, ded. & coins.			
Urgent Care	\$100	\$60	\$60	\$60	\$60
Prescription Copayments					
Retail	\$10 / 30% (min. \$25 / max. \$75) / 40% (min. \$50 / max. \$100)	\$10 / 30% (min. \$25 / max. \$75) / 40% (min. \$50 / max. \$100)	\$10 / 30% (min. \$25 / max. \$75) / 40% (min. \$50 / max. \$100)	\$10 / 30% (min. \$25 / max. \$75) / 40% (min. \$50 / max. \$100)	\$10 / 30% (min. \$25 / max. \$75) / 40% (min. \$50 / max. \$100)

Note: Healthy Me Copay A assigns copays for most services, including in-patient hospitalizations, out-patient surgeries and lab work. Review the At-A-Glance for additional details.

Healthy Me HSA Plans

2023 Plan Name	Healthy Me HSA A	Healthy Me HSA B	Healthy Me HSA C	Healthy Me HSA D	Healthy Me HSA E
Network	BCBS, UMR, CIGNA	BCBS, UMR, CIGNA	BCBS, UMR, CIGNA	BCBS, UMR, CIGNA	BCBS, UMR, CIGNA
Type of Plan	HSA Compatible	HSA Compatible	HSA Compatible	HSA Compatible	HSA Compatible
Annual Deductible & Coinsurance					
Coinsurance	20%	20%	20%	20%	20%
Type of Deductible	Non-embedded	Non-embedded	Embedded	Embedded	Embedded
Deductible Single	\$1,500	\$2,000	\$3,000	\$4,500	\$6,000
Deductible Family	\$3,000	\$4,000	\$6,000	\$9,000	\$12,000
Annual Out-of-Pocket Maximum					
Individual	\$3,000	\$4,000	\$6,000	\$6,900	\$6,900
Family	\$6,000	\$8,000	\$12,000	\$13,800	\$13,800
Copayments					
Physician Office Visit	Deductible, then 20%	Deductible, then 20%	Deductible, then 20%	Deductible, then 20%	Deductible, then 20%
Specialist Office Visit	Deductible, then 20%	Deductible, then 20%	Deductible, then 20%	Deductible, then 20%	Deductible, then 20%
Emergency Room - Emergent/Non-Emergent	Deductible, then 20%/40%	Deductible, then 20%/40%	Deductible, then 20%/40%	Deductible, then 20%/40%	Deductible, then 20%/40%
Urgent Care	Deductible, then 20%	Deductible, then 20%	Deductible, then 20%	Deductible, then 20%	Deductible, then 20%
Prescription Copayments	Post Deductible	Post Deductible	Post Deductible	Post Deductible	Post Deductible
Retail	\$10 / 30% (min. \$25 / max. \$75) / 40% (min. \$50 / max. \$100)	\$10 / 30% (min. \$25 / max. \$75) / 40% (min. \$50 / max. \$100)	\$10 / 30% (min. \$25 / max. \$75) / 40% (min. \$50 / max. \$100)	\$10 / 30% (min. \$25 / max. \$75) / 40% (min. \$50 / max. \$100)	\$10 / 30% (min. \$25 / max. \$75) / 40% (min. \$50 / max. \$100)

Kaiser Permanente Plans

2021 Plan Name	Whole Health	Whole Health 1000	Whole Health 2000
Network	Kaiser Permanente	Kaiser Permanente	Kaiser Permanente
Type of Plan	HMO/Copay	HMO/Copay	HMO/HDHP
Annual Deductible & Coinsurance			
Coinsurance	NA	20%	20%
Type of Deductible	NA	Embedded	Non-embedded
Deductible Single	\$ 0	\$1,000	\$2,000
Deductible Family	\$0	\$2,000	\$4,000
Annual Out-of-Pocket Maximum			
Individual	\$1,500 + chiro copays	\$3,000 + chiro copays	\$3,000
Family	\$3,000 + chiro copays	\$6,000 + chiro copays	\$6,000
Copayments			
Physician Office Visit	\$25	\$20	Deductible, then \$30
Specialist Office Visit	\$25	\$20	Deductible, then \$30
Emergency Room - Emergent/Non-Emergent	\$100/waived if admitted	Deductible, then 20%	Deductible, then \$100
Urgent Care	\$25	\$20	Deductible, then \$\$30
Prescription Copayments			Post-Deductible
Retail	KP Mail Order: \$10/\$20CNP \$20/\$30	KP Mail Order: \$10/\$20CNP \$20/\$30	KP Mail Order: \$10/\$20CNP \$20/\$30

Select HMO plans (Cigna) - Available in Southern California only -

2021 Plan Name	Select HMO-C	Select HMO-C 2000
Network	CIGNA	CIGNA
Type of Plan	Copay	Copay
Annual Deductible &		
Coinsurance		
Coinsurance	NA	NA
Type of Deductible	NA	NA
Deductible Single	\$0	\$2,000
Deductible Family	\$0	\$4,000
Annual Out-of-Pocket		
Maximum		
Individual	\$2,500	\$4,000
Family	\$7,500	\$8,000
Copayments		
Physician Office Visit	\$30	\$30
Specialist Office Visit	\$40	\$40
Emergency Room	\$150	\$150
Urgent Care	\$90	\$100
Prescription Copayments		
Retail	\$15 / \$35 / \$55	\$15 / \$35 / \$55

See At-A-Glance for more details such as copays for labs, imaging, outpatient surgery and hospitalizations.

2023 Pricing Update – Dental & Vision

Dental Carrier	CIGNA
Bundled Dental	Included in medical
Dental Basic	5.0%
Dental Plus	5.0%
Dental Premium	5.0%
Vision Carrier	VSP
Bundled Vision	Included in medical
Vision Basic	5.0%
Vision Premium	5.0%





2023 Dental Options

Dental Plan	Bundled	Basic	Plus	Premium
Network	Total Cigna DPPO	Total Cigna DPPO	Total Cigna DPPO	Total Cigna DPPO
In Network Coverage				
Preventive Care	\$0	\$0	\$0	\$0
Deductible	\$100 per person / \$300 family max	\$100 per person (no limit)	\$50 per person / \$150 family max	\$50 per person / \$150 family max
Basic Dental Care	20%	20%	20%	10%
Major Dental Care	20%	N/A	50%	40%
Calendar Year Maximum	\$1,500	\$1,000	\$1,500	\$1,500
Maximum Benefit Rollover	N/A	N/A	N/A	\$300 year/\$900 max
Orthodontia	Adult & child: 50% (\$1,500 lifetime max)	N/A	Child Only: 50% (\$1,500 lifetime max)	Adult & child: 50% (\$2,000 lifetime max)
Out of Network Coverage				
Preventive Care	Plan Pays 100% of 90% of UCR	Plan Pays 100% of 80% of MAC	Plan Pays 100% of 80% of UCR	Plan Pays 100% of 90% of UCR
Deductible	\$100 per person / \$300 family max	\$300 per person (no limit)	\$150 per person (no limit)	\$150 per person (no limit)
Basic Dental Care	20% of 90% of UCR	20% of MAC	20% of 80% of UCR	20% of 80% of UCR
Major Dental Care	20% of 90% of UCR	N/A	N/A	50% of 80% of UCR
Orthodontia	50% of 90% of UCR	N/A	N/A	50% of 80% of UCR

See document <u>V40164</u> for a more in-depth explanation of MAC and UCR (sometimes called R&C)

2023 Vision Options

Vision Plan	Bundled Vision	Basic	Premium
Network In-Network Coverage	VSP	VSP	VSP
Routine Exam	\$10	\$10	\$10
Lenses	\$25	\$25	\$25
Frames	\$150 allowance	\$150 allowance	\$200 Allowance OR an Easy Option Selection
Contacts	\$150 allowance/\$25 copay if medically necessary	\$150 allowance/\$25 copay if medically necessary	\$200 allowance/\$25 copay if medically necessary
Frequency	Lenses: once every calendar year Frames: once every other calendar year Contacts: once every calendar year	Lenses: once every calendar year Frames: once every other calendar year Contacts: once every calendar year	Lenses: once every calendar year Frames: once every calendar year Contacts: once every calendar year
Covered Lens Enhancements			
Progressive Lenses Anti-Reflective Coating	Covered in full Not Covered, ability to get an average 20%-25% off lens option	Ability to get an average 20%-25% off lens option	Ability to get an average 20%-25% off lens option OR an Enhanced Eyewear Options
Polycarbonate Lenses for Children	Covered in full	Covered in full	Covered in full
Enhanced Eyewear Options			
	N/A	N/A	Upgrade frame to \$250 OR Add Progressive coverage OR Add Anti- Reflective coverage







A Review of Our Ecosystem













SmartShopper®











Why are there so many wellness programs included?



SERVE MINISTRIES ... CARE FOR WORKERS ... SO THAT THE WORD OF GOD SPREADS!





36,000 health plan members Across 6,000 ministries U.S. and International

3,500 called workers 3,500 pastors 8,900 lay persons 100 missionaries

- Unlike commercial plans, where employers and workers move In and Out, workers within the LCMS are enrolled for the majority of their working career. *Some were first enrolled as dependents of a pastor or teacher, before beginning their own career in ministry.*
- We invest in the long-term health of our workers and their families.
- Nominate a wellness champion. It's important to have individuals within your ministry who can encourage and point individuals to the resources available.



Nominate a Wellness Champion

Wellness Champions are equipped with tools and resources necessary to encourage and engage their co-workers.

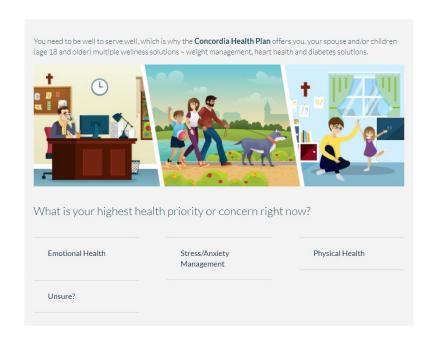
- Support from CPS Health and Wellness Educator Kelly Menke.
- Monthly recorded messages from Kelly.
- Monthly emails.
- Wellness Champion Playbook.
- Annual planner.
- Webinars.
- Challenge.

Nominate a Wellness Champion



Getting workers to their on-ramp

Health Connector



https://www.concordiaplans.org/connector

Ouch! My back has been killing me. I don't know what to do.



I'm sure Concordia
Plans has something
that can help. Have
you checked out
Health Connector?

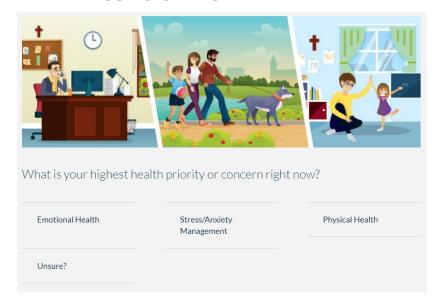


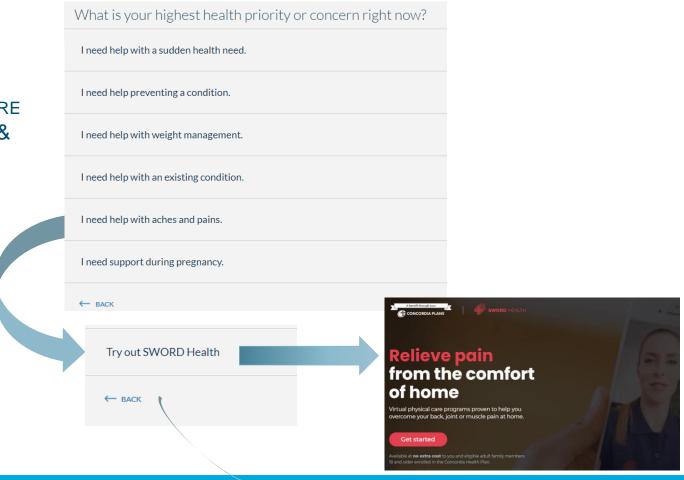


Getting Your Workers to Their On-Ramp

Health Connector

- PROGRESSIVE, TRIAGE-STYLE DIGITAL QUESTIONNAIRE
- ACCOUNTS FOR HEALTH PRIORITIES, HEALTH RISKS & READINESS TO CHANGE







CHP wellness programs in action



What truly means the most to me is that I have been able to stop taking all three diabetes medications:
Farxiga, Lantus, and Bydureon. I eliminated the first 2 right away and was looking forward to the day that I could say goodbye to "Bydureon Wednesdays."

I am so energized by the very thought that I can live without my medications



SWORD HEALTH

"I haven't slept through the night in three years since my surgery. Since I have started Sword I have slept almost every night."

Thank you



Since the age of 13, weight has been my battle each and every day. Now, 50 years later and many fad and "tried and true" diet programs later, Wondr was the answer for me. I haven't weighed this little since I was in high school! ""

This has literally changed my life







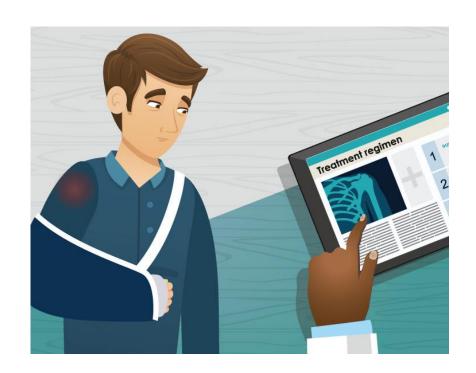
What are voluntary benefits?

Critical Illness (CI) Insurance and Accidental Injury (AI) Insurance

- Create a "safety net" for your workers and their families.
- Workers can elect one or both benefits.
- Pay lump sum benefit based on the accident or illness.
- Benefit can be used in any way the worker needs.
- Offered through a group plan, which means competitive pricing compared to direct sale products.
- Paid for by the worker.
- Payroll deducted by the employer.



How do voluntary benefits protect my workers?



	Expenses	The Plans Cover	Personal Costs	
Loss of income while unable to work	\$4,000	\$2,800*	\$1,200*	This is where Accident al Injury
Monthly bills & other expenses	\$2,500	\$0	\$2,500	and Critical Illness
Medical OOP costs	\$25,000	\$21,500	\$3,500	plans can help!

*Disability payment is an estimation based on 70% of Monthly income and does not factor in taxes, benefit withholdings or the 14-day elimination period.



How do I offer my workers voluntary benefits?

Adopt Accidental Injury and Critical Illness during the Employer Election Period.



Workers can then choose to elect or decline the coverage during Open Enrollment.





Personal Spending Accounts



Personal Spending Account Renewals

- Employers will simply be providing their HQY PSA intention in the tool.
- Based on the intention indicated an email will go out explaining next steps.
- If there are no PSA changes there is no action needed, renewal will automatically occur.
- All options outside of renewing with no changes will require additional steps that must be taken by September 16, 2022.

Current (2022) Personal Spending Account Elections

The below summary indicates if your employer is currently offering a PSA with a Concordia Plans preferred vendor. Click here (link) to learn more about PSAs.

Personal Spending Account Type

Your Election

Health Savings Account:

Health Equity

Health Reimbursement Account:

Health Equity; Kaiser

Health Care Flexible Spending Account

...

Limited Purpose Flexible Account

Dependent Care Flexible Spending Account

none

2023 Election Intent for HealthEquity Personal Spending Accounts

Based upon your current PSA elections, please indicate your renewal intent for your Health Equity PSAs if applicable. Please note, for employers who utilize Further or Kaiser they will contact you directly to manage your plan renewals for 2023.

- Renew current HealthEquity PSAs with no changes
- 2. Renew with HealthEquity but make changes to my current PSA elections
- 3. Terminate my HealthEquity PSAs
- 4. I'd like to set-up PSAs with HealthEquity for the first time.
- Not interested



PSA Worker Enrollments

- Workers enrolled in a HealthEquity HSA in 2022 will be defaulted into contributing to an HSA for 2023 if they are still eligible to contribute.
- Worker enrolled in an FSA, LPFSA, or DCFSA will need to make a new 2023 election.
- Workers enrolled in an HRA will continue to take no action as they will be automatically enrolled based on their CHP enrollment.







HSA Annual Contribution Limits - 2023



\$3,850 Self Only Coverage

\$1,000 catch-up contribution



\$7,750 Family Coverage

\$1,000 catch-up contribution



Renew PSA with changes

 Renewing with changes will require the employer to take action in the HQY Employer Portal.

 The steps will be provided in the email that is sent following the selection of their intention.

Hello -

Thank you for making your 2023 Concordia Health Plan Elections. During the election process, you indicated your intention for your HealthEquity personal spending account (PSA) for 2023:

RENEW HEALTHEQUITY PSAs WITH CHANGES

Based on this intention, you will need to complete these steps:

- Log onto your HealthEquity employer portal and complete your desired changes. Click here for a guide to walk you through this process.
- Once completed and processed, HealthEquity will send you a confirmation email and will begin working on your PSA changes.

If you are looking to add a new PSA outside of what you currently offer, please contact your Account Manager as this will require additional steps. HealthEquity will confirm with Concordia Plans to ensure a successful open enrollment experience for your workers.

All PSA updates need to be finalized with HealthEquity by Sept. 16, 2022. If you decide later to make a change to your PSAs, please contact your Account Manager, [Insert Name], to confirm the appropriate next steps. Please note that changes made after Sept. 23 will impact your workers open enrollment experience.

If you have any questions or concerns, please contact your Account Manager.

Thank you, Concordia Plans



Renew PSA with changes continued

Renewal Employer Portal Process:

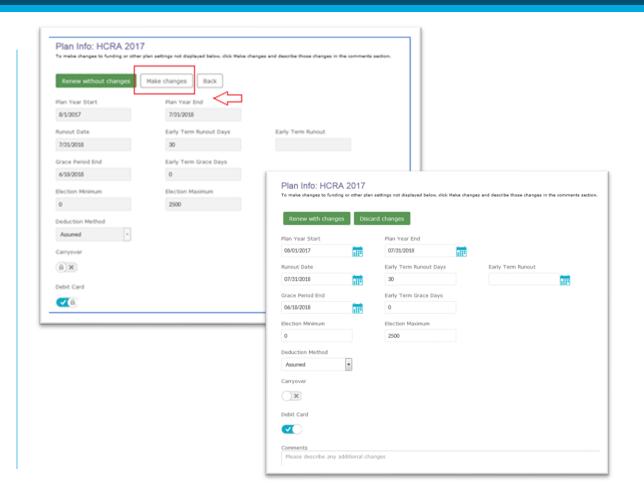
- 1. Login to HQY Employer Portal
- 2. Employee Info > HRA/FSA Renewal



- A walk me pop-up message will appear to add an additional reminder that renewals will have a validation step
- As soon as the walk me pop-up message is closed the plans scheduled to renew will appear, screen shot below.
- 5. Employers will have two options from here, RENEW or TERM



If the employer chooses to RENEW, they will be asked to review the following information.





Open Enrollment Timelines

Timelines



2023 Open Enrollment Timeline





2023 Open Enrollment Timeline

Employer Election Materials

- The Employer Election Guide will be 100% digital this year. You will receive a flyer with a QR code that will take you to the Employer Election landing page.
- Digital versions of all Employer Election Materials located at: www.concordiaplans.org/2023CHPelections
- Rates Letters with Flyer
 - Mailed on 7/1
- Employer Election Webinar
 - August 2nd @ 1pm CST
 - August 4th @ 11am CST



Employer Benefits Election Guide for 2023





The Concordia Plans difference



Serving ministries and caring for workers... So the Word of God continues to spread. That's what drives us!



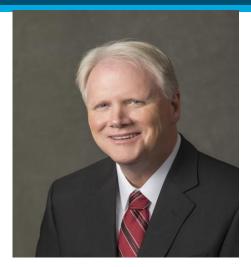
We have industry leading professionals on our board, in addition to the companies that we work with. As a nonprofit organization, our focus is on you – not profits.



We are a partner, not a vendor. We are intentional about Asking, Listening and Acting on how we can improve, better serving you and your workers.



Questions?



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Kim Hoover

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Thank You and God's Continued Blessings!



