



# GAMAL DAILY SCHEDULE



**8:00 am – 9:00 am**

**Good morning! Wake Up & Eat Breakfast**



**9:00 am – 9:45am**

**Learning Activities (Ideas Emailed Daily from the ECC)**



**9:45 am – 10:30 am**

**Indoor Free Play (Creative/Imaginative Play)**



**10:30 am – 10:45 am**

**Clean Up (Get the Kids Involved!)**



**10:45 am – 11:00 am**

**Eat Snack (Nutritional Learning through Food Groups)**



**11:00 am – 12:00 pm**

**Outdoor Activity (Gross Motor & Outdoor Observation through Walks, Bike Rides, Scooter)**



**12:00 pm – 12:30 pm**

**Art Activity (Fine Motor and Creative through Paint, Play Dough, Cutting with Scissors)**



**12:30 pm – 1:00 pm**

**Lunch Time (Social Emotional Learning through Conversation)**



**1:00 pm – 1:15 pm**

**Story Time (Auditory Learning & Comprehension)**



**1:15 pm – 3:00 pm**

**Nap or Quiet Time**



**3:00 – 3:15 pm**

**Snack Time**