

## PEACEFUL BY RELEASING CONTROL

***“Don’t worry about anything; instead, pray about everything.  
Tell God what you need and thank him for all he has done.”***

*Philippians 4:6 (NLT)*

There is a special feeling I have when I experience control in my life. Perhaps you have similar or same feelings that give you security and comfort. I understand there can be wisdom in relaxing and letting go of the word “control.” My thoughts for this TALK are based on having knowledge that as I make plans, I envision the perfect outcome. If plans or circumstances change, I am willing to adjust them. As I let it go, I accept there is another way and welcome the notion that what I thought would be best is evolving into a new, even better outcome. In either circumstance, my simplified action statement is “I do my best and release the rest.”

It may take time for the fulfilment of a new plan to unfold for you and me to see the good in it. Being committed to practicing patience, acceptance, and trust in divine timing, and in God’s presence in all things is essential to our feelings of peace. As we release our worries and trust the Divine, we release the illusion of being controlled. Our concerns may be replaced with optimistic belief that all of us are nurtured, guided, and protected through all the seasons of life.

Greater wholeness for each of us comes from drawing out all the resources of the higher power of God. There is nothing for you and me to fear. Everything is being resolved in a way that may be invisible through eyes but is apparent in our hearts. Sometimes it is recognized by simply affirming our belief that nothing is impossible. Every goal and dream we share with family and friends through conversation solidifies the desires in our mind. When we allow those visions to become fully engrained in our minds, they become so much a part of our thinking. Thinking and repeating the desires over and over in our mind makes reality happen.

I have shared the story about house we built and currently live in. Sandy and I wrote a postulate, that described the house we wanted to have as our home, our lake house, our place of retirement, and much more. For years as I left work for the afternoon; I would say... “I’m going to the lake house” or “... to our retirement house” or “... to home), etc. The postulate was written over 10 years before we drew up our plans and contracted to build our house in Grapevine. We had placed the words in a file cabinet in our attic and had no recollection about our dream sheet. That is until we had moved into our home and purged the file cabinet months after our move-in.

We read the words and began to compare it to the ideas we wanted. Words like “view of a lake – windows that open from an office in three directions”, and much more. I even wrote that the house (our home) would be close enough to walk to the lake, and close to a coffee shop where I could hang-out with friends. To walk to downtown Grapevine for coffee is over 1.5 miles (doable, but not preferable). Then about two years after we moved in, we learned a new Hotel/Resort would be built within a quarter mile...doable for a walk. The Gaylord Texas is where I can easily walk to coffee with my friends. One thing I didn’t do was suggest a dollar amount for a cup of coffee so, I walk downtown. Better for me anyway.

So, this I believe: ***“Don’t worry about anything; pray about everything. Tell God what you need and thank him for all he has done.”***

*Peace Always*

*Ted*