



Georg Christoph Lichtenberg

*As we are liberated from our own fear, our  
presence automatically liberates others.*

Marianne Williamson

The words I write today will be the last inspiration from the “paragraph” written about “Our greatest fear...” by Marianne Williamson. “As we are liberated from our own fear, our presence automatically liberates others” has the most personal and powerful meaning to me of all Williamson’s words. The sentence sums up all the other thoughts regarding “Our deepest fear...”

This line leads me to pondered it, fight to get a grip on the meaning for me, and wonder what I can say that will have a positive influence on you and others who read these words. The one thing I am sure of is “our own fear” is the major shackle that negatively influences a lack of self-love and enhanced esteem.

Fear is a disruption fashioned on things that happened to us in the past or a fabricated notion of what we think might happen in the future. I feel humbled and blessed to work with people in our church, college students, random people I meet in the streets, or anyone starting a journey to unshackle from fear and move towards self-assurance and poise.

When I meet someone striving for a better life, I am humbled to witness their light shine. My dream is to see his or her light as a reflection of the shining in my heart and soul. Great changes occur when people are stirred by someone with the courage to set and demonstrate higher standards. I pray you and I are destined to be the courageous someone.

Remind yourself you were made to shine. You can choose to shine more. You were made to stimulate others because of your actions. When we become a light on a hill, or a light to influence and encourage others, we are fulfilling one of the greatest commissions of our faith. If people do not like it or are not receptive, it’s probably because they have yet to acknowledge their doubts and deep-seated fears. Don’t be upset or hurt. Simply keep doing what you do and wish them well.

Peace always

*Ted*