

When Hearts Overflow with Joy

“Weeping may tarry for the night, but joy comes with the morning.” Psalms 30:5

“You have sorrow now, but I will see you again, and your hearts will rejoice.” John 16:22

Joy is more than a countenance of cheerfulness. Being happy and full of joy is an inner quality that is always available to the human mind and enhanced by heartfelt emotions. Even in time of sorrow, people enrich their passions by reaching within and finding joy alone or in the presence of likeminded people. Searching for joyful people fulfills humankind's natural desire to overcome feelings of loss or sadness.

Easter is passed for another year, and now we wait an additional 49 days to experience Pentecost Sunday on May 19, 2024. We have experienced the joy of the resurrection of Jesus, and now by our faith, we move forward to new feelings of joy as we are uplifted by God and friends and family. Finding peace through all those sources brings about feelings that are both energizing and satisfying.

Now is the time to find additional experiences that lead to finding beauty and love to touch human hearts. Bonds are built while sharing the joy of worshiping together, and the more we worship together, pray together, and share smiles and hugs with people we know and love. Sunday morning worship reminds me of the thrill and entertainment associated with watching a puppy's playfulness. In my horse raising days, it was the thrill of going to the corral or a location in open range to find a newborn colt. There was nothing more pleasant than wrapping arms around the neck of 100 pounds of infant horse.

Like puppies, colts are playful, curious, and cautiously unafraid of the human teenager anxious to build a bond between human and equine beings. The start to build trust between all newborn horses and the pre-teenagers begins the moment the youngster's eyes focus on a beautiful new creature standing on shaky legs beside its mother. The facts are consistent that the boy was already dreaming of riding across the Texas flatlands as soon as possible and as fast the colt would run.

Worshipping and sharing testimonies of joyful events in each of our lives, give us the ability to bond and grow stronger as a body of one with each other, and with God. Reveling in the adventure of what it means to be spiritual beings having human experiences strengthens our faith. Beyond sight, people can envision infinite possibilities. Beyond hearing, they listen for quiet whispers of guidance from each other and from the Spirit residing within. Beyond sensation, feeling of harmony with the world around enters all hearts and minds. Now is the time to give our gratitude to God for the life, birth, adventures, words, death, and resurrection of Jesus the Christ.

Easter has ended and now we can dream of new riding trails that will lead us to strengthened spirits and bonds with people we cherish. The dreams will continue within the community of faith. New adventures will be planned and implemented. Joy will be the force that drives us on to a bright new future.

Peace always,
Ted