



JEWISH SENIOR CITIZEN'S CENTRE

All Seniors Welcome

Drop In For Lunch or Attend a Program

Mailing Address: Box 17017
Edmonton, AB T5K 0G4
www.jdicseniors.ca

Location: 10052-117 Street
Ph: 780-488-4241 Fax: 780-488-6591
Email: jdic@shaw.ca

Schmooze and News

November – December 2018/5779

Hanukkah



Thursday, December 6 at 11:30a.m.

Please join us for

Hanukkah Latke Lunch & Concert with our **Young at Heart Choir**

Special Quiz with amazing prizes. Raffle and more fun!

You must RSVP by Monday. December 7

Fee: \$15 Members and \$18 Non-Members

PLEASE NOTE

The Centre is open
on Monday, November 12.

The Centre will be closed
from December 21, 2018

till January 3, 2019

The Centre will be reopen
on Sunday,
January 6, 2019

MEMBERSHIP

It is time to renew your
\$30 annual membership!

It is time to renew your
\$25 Choir membership!

Please sign up for an elec-
tronic newsletter and
electronic reminders
about programs with the
Office.

Learning in Retirement

"KEEPING SCORE"

Instructor: D.T. Baker
Mondays 10:00a.m. – 12:00p.m.

NAVIGATING COMPROMISE IN XXI CENTURY BIOETHICS

Instructor: Gary Goldsand
Mondays 1:00p.m. – 3:00p.m.

THE ART OF DECEPTION: FORGERIES AND THIEVERY IN THE ART WORLD

Instructor: Kathleen Silverman
Tuesdays 1:00p.m. – 3:00p.m.

OPERA ANYONE?

Instructor: Morris Maduro
Wednesdays 10:00a.m. -12:00p.m.

BOARD OF DIRECTORS

President: Lewis Wasel, **Past President:** Mark Salkie, **Treasurer:** Elaine Salkie, **Secretary:** Danny Assh, **Membership Chair:** Miriam Rabinovitch, **Program Chair:** Shirley Grossman, **Transportation Chair:** Hans Pilz, **Volunteer Coordinator:** Louise Percheson-Kagan **Directors:** Dmitry Alman.

Presidential Appointee: Leslie Morgenstern **Honorary Advisor:** Larry Derkach

Executive Director: Svetlana Pavlenko **Office Manager/ Project Coordinator:** Tolgi Isaeva **Chef:** Bozena Szopiak

Annual General Meeting 2018 Tuesday, November 20th at 12:45p.m.

Nomination Committee Board Slate

The Nominations Committee presents the following slate for election to the Board of the Jewish Senior Citizen's Centre at the Annual General Meeting to be held on Tuesday, November 20th at 12:45p.m.

All nominations (except as noted) are for a 2-year term:

Lauren Baram
Svetlana Bass
Marcia Czitron
Shirley Grossman
Leslie Morgenstern (one year)
Hans Pilz

Please plan to attend the AGM and be an active participant in helping to make important decisions that will enable the Centre to serve the members and the community.



In accordance with our By-laws other nominations will be accepted until November 6th, such nominations must be in writing and signed by two (2) members of the Centre and the nominee, who must also be a member of the Centre. Nominations will NOT be accepted at the AGM.

The following persons will complete their term on the Board (one more year) without the need to be re-elected:

Daniel Assh
Louise Percheson-Kagan
Elaine Salkie
Lewis Wasel

**Sunday, November 11 at 10:30a.m.
Remembrance Day Services
at the Jewish Cemetery
(Lunch after the Ceremony
will be held at the Beth Shalom
Synagogue)**



Ikebana Classes

All classes will begin at 1 p.m.



Wednesday, October 10 & 24

Wednesday, November 7 & 21

Wednesday, December 5

**Book
Discussion Group
Wednesdays @ 1p.m.**

*October 24
November 28*



Health & Wellness

Use it or Lose it!

with *Bonnie Austen!*

Cardio & Strength training, Flexibility & Balance, Laughter & Music

TUESDAYS @10:45a.m.

October 23 & 30

November 6,13,20,27

December 4,11,18

On Your Seat or On your Feet!

with *Ilonka Wormsbecker!*

Use of Weights & Stretch Bands, Flexibility & Strength, Laughter & Music

THURSDAYS @ 10:45a.m.

October 18 & 25

November 1, 8, 15, 22, 29

December 6 (starts at 10a.m.), 13, 20



Invest in a New You! Buy a Card as a Present!

Our Exercise Cards have
NO expiry date!

Available to our members only

Treat yourself to:

6 classes for \$30 or 10 classes for \$50

(Drop in fee per class \$6)

Good for any exercise class at the centre!

Sunday Club

November 4: Travelling: Tips and Advice with Lidia, a travel specialist

November 11: Famous movie director, Eldar Ryazanov: life and cultural impact on the Russian movie industry with Zoya Pavlova

November 18: Fall Prevention with Dr. Elina

November 21: Lecturer – Galina Sinitzina singing the songs of Valentina Tolkunova and a lecture by Lyusya Valkova

Lunch & Learn

MLA David Shepherd

Monday, November 12 at 12p.m.



We are pleased to welcome MLA David Shepherd who will give us an update on the Alberta political scene.

Armchair Traveller:

Tuesday, December 4 at 12p.m.



Transportation Safety Board of Canada

Thursday, November 15 at 12p.m.

Join **Jonathan Lee**, Manager, Regional Operations to learn about the Transportation Safety Board of Canada (TSB). The TSB is a federal agency that is responsible for conducting safety investigations into nationally regulated modes of transportation. He specializes in aircraft accident investigations.

He will talk about the history of aircraft accident investigation in Canada and how the TSB came to be in its present form and how the investigation process works.

Join Marian and Dwyne as they wander down the south coast of Australia and visit Tasmania and New Zealand including Hobbiton in MataMata.

History of Edmonton Downtown Market with Kathryn Merrett

Thursday, November 22 at 12p.m.

The City Market has been a feature of Edmonton's downtown for more than a century, but its presence there has often created controversy.

What is the role of a market in an urban centre? Kathryn will talk about the role the City Market has played in shaping the culture and values of the City of Edmonton.



Edmonton International Airport



Thursday December 13 at 12p.m.

Join **Anne Hayes** and **Alex Paterson**, Business Development Manager, to learn new things about the development of Edmonton International Airport and new incentives to becoming a member.



Thank you for Supporting your Centre!

Call the Office 780-488-4241 for Birthday Cards

We try to be as accurate as possible. If we have it wrong please let us know.

**Card and Shalom Wall plaques are always available to make
your friends' birthdays and other simchas more memorable and enjoyable!**

Birthday Celebration for November will be held on Thursday, November 29, 2018

Doreen Albert	Frida Feldman	Ann Lucas
Eleanor Bercov	Maya & Hillel Goldberg	Miller Debbie
Elizabeth Bercovich	Margery Hall	Lynne Milner
Hoda Cohen	Brenda Jackson	Doreen Niles
Muriel Cooper	Clara Kagan	Louise Percheson-Kagan
Ann Dea	Mary Jane Klein	Barbara Seadon
Dorothy Dempsey	Jean-Marcel Duciaume	Loretta Sharun
Miriam Devins	Susan Lieberman	Pavel Zhelezkin
Del Dilkie	Hinda Lipshitz	Ted Snow
Bass Yefim		Valentina Sourmova

Birthday Celebration for December will be held on December 20, 2018

Calderon Rosa	Horwitz Daphne	Snyder Paula
Chernets Oleksandra	Jandrey Rita	Wolfman Naomi
Conroy Helen	Kipnes Evelyn	Alman Dmitry
Delage Leah	Margolis Marjorie	Bell Randy
Devis Wendy	Moen Betty	Chetner
Edelmann Judy	Morgenstern Leslie	Fernando Des
Elster Ella	Rubenovitch Joyce	Frohlich Ned
Segall Mari	Saik Anna	Granholm Hans
Friedman Rhoda	Shea Nora	Hughes Doug
Heilik Bronia	Sklofsky Esther	Kacew Abie
Morgenstern Rick	Sperber Geoff	Lamshead Jim
Reboh Joel	Wasel Lewis	Mustard Bill

Charles Dickens:

Readers' Great Expectations



**Professor Emeritus Robert Merrett
will take us on a fascinating journey to see
familiar literary masterpieces in unexpected
angles.**

**The course will run for 4 weeks
on Wednesdays**
December 5 & 12 and January 9 & 16

from 10a.m. – 12p.m. (noon)

**at the Jewish Senior Citizen's Centre
10052 – 117 Street**

Join Professor Robert Merrett on a 4 week lecture series to discover more about Charles Dickens, a writer, a journalist, a social activist, the man who influenced the world literature and culture. We will travel from the seedy streets of London to the lovely Kent countryside as we gain a deeper understanding of why the themes of generosity, poverty, spiritual search and social injustice figured prominently in Dickens' works.

Everyone welcome to join this course!

\$40 members / \$55 non-members

Complimentary refreshments will be provided for the course

**and you are welcome to stay for lunch at 12p.m. (noon)
\$10 for members & \$13 for non-members.**

**Call 780-488-4241 or email jdic@shaw.ca to register
Deadline for registration is Thursday, November 29 2018**

Thank you for Supporting your Centre!

Call the office for Tribute Cards - (780) 488-4241

We try to be as accurate as possible - Please accept our apologies for any omissions or errors made!

Cards sent from the Board of Directors

THANK YOU	GET WELL	SYMPATHY
<p>THANK YOU</p> <p>To: Jan McMillan & Donna Hamar for the generous donation in memory of Marshal Hamar z'l</p> <p>To: Ashley & Noah Vale & Family for the generous donation in honour of Sandra Miller & Beryl Nahornick</p> <p>To: Miriam & Mark Siderson- thank you for your shared wisdom</p>	<p>GET WELL</p> <p>To: Naomi Beck</p> <p>To: Bev Sonmor</p> <p>To: Vic Amato</p> <p>To: Betty McAfee</p> <p>MAZEL TOV</p> <p>To: Hal Simons- Happy 90th Bday!</p> <p>To: Paula Simons- congratulations to be named to Canada's Senate!</p> <p>To: Jane Karstaedt—Happy 90th Bday!</p>	<p>SYMPATHY</p> <p>To: Kay & Clara Grigar & Family- loss of mother Jana z'l</p> <p>To: Hanita & Aaron Dagan & Family- loss of Norma Nozick z'l</p> <p>To: Benaron & Judy Gleiberman- loss of father Norman z'l</p>
<p>SHALOM WALL</p> <p>Single plaque on Shalom wall in Honour of Hal Simons celebrating his special birthday was donated by Leslie & Rick Morgenstern & Svetlana & Aleksey Pavlenko</p> <p>Single Plaque on the Shalom wall honouring Hal Simons on his special birthday was donated by Louise Percheson-Kagan & Svetlana Pavlenko</p> <p>Single plaque on the Wall in honour and memory of Hanna Pollack z'l donated by Louise Percheson-Kagan & Svetlana Pavlenko</p> <p>Single plaque on Shalom wall in Honour of Bronia & Jim Heilik celebrating their 50th Wedding Anniversary was donated by Leslie & Rick Morgenstern</p> <p>Single plaque on Shalom wall in Honour of Bronia & Jim Heilik celebrating their Special Wedding Anniversary was donated by Naomi & Vic Amato</p> <p>Single plaque on Shalom wall in Honour of Bronia & Jim Heilik celebrating their 50th Wedding Anniversary was donated by Robyn & Geoff Sperber</p>	<p>SHALOM WALL</p> <p>Single plaque on Shalom wall in Honour of Bronia & Jim Heilik Wedding Anniversary donated by Naomi & Morley Wolfman & Svetlana & Aleksey Pavlenko</p> <p>MAZEL TOV</p> <p>To: Hal Simons- 90th Birthday From: Elaine & Mark Salkie Miriam Rabinovitch Larry & Marielle Witten</p> <p>To: Bronia & Jim Heilik- 50th Wedding Anniversary From: Luba Allen Reva & Richard Theuman Glen & Susan Binnington Percy & Penny Lerner Freya & Lewis Wasel Shoshana & Martin Bankey Bob & Sheryl Gliener</p> <p>SYMPATHY</p> <p>To: Kay & Clara Grigar & Family- loss of mother Jana z'l From: Louise Percheson-Kagan Svetlana & Aleksey Pavlenko</p> <p>To: Hanita & Aaron Dagan & Family- loss Norma Nozick z'l From: Paula Snyder</p>	<p>SYMPATHY</p> <p>To: Phyllis Nurgitz & Family- loss of sister Sally z'l From: Ruth Nolan Naomi & Ron Wolch Leslie & Rick Morgenstern Louise Percheson-Kagan Robyn & Geoff Sperber Miriam Rabinovitch Rose & Stewart Shinewald Paula Snyder Naomi & Vic Amato Elaine & Mark Salkie Clarice Switzer Sandra Miller Odette Masliyah Percy & Penny Lerner Sheila & Allan Parr Diane Marcovitch Anita Sky</p> <p>To: Sheila Archeck & Family- loss of husband Norman z'l Fr: Anita Sky & Howard Davidow</p> <p>To: Lynn Einstein- loss of husband Lionel z'l From: Brian & Fay Leigh Eva & Sam Weisz Anita Sky & Howard Davidow</p> <p>To: Hanna Pollack's Family From: Jack & Lil Soroka</p>

Thank you for Supporting your Centre!

Call the office for Tribute Cards - (780) 488-4241 Donations \$10.00, \$18.00, \$36.00 and up

We try to be as accurate as possible - Please accept our apologies for any omissions or errors

GET WELL

To: Vic Amato
From: Elaine & Mark Salkie

To: Naomi Beck
From: Geoff & Robyn Sperber
Anita Sky

To: Miriam Rabinovitch
From: Leslie & Rick Morgenstern

DONATIONS TO CENTRE
From: Bonnie Austen- in warm
memory of **Hanna Pollack z'l**

From: Don & Lee Sax

MAZEL TOV

To: Hila Wasel & the Wasel family- Hila's Bat Mitzvah
From: Raisa Ostrovskaya

To: Jack Soroka-96th Birthday
From: Miriam Rabinovitch

To: Judy Goldsand- Special Bday
From: Odette Masliyah

To: Murielle Witten- Special Bday
From: Odette Masliyah

To: Freda Braude- 90th Birthday
From:
David, Keith & Lauren Tankel

To: Jane Karstaedt – Special Bday
From: Freda Braude

**CONGRATULATIONS TO
ALL THOSE WHO WON
PRIZES FOR BRINGING
NEW MEMBERS !**



Welcome New Members!

Larry Charach
Gisele Sabrowski
Bonnie Hutchinson
Eve Willox & Bill Mustard
Anne & Else Loewan
Hazel Elborne
Christina McIntyre
Patricia Hagerty Keller
Phyl MacGillivray
Carol Hart
Jerry & Miriam Katz
Ted Snow
Dave Belyea
Diane Smarsh
Marilyn Fedun
Linda McCollum
Galina Truzhennikova
Catherine Boyd
Lynn Hughes
Lynn Hill
Galina Alexandrova
Alexander Popov
Catherine Boyd
Paula Globerman
Anne Smith

THANK YOU for bringing in new members

Sandra Miller
Mary Davenport
Donna Hamar
Gertrud Janke
Sheila Parr
Dimitra Drezick
Louise Charach

In Memory of Hanna Pollack z'l

We are very grateful for
on-going donations we
are receiving honouring
Hanna Pollack z'l.

With the donations we
plan to buy a new stove
for the Kitchen in her
name. Also, all of the do-
nors' names are being
passed on to Hanna's
Family in Israel.

Our special thank you to
Connelly – McKinley's
wonderful drivers Garry
and Barry for keeping us
safe on our outings this
year!

Looking forward to more
trips together!

Tuesday, October 23

No chicken, chicken Soup
Fish & Chips
Salad/Dessert

Wednesday, October 24

Cauliflower Soup
Veggie burger
Salad/Dessert

Thursday, October 25

Black bean Soup
Falafel
Salad/Dessert

Birthday Celebration**Monday, October 29**

Barley Soup
Cold plate
Salad/Dessert

Tuesday, October 30

Squash Soup
Lasagna
Salad/Dessert

Wednesday, October 31

Vegetarian kale Soup
No meat, meatballs
Salad/Dessert

Thursday, November 1

Creamy Squash soup
Fish & Chips
Salad
Dessert

Monday, November 5

Potato Cheese soup
Onion Mushroom Kugel
Salad
Dessert

Tuesday, November 6

Lentil soup
Sandwiches
Salad
Dessert

Wednesday, November 7

Tomato soup
Burger
Salad
Dessert

Thursday, November 8

Broccoli soup
Chilli
Salad
Dessert

Monday, November 12

Curried Carrot soup
Pizza
Salad
Dessert

Tuesday, November 13

Moroccan Chickpea soup
Salmon loaf
Salad
Dessert

Wednesday, November 14

Vegetarian Kale soup
Macaroni & Cheese
Salad
Dessert

Thursday, November 15

Split Pea soup
Vegetarian lasagna
Salad
Dessert

Monday, November 19

Black Bean Vegetable soup
Cold Plate
Salad
Dessert

Tuesday, November 20

Sweet Potato soup
Tuna casserole
Salad
Dessert

Wednesday, November 21

Cauliflower Leek soup
Garden Quiche
Salad
Dessert

Monday, November 26

Spinach and leek white bean soup

Thursday, November 22

Mushroom soup
Meatless meatloaf/rice
Salad
Dessert

Kathryn Merret's presentation**Tuesday, November 27**

Spinach, Leek
& white bean soup
Cheese muffins
Salad
Dessert

Wednesday, November 28

Green Velvet soup
Spaghetti
Salad, Dessert

Thursday, November 29***12-2p.m. Wedding Reception with FUN!***

Monday, December 3
Lentil soup
Tuna melt sandwiches
Salad
Dessert

Tuesday, December 4

Ramen Noodle soup
Potato Salad
Herring
Salad
Dessert

Wednesday, December 5

Soup only (\$6)

Charles Dickens course**Thursday, December 6**

11:30a.m. Hannukah
PLEASE RSVP ASAP

Monday, December 10

Italian Vegetable soup
Baked Omelet
Salad
Dessert

Tuesday, December 11

Barley soup
Sandwiches
Salad
Dessert

Wednesday, December 12

Vegetable Cheese soup
Frittata
Salad
Dessert

Charles Dickens course**Thursday, December 13**

Minestrone soup
Knish in a dish
Salad
Dessert

Monday, December 17

Butternut soup
Pizza
Salad
Dessert

Tuesday, December 18

Winter Root Veg soup
Teriyaki Fish & rice
Salad
Dessert

Wednesday, December 19

Garlic Spinach &
chickpea soup
Lasagna
Salad
Dessert

Thursday, December 20

Carrot Ginger soup
Potato Mushroom Strudel
Salad
Dessert

***Please note that the
Centre's Menu is
subject to change**



Jack Goldberg will give a brief presentation on the unique traditions of Jewish weddings, complete with chupah, followed by a fabulous reception lunch, music by Yossi, raffle, Wedding Cake and Birthday Thursday!

All this for only \$13 for members and \$15 for non-members!

You have an opportunity to wear and show off your wedding dress. You can bring your wedding dress two days before the event, so that we may put it on display.

We want to see your wedding photos and hear your funny stories!



No gifts please.

RSVP: jdic@shaw.ca OR PHONE 780-488-4241
at Jewish Senior Citizen's Centre
(10052 –117 Street)

November 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 10:45a.m. Fitness Ilonka 12p.m. Lunch 1-4p.m. Games	2	3
4 1-3p.m. Sunday Club	5 <i>10a.m. Keeping Score course 4</i> 12p.m. Lunch <i>1p.m. Bioethics course 4</i> 1-4p.m. Games	6 10:45a.m. Fitness Bonnie 12p.m. Lunch <i>1p.m. The Art course 5</i> 1-4p.m. Games	7 <i>10a.m. Opera Anyone?</i> <i>course 5</i> 12p.m. Lunch 1-4p.m. Games <i>1p.m. IKEBANA</i>	8 10:45a.m. Fitness Ilonka 12p.m. Lunch 1-4p.m. Games	9	10
11 Remembrance Day 1-3p.m. Sunday Club	12 <i>10a.m. Keeping Score course 5</i> 12p.m. Lunch <i>12p.m. Lunch & Learn: MLA D. Shepherd</i> <i>1p.m. Bioethics course 5</i>	13 10:45a.m. Fitness Bonnie 12p.m. Lunch <i>1p.m. The Art course 6</i> 1-4p.m. Games	14 <i>10a.m. Opera Anyone?</i> <i>course 6</i> 12p.m. Lunch 1-4p.m. Games	15 10:45a.m. Fitness Ilonka 12p.m. Lunch <i>12p.m. Lunch & Lear: Jon Lee</i> 1-4p.m. Games	Join us for Annual General Meeting on Tuesday November 20th at 12:45p.m.	
18 1-3p.m. Sunday Club	19 <i>10a.m. Keeping Score course 6</i> 12p.m. Lunch <i>1p.m. Bioethics course 6</i> 1-4p.m. Games	20 10:45a.m. Fitness Bonnie 12p.m. Lunch 12:45p.m. AGM 1-4p.m. Games	21 12p.m. Lunch 1-4p.m. Games <i>1p.m. IKEBANA</i>	22 10:45a.m. Fitness Ilonka 12p.m. Lunch <i>12p.m. L&L-Kathryn Merritt</i> 1-4p.m. Games	23	24
25 1-3p.m. Sunday Club	26 12p.m. Lunch 1-4p.m. Games	27 10:45a.m. Fitness Bonnie 12p.m. Lunch 1-4p.m. Games	28 12p.m. Lunch 1p.m. Book Club 1-4p.m. Games	29 10:45a.m. Fitness Ilonka 12p.m. Lunch <i>12p.m.-2p.m. Wedding Reception with Fun</i> 1-4p.m. Games	30	

December 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 1-3p.m. Sunday Club	3 Hannukah 1st Day 12p.m. Lunch 1-4p.m. Games	4 10:45a.m. Fitness Bonnie 12p.m. Lunch 1p.m. L&L- Marian & Dwayne Jen- kins 1-4p.m. Games	5 10a.m. Charles Dick- ens course 12p.m. Lunch- \$6 soup only (downstairs) 1-4p.m. Games 1p.m. IKEBANA	6 <u>10:00a.m.</u> <u>Fitness Ilonka</u> 11:30p.m. Latkes Lunch Hannukkah 	7	8
9 1-3p.m. Sunday Club	10 12p.m. Lunch 1-4p.m. Games	11 10:45a.m. Fitness Bonnie 12p.m. Lunch 1-4p.m. Games	12 10a.m. Charles Dick- ens course 12p.m. Lunch 1-4p.m. Games	13 10:45a.m. Fitness Ilonka 12p.m. Lunch & Learn: What's new in the Edmonton International Airport.	14	15
16 1-3p.m. Sunday Club	17 12p.m. Lunch 1-4p.m. Games	18 10:45a.m. Fitness Bonnie 12p.m. Lunch 1-4p.m. Games	19 12p.m. Lunch 1p.m. Book Club 1-4p.m. Games	20 10:45a.m. Fitness Ilonka 12p.m. Lunch 1-4p.m. Games	21 CENTRE CLOSED	22
23 JDIC CASINO PALACE Please let the Office know if you would like volun- teer for our Casino	24 JDIC CASINO PALACE	25 CENTRE CLOSED	26 CENTRE CLOSED	27 CENTRE CLOSED	The Centre will be closed from December 21, 2018 till January 3, 2019 The Centre will be re- opened on Sunday, January 6, 2019	