WITH PSYCHOLOGIST
VISTARA CONWAY

Students and community welcome!

FREE event including light dinner.

ROCK YOUR EXAMS

Don't Let Them Rock You

A mental health conversation about anxiety, stress management, and coping

TUESDAY, MARCH 12TH, 6-8PM
U OF A SUB ROOM 0-45 (CASCADE ROOM)

To RSVP, email
fellus@ualberta.ca

NCJWC Edmonton

Hillel Edmonton