



The Whittier Uptown Association Invites You to Join ...

Health & Wellness Movement

FREE Fitness Classes 9:15 - 10:30 am Greenleaf Grassy Area



Sat. Sept. 17th
YOGA*

Sat. Sept. 24th
ZUMBA*

Sat. Oct. 1st
HIP HOP*

Sat. Oct. 8th
HIKING 101*

* subject to change

Grassy Area - Uptown Whittier
6724 Greenleaf Ave.
Whittier 90601

For more information
info@WhittierUptown.org 562-696-2662
www.WhittierUptown.org

#UPTOWNMOVEMENT



Week 4: Hiking 101 (all ages)