



The Whittier Uptown Association Invites You to Join ...

# Health & Wellness Movement

## FREE Fitness Classes 9:15 - 10:30 am Greenleaf Grassy Area



**Sat. Sept. 17th**  
YOGA\*

**Sat. Sept. 24th**  
ZUMBA\*

**Sat. Oct. 1st**  
HIP HOP\*

**Sat. Oct. 8th**  
HIKING 101\*

\* subject to change

Grassy Area - Uptown Whittier  
6724 Greenleaf Ave.  
Whittier 90601

For more information  
[info@WhittierUptown.org](mailto:info@WhittierUptown.org) 562-696-2662  
[www.WhittierUptown.org](http://www.WhittierUptown.org)



# Week 3: Kids Hip-Hop Dance