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How to Register - Classes are on a drop-in basis unless noted differently. All classes will begin the week of September 6th after the Labor Day weekend (unless noted differently).

DINNER is offered in the MPR each day 4:45 - 5:15 (3:15 - 3:45 on Mondays) for all students participating in SAFE.

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ADULT COMPUTER BASIC SKILLS - This class will teach survival English AND basic computer skills to parents in a friendly and supportive environment. Begin date the week of 9/14/15.

M T W 7:00 - 9:00 maramirez@seq.org Rm. 241

ATHLETE TUTORING - Tutoring for all Sequoia athletes (mandatory for football, open to all others) to support them in the classroom and provide guidance for classes and prepping for college eligibility, NCAA, etc.

T During Lunch cfarris@seq.org B1/SAC
W 3:45 - 4:45 cfarris@seq.org B1/SAC

AVIATION MAINTENANCE - Students work in small groups directly with certified aviation mechanics to repair and maintain airplanes at San Carlos Flight Center. Interview required. Class limited to 4-5 students. **Begins Spring 2017.**

M 3:00-5:00 tbrand@seq.org San Carlos

AVID TUTORIAL - Focus on providing tutorial support to current AVID students in core subjects.

T 7:30 - 8:30 sskarmoutsos@seq.org Rm. 208
T 3:50 - 4:45 tyeager@seq.org Rm. 250

BADMINTON CLUB - Our friendly badminton community is a great place to meet badminton players of all abilities and learn strategies from the Club Advisor.

T 12:10 - 12:50 stwong@seq.org Gym 2

BASKETBALL - OPEN GYM - Open to all students who would like to play basketball or shoot hoops with their friends.

WF During Lunch dbrand@seq.org Gym 2

BUILD TUTORIAL - Help our students develop their own business ideas, write business plans, pitch to funders and launch real business. Students also receive individualized academic support and advising for their school-work and college planning. **Begins 8/30/16.**

T 4:30 - 5:10 dbliss@seq.org Rm. 261

CERAMICS TUTORIAL - Ceramics open studio provides Ceramics I & II students an opportunity for individualized help, catch-up, glazing, trimming or personal creating time. Snacks, music and laughter!

W 3:45 - 4:45 cwaters@seq.org Ceramic Studio

CHESS CLUB - Our friendly chess community is a great place to meet chess players of all abilities and learn strategies from the Club Advisor.

M/W/Th 12:15 - 12:45 stwong@seq.org Rm. 212

CODING (Techstart) - Learn how to do cool stuff with computers! You can discover more about the program from the instructor.

W Th 3:45 - 5:45 cdodge@seq.org Rm. 241

HEALTH CAREER ACADEMY TUTORIAL - Work with Academy classmates and teachers to complete and refine your class assignments and projects.

W 3:45 - 5:45 amyers@seq.org Rm. LL-5

COLLEGE CLUB - Come and learn what it takes to get to college. Each week we go over an important step in the college process.

Th 3:45 - 5:00 tignaitis@seq.org C&C Center

CONDITIONING - OPEN GYM - Stay in shape for personal satisfaction or after school sports.

M W F 3:45 - 5:45 flauese@seq.org Gym 1/Track
T Th During Lunch flauese@seq.org Gym 1/Track

CREDIT RECOVERY - An opportunity to recover credit in classes needed for graduation. Take classes you may have previously failed or take classes to improve your grade.

T 4:00 - 6:00 jgordon@seq.org Rm. 246

CULINARY ARTS - Develop your cooking skills. Learn about food and nutrition, food safety, and cooking techniques. Start date TBD.

T 3:45 - 5:45 crendon@seq.org New Kitchen

ENGLISH CONVERSATION CLASS - Have fun with games and stories to practice and improve your English. **Begins Spring 2017.**

T 3:45 - 4:45 csterne@seq.org Rm. 237

DANCE TEAM - Provides dancers with an opportunity for self expression as well as an opportunity to show school spirit through the art of dance and performance.

M W(adv) 4:00 - 6:00 khall@scclc.net Dance Studio
T Th(beg) 4:00 - 6:00 aleemartinez021@gmail.com Dance Studio

DRAWING FUNDAMENTALS - Learn the fundamentals of drawing - shading, form, line, shape, composition and expression. **Offered only in the Fall.**

WF 3:45 - 5:45 novasepee@gmail.com Rm. B10

DRIVERS ED - An opportunity to prepare for taking the written Driver's License test administered by the Department of Motor Vehicles. Class limited to 25 students. Daily attendance required.

T W Th 3:50 - 4:50 dbrand@seq.org Rm. LL-2

EL TUTORIAL - Tutoring open to all EL students, with special emphasis on ELD 1-3, Algebra 1 and Geometry.

W TH 3:45 - 4:45 csterne@seq.org (Eng/Math) Rm. 237

HEALTH CAREER ACADEMY TUTORIAL - Work with Academy classmates and teachers to complete and refine your class assignments and projects.

W 3:45 - 5:45 amyers@seq.org Rm. LL-5

HEALTH CONNECTED - Passionate about health promotion and community? Be a Sequoia Peer Health Educator! Educate your Sequoia peers about birth control, safe sex, healthy relationships, and anything else that you think is important!

TH 4:00 - 5:00 bianca@teentalkca.org Tea Garden Conf. Rm.

IB SCIENCE TUTORIAL - Science tutorial ensures success for students who may be having some difficulty in their Science class. Taught by credentialed teachers.

W 3:45 - 4:45 jmgallanes@seq.org Rm. LL-3

LEARNING CENTER - Ongoing homework assistance and regular tutoring available from student and teacher tutors every day that school is in session.

MTWThF 7:15 - 8:15; 3:45 - 5:45 evalencia@seq.org Library

MATH HOMEWORK CLUB - Need help in Math homework? Better understanding in homework equals success in class. Don't wait anymore. Drop in or more assistance in Math.

W 3:45-5:45 stwong@seq.org Rm 212

MATH TUTORIAL - Available for all math subjects in three separate rooms. Teachers: Moaveni, Wong, Yezerski, Bray. Look for the sign in the math wing directing you to the room where the tutorial is being held.

MTWTh 7th Period jyezerski@seq.org Rm. 214

T 3:45-6:45 jyezerski@seq.org Rm 212/213/218

OPEN WEIGHT ROOM - Come on by if you would like to get a good workout before you start your day.

T Th 7:20-8:20am rgoodwin@seq.org Weight Room

PEER MEDIATION - Learn conflict resolution and communication skills to become a peer mediator at Sequoia. Help other students resolve their differences in a peaceful way. Start Date 9/13/16.

T 3:45 - 5:00 wfitzgerald@seq.org TRC

POWER AND SPEED TRAINING - A supervised workout period for all students, targeting students who are not attached to a sport and athletes whose program has no in season or out of season lifting program. Guidance on the basics of proper exercise technique and goal setting will be provided. TWThF 3:45 - 5:45 cnavarrete@seq.org Weight Rm

PROJECT READ COMMUNITY SERVICE - Get community service credit by participating in the Project READ program at the Redwood City Library. Training will be provided and students will be paired with an elementary student who needs help learning to read. Regular commitment required. Limited to 12 students. Start date 9/12/16. M 3:00 - 5:15 mrodriguez@redwoodcity.org RWC Library

ROBOTICS - We will learn how to design, build and program a robot for the 2015 FTC game challenge and then attend at least two competitions. No prior or knowledge is required.

T W 3:45 - 5:30 llarkin@seq.org Rm. 215

SAAP TUTORIAL - Getting homework support and going to other SAFE classes. Start date TBD.

M - F 3:45 - 4:45 evalencia@seq.org Rm. 152

SAFE Drop-In - Open space to work on homework and get familiar with the SAFE program. Also open from 7:15-8:15, during brunch and lunch.

M - F 3:45 - 4:45 evalencia@seq.org Rm. 152

SPANISH TUTORIAL - A place for students in need of support for their Spanish classes to get help, ask questions, and practice their Spanish. All levels welcome from complete beginners to native speakers needing help with accent marks and everyone in between.

W 7:30-8:20 sskarmoutsos@seq.org Rm. 208
Th 3:45-4:45 jcalles@seq.org Rm. 210

STEM CLUB - The STEM club teaches after school science classes in local elementary schools. The club's goal is to pique the interest of a future generation of scientists and give local students access to engaging science learning experiences.

W Lunch jmagallanes@seq.org Rm. LL-3

UPWARD BOUND - Offers after school tutoring and Wednesday workshops geared towards helping high school students prepare for college and careers. Starts 9/19/16.

MTWTh 3:45 - 5:45 rmira@seq.org Rm. 248

YOUTH ADVISORY BOARD - A leadership group open to any Sequoia student. Organize projects and activities that can have a positive impact on the school and community. Make friends while making a difference at Sequoia. Start date 9/14/16.

W 3:50 - 5:00 wfitzgerald@seq.org TRC

3D/CAD - Learn to design and create 3D models using Computer Aided Design software and then print out your design. Search through pre-made designs and print up useful and creative objects.

T 3:45 - 5:45 cdodge@seq.org Rm. 241

SAFE

Sequoia After-school Focused Enrichment

**Academic Tutoring Support
Homework Assistance
Enrichment
2016-2017**



1201 Brewster Avenue
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Staff Contacts

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