

## 2023 Steering Committee:

**Chair: Kalani H.**  
**Co-Chair: Lopaka K.**  
**Treasurer: Darryn D.**  
**Co-Treasurer: Lawrence O.**  
**Registrar: Guy M.**  
**Co-Registrar: Kawika S.**  
**Secretary: Kawika S.**

## 2023 Committee Chairs:

**AI Anon: Sophie H.**  
**Commemoratives: Kalani H.**  
**Set Up/Clean Up: Tyler**  
**Decorations: Gabe B.**  
**Banquet: Gabe B.**  
**Entertainment: Kalani H.**  
**Outreach: Eric M.**  
**Website: Rez**  
**Workshops: Holly E.**  
**Literature: Mikay**

**Experience Life in Paradise Join us  
on the Majestic for a Sunset Dinner  
Cruise, Sunday, March 3 @ 5:30pm**  
**CHECK IN: Aloha Tower Pier 6**  
**301 Aloha Tower Drive, Pier 6**  
**Honolulu, HI 96813**

**Note: Cruise Registration will close  
Saturday March 2, 2024 @ 4pm.**  
**If only Cruise go to: Aloharoundup.com...**  
**Enter email at Registration page, enter personal  
info, and select "Dinner Cruise Only" follow  
instructions for payment. We have the whole boat!  
Three Decks. \$95.00 = Sunset, Dinner, Drinks, DJ.**



**31st Annual - MARCH 1-3, 2024**

**Ala Wai Golf Course – Ball Room**

**404 Kapahulu Ave, 2nd Floor, 96815.**

**Elevator onsite – ADA Compliant**

## ALOHA KAKOU

**Thank you for joining us here in Hawai'i to focus  
on our recovery! This event is the result of twelve  
months of service from our Round-up  
committee— and a Power Greater than  
ourselves. We are grateful to you for sharing your  
experience, strength and hope with us. In this  
spirit, we say "WELINA" and welcome you here  
to share in the magic of recovery and the beauty  
of our islands.**

## THE SERENITY PRAYER - Hawaiian

**God grant me the serenity**

**Na ke akua e ha'awi mai i ka maluhia  
to accept the things I cannot change,  
e'ae mai i na mea i hiki'ole ai ia'u ke ho'ololi,  
the courage to change the things I can,  
ka ikaika e ho'ololi i na mea e hiki ai,  
and the wisdom to know the difference.  
a me ka na'auao e maopopo i ka'oko a.**

## WORKSHOP LEADERS

### Friday, March 1<sup>st</sup> 3:00PM

(A1) Mirror, Mirror on the Wall, Who's the Worst of them All-  
ME: STOP Morbid Reflection – Lee S  
(A2) Sobriety Queen: Various Lengths and Girths: Open Topic –  
Brandon S.  
(A3) Higher Power Financing-Apply Now 0% APR-Economic  
Insecurity Will Leave Us – Alan L  
(A4) AI Anon: Your Spiritual Story – Denize M.

### Friday, March 1<sup>st</sup> 4:00PM

(A1) Break On Through To the Other Side: Spiritual Experiences –  
Kalani H.  
(A2) Thank You Sir, May I Have Another: Finding Gratitude in  
the Game of Life – Bennett Y  
(A3) Coming Out Again: Getting Honest With Myself And Others  
– Brian  
(A4) AI Anon: 5 Guides To Communicate With Your Alcoholic –  
Sophie H.

### Saturday, March 2<sup>nd</sup> 10:00AM

(A1) Speed Stepping (sign up ahead) – Holly E.  
(A2) Fresh Meat: Newcomers Meeting – Char S.  
(A3) Sipping on Sorrow: Grief & Sobriety – Susan R.  
(A4) AI Anon: So I Love an Alcoholic, Now What – Sharon N.

### Saturday, March 2<sup>nd</sup> 11:00AM

(A1) Vibe High Spiritual Principles-White Elephant – Natalie M.  
(A2) Full Disclosure: Sex and Sobriety – Lexi  
(A3) Order of the Sober Dawn: Old Timers Meeting – Joe W.  
(A4) AI Anon: They Need to Hear It, But Not From You – Gayle

### Saturday, March 2<sup>nd</sup> 2:00PM

(A1) AA Jeopardy – Amanda  
(A2) Sitting Pretty With The Crown: Don't Rest on Your Laurels –  
Nalu D.  
(A3) Pray, Pray, Pass: Carrying the Message – Ford S.  
(A4) CMA: Ice Ice Baby – Gerry C.

### Saturday, March 2<sup>nd</sup> 3:00PM

(A1) Guardians of the Galaxy-Guidance From Those Ahead of Us  
– Mark F., Daniel W., Connie F.  
(A2) I Just Can't Get You Out Of My Head: Navigating An  
Obsessive Mind – Kawika S.  
(A3) Me, Myself, And...OH Yea You: Relationships & Sobriety –  
Randy P.  
(A4) AI Anon: Admitting Powerlessness Over Other People's  
Prejudice and Hostility – Melyssa C.

### Sunday, March 3<sup>rd</sup> 10:00AM

(A1) He/Him Meeting – Jim T.  
(A2) She/Her Meeting – LaVada  
(A3) Non-Binary Meeting – Salvador  
(A4) AI Anon: Detaching With Love - Sierra

START	AREA 1 (PANELS)	AREA 2	AREA 3	AREA 4 (AL-ANON)	END
<b>FRIDAY, MARCH 1ST</b>					
<b>REGISTRATION OPENS @ 12 PM</b>					
3:00 PM	Mirror, Mirror On The Wall, Who's The Worst Of Them All - ME: Stop Morbid Reflection	Sobriety Queen: Various Lengths and Girths: Open Topic	Higher Power Financing-Apply Now- 0% APR-Economic Insecurity Will Leave Us	Al Anon: Your Spiritual Story	3:50 PM
4:00 PM	Break On Through To The Other Side: Spiritual Experiences	Thank You Sir, May I Have Another: Finding Gratitude in the Game of Life	Coming Out Again: Getting Honest With Myself And Others	Al Anon: 5 Guides To Communicate With Your Alcoholic	4:50 PM
5:00 PM	<b>BREAK</b>				6:30 PM
6:30 PM	<b>WELCOME TO HAWAI'I with – Maka Ona</b>				7:30 PM
7:40 PM	<b>E KOMO MAI – WELCOME, OLI – CHANT, Kumu Brad Lum</b>				~
7:45 PM	<b>WELCOME MEETING: SPEAKER MEETING: Kauai P. Pearl City, HI (Al Anon) &amp; Bill H. Kapa'a, HI (AA)</b>				9:00 PM
<b>SATURDAY, MARCH 2ND</b>					
7:30 AM	Beach Front Conscious Contact: Doug		Location: Next to Banyan Tree at Entry of Kapiolani Park		8:30 AM
9:00 AM	Morning Sound Healing Meditation		Location: Ala Wai Golf Course: Ballroom		9:45 AM
10:00 AM	Speed Stepping (Sign up ahead required, 24 ppl only )	Fresh Meat: Newcomers Meeting	Sipping on Sorrow: Grief In Sobriety	Al Anon: So I Love Alcoholics, Now What	10:50 AM
11:00 AM	Vibe High-Spiritual Principles-White Elephant Style	Full Disclosure: Sex and Sobriety	Order Of The Sober Dawn: Old Timers Meeting	Al Anon: They Need To Hear It, But Not from You	11:50 AM
12:00 PM	<b>BREAK</b>				2:00 PM
2:00 PM	AA Jeopardy	Sitting Pretty With The Crown: Don't Rest on Your Laurels	Pray, Pray, Pass: Carrying the Message	CMA: Ice Ice Baby	2:50 PM
3:00 PM	Guardians Of The Galaxy- Guidance From Those Ahead of Us	I Just Can't Get You Outta My Head: Navigating An Obsessive Mind	Me, Myself, And...Oh Yea, You: Relationships and Sobriety	Al Anon: Admitting Powerlessness Over Other People's Prejudice And Hostility	3:50 PM
4:00 PM	<b>BREAK</b>				5:30 PM
5:30 PM	<b>ISLAND STYLE DINNER (L&amp;L Restaurant: 1st Floor)</b>				7:00 PM
7:15 PM	<b>SOBRIETY COUNTDOWN</b>				9:00 PM
<b>SATURDAY NIGHT SPEAKER MEETING: Darweshi H. Makaha, HI (AA)</b>					
<b>SUNDAY, MARCH 3RD</b>					
7:30 AM	Beach Front Conscious Contact: Doug		Location: Next to Banyan Tree at Entry of Kapiolani Park		8:30 AM
9:00 AM	Somatic Release Breathwork with Holly E.		Location: Ala Wai Golf Course: Ballroom		9:45 AM
10:00 AM	He/Him Meeting	She/Her Meeting	Non-Binary Meeting	Al Anon: Detaching With Love, What Does That Mean In Our Relationships	10:50 AM
11:30 AM	<b>SUNDAY SPEAKER MEETING: Joyce D., Oahu HI (AA) &amp; Kelly C. Hollywood, CA (AA)</b>				1:00 PM
1:00 PM	<b>Farewells &amp; Aloha: A Hui Hou!</b>				1:30 PM
1:30 PM	<b>BUSINESS MEETING for ALOHA ROUND UP 2023</b>				3:00 PM