



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

MARION FAMILY YMCA COVID-19 RELATED HEALTH PROTOCOLS

As of May 3, 2021

Our top priority in operating Marion's YMCA is to do so in a way that, to the best of our ability, protects the health of our staff, our members and the community at large.

As of May 3, 2021, these are our COVID-19 related health protocols. These follow the most recent State of Ohio Director's Health Order and CDC guidelines. These protocols are subject to change.

MASK POLICY

Masks are required in the Y building for members, visitors, guests, participants, vendors and others who enter the building. Mask must be cloth and completely cover your nose and mouth; and otherwise meet CDC guidelines. Exceptions are:

- Under the age of 10;
- When actively exercising in Wellness Center, Gyms, Family Wellness Center, Track & while on designated spot in a Group Exercise Class
- In the pools

Masks are continued to be required when you're not exercising including in the locker rooms.

BUILDING ENTRY AND EXIT

- We ask that you stay home if you're not feeling well or have been exposed to COVID-19 and you're not fully vaccinated.
- By entering the building, you are acknowledging that you are assuming the risk of exposure to communicable diseases including COVID19.
- Everyone must use hand sanitizer upon entry. There are two stations in the lobby.
- Members must scan in at the Service Center upon entering the Y and scan out either in the lobby or the Wellness Center upon exiting.
- Guests & visitors must check-in at the Service Center.
- Our Wellness Center emergency exit door is available as an exit.
- In June, 2020 we implemented a new member, guest and visitor waiver. All adult members, program participants and guests were required to sign this. If you are a new member or visiting as a guest or program participant for the first time, you'll need to sign it before using the Y. Minors (under the age of 18) must have a parent or legal guardian sign it on their behalf.

SOCIAL DISTANCING, CLASS SIZE AND RESERVATIONS

- We ask everyone to maintain at least 6 feet from others who aren't part of your household.
- Group Exercise Classes have designated spots on the floor for each participant.
- Class sizes are limited to ensure participants can maintain space from each other.
- **Reservations are required** for Group Exercise classes, Water Fitness classes, lap swimming, Independent Adult Exercise in the Small Pool, Family Swim, and Child Watch.

- Our reservation website is <https://groupexpro.com/schedule/873/?view=responsive>
- If you make a reservation and no show more than two times in a three-month period, you'll be charged \$3 per missed reservation. If you can't make a reservation, please cancel it at least two hours prior to the reservation time.
- You can make reservations through our app Marion Family YMCA Connect, from our website on the Hours & Schedules page or call 740-725-9622.

EQUIPMENT USE

- Members must bring their own exercise mat to Group Exercise classes.
- We encourage you to bring your own basketball for Open Gym, but we have a limited number of balls available for members' use.
- We encourage you to bring your own pickle ball equipment, but we have limited pickle ball supplies for members' use.
- In the Wellness Center, Family Wellness Center and Group Exercise classes: We provide you with your own bottle of cleaner and a towel to clean your exercise equipment before and after use. Please spray the towel and then wipe equipment; don't spray directly on the equipment.

BUILDING AND EQUIPMENT CLEANING

- In the Wellness Center, Family Wellness Center and Group Exercise classes: We provide you with your own bottle of cleaner and a towel to clean your exercise equipment before and after use. Please spray the towel and then wipe equipment; don't spray directly on the equipment.
- Staff clean and disinfect commonly touched surfaces throughout the day.
- You can also help by washing your hands frequently.
- We have an experienced janitorial crew to clean & disinfect overnight.

LOCKER ROOMS & RESTROOMS

- Please pay attention and remain 6 feet from others in the locker rooms and shared restrooms.
- Masks are required in the locker rooms except when showering or performing facial hygiene.
- Please wash your hands before and after using a day use locker.
- Rental lockers are available for \$5.00 a month.
- The saunas and steam rooms are closed.

W. KEITH DAVIS NATATORIUM

- Both the **8 Lane Pool** and **Small Pool** are open following a published schedule. Please see our app Marion Family YMCA Connect, our website marionymca.org, or a paper copy from our lobby for the current pool schedule.
- Reservations are required for lap swimming, independent adult exercise and family swim. You can make a reservation through our app Marion Family YMCA Connect, our website or call 740-725-9622.
- All classes require advanced registration. You may register at the Service Center, through our app or through our website.
- Times on the schedule designated as "Adult" are for members & guests age 18 or older.
- Open Swim doesn't require a reservation.

- **Hot Tub**

The hot tub is open when the Small Pool is open (see Small Pool schedule) without reservations. We're asking that members self-monitor and adhere to these rules:

- Must be at least 18 years or older.
- Limit of 15 minutes
- Limit of 2 people at a time
- Maintain 6 feet from the other person

GROUP EXERCISE CLASSES

- Land Group Exercise classes are free to members.
- You must make a reservation in advance (see reservation section above).
- You must bring your own floor / exercise mat.
- During the class you'll have your own bottle of cleaner and towel. Please spray the towel and then wipe down your equipment before and after use.
- Each Aerobics Studio is marked for your workout spot to ensure social distancing. You may remove your mask once you're on your spot and start exercising.
- Water classes require registration and include an additional fee. You can register at the Service Center or through our website marionymca.org. Class sizes are limited to ensure social distancing. Please wear your mask onto the pool deck.

CHILD WATCH

- Child Watch is open during scheduled times by reservation.
- Please see the separate Child Watch flyer for details on Child Watch health protocols.

PROGRAMS, CHILD CARE, YOUTH SPORTS, CAMP, SWIMMING LESSONS

- We're offering most of our traditional Y programs including swimming lessons.
- Each program area continues to follow our general health protocols as well as program specific protocols. Please see program informational flyers or inquire at the Service Center for program specific health protocols.

MARION FAMILY YMCA CONNECT APP AND VIRTUAL FITNESS CLASSES

- Virtual Group Exercise classes are available for members through a private Facebook Group. You can join the group by searching for Marion Family YMCA Fitness on Facebook and requesting to join. It may take two business days to be approved.
- Our mobile app is called Marion Family YMCA Connect and is free for members. This app includes workouts, videos, and an entire community with which to connect.
 - Members will receive an activation email. If you haven't received an email yet, let us know and we'll send it again.
 - Add your barcode to the app for quick check in from your cell phone.
 - The app includes all facility area schedules and is the best way to stay up to date on pool schedules, Group Exercise classes and more.
 - Use the app to link directly to our reservation website.