

The Promenade Dance Sport Facility



OCTOBER 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 6:30pm Zumba Class 8-9:30pm Private Virtual Class	2 Fri Night Dance 7pm Am Beg. Club Swing 7:30pm Am Int ChaCha 8-9:30pm Dance	3
4 Sun Tea Dance 1pm Amer Interm Rumba 1:45-3:30pm Dance	5	6 7pm Beginner Amer Waltz & Rumba 7:45pm Tech. Rise & Fall	7 7pm Interm Intl Waltz 7:45pm Interm Intl Tech. Rise & Fall Timing	8 6:30pm Zumba Class	9 Fri Night Dance 7pm - Am Beg. Foxtrot 7:30pm Am Int Waltz 8-9:30pm Dance	10
11 Sun Tea Dance Sun Tea Dance 1pm Amer Interm Rumba 1:45-3:30pm Dance	12	13 7pm Beginner Amer. Foxtrot & Swing 7:45pm Tech. Samba bounce action	14 7pm Interm Intl Waltz 7:45pm Interm Intl Tech. Natural Turns & Reverse Turns	15 6:30pm Zumba Class	16 Fri Night Dance 7pm Am Beg. Merengue 7:30pm Am Int Samba 8-9:30pm Dance	17
18 Sun Tea Dance Sun Tea Dance 1pm Amer Interm Rumba 1:45-3:30pm Dance	19	20 7pm Beginner Merengue & Salsa 7:45pm Tech. Swing & Sway	21 7pm Interm Intl Waltz 7:45pm Interm Intl Tech. Body position & space	22 6:30pm Zumba Class	23 Fri Night Dance 7pm Am Beg. Waltz 7:30pm Am Int QuickStep 8-9:30pm Dance	24
25 Sun Tea Dance Sun Tea Dance 1pm Amer Interm Rumba 1:45-3:30pm Dance	26	27 7pm Beginner Club Swing & Foxy 7:45pm Tech. EC Swing— Swing action	28 7pm Interm Intl Waltz 7:45pm Interm Intl Tech. Swing & Sway	29 6:30pm Zumba Class	30 Fri Night Dance 7pm Am Beg. Foxtrot 7:30pm Amer. Int Samba 8-9:30pm Dance	31
1 Sun Tea Dance Sun Tea Dance 1pm Amer Interm 1:45-3:30pm Dance	2	3 7pm Beginner Class 7:45pm Technique Class	4 7pm Interm Intl 7:45pm Interm Intl Tech.	5 6:30pm Zumba Class	6 Fri Night Dance Fri Night Dance 7-8pm Classes 8-9:30pm Dance	7

We've started our Sunday Afternoon Tea Dance and Fri Night Dance!

We've started our Sun Afternoon Tea Dance on Sun 07/19/2020 and it's a successful dance!
We've started our Fri Night Dance on Fri 07/31/2020 and it's a going well! Thank you!!

Pre-COVID Capacity: 250
COVID Capacity: 100
Current Limit: 50

Our New Promenade eMail Address: PromenadeDSF@Outlook.com

Please send us an email if you would like to be added onto our Weekly e-mail List!!!

For Private Lessons:

Please contact us at PromenadeDSF@Outlook.com, 410-277-0234, or text us at 202-630-1068.