World Kindness Day: Celebrating Compassion and Connection

Main Focus: **Bullying Prevention/Kindness**
Grade Level: **Secondary**
Target Audience: **Student Body**

Prep Needed: Make a “Kindness Jar” and cut colored paper into note-size pieces.
Time Required to Complete: 1 week
Materials Needed: Colored Paper, Large Jar
Example:



Meet with your Peer Helpers to organize a week of kindness in celebration of World Kindness Day on November 13. Begin by cutting pieces of colored paper into smaller sizes that can fit into a “Kindness Jar.”

Kick off the week with a morning announcement from one of your Peer Helpers, discussing the importance of practicing kindness every day. Encourage students and staff to share their personal stories of compassion and acts of kindness on the colored pieces of paper. Designate a central location to place the “Kindness Jar” for collecting these stories.

Throughout the week, allow your Peer Helpers to select one or more stories to share during the morning announcements. Encourage every student to perform at least one act of kindness each day, such as helping a classmate, giving a compliment, or writing a thank-you note to a staff member.
Conclude the week by asking the student body to reflect on what they learned about kindness and how they plan to continue spreading it beyond World Kindness Day. To encourage participation, consider drawing a few names from the submissions in the “Kindness Jar” for a door prize!

Shared by Florence Middle School - Florence City Schools

peerhelpers PLUS
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