

# National Educational and Health Awareness Dates 2025 - 2026

## AUGUST 2025

8..... Happiness Happens Day

## SEPTEMBER 2025

Attendance Awareness Month  
 Children's Good Manners Month  
 Hispanic Heritage Month (Sept. 15 – Oct. 15)  
 Self-Improvement Month  
 Suicide Prevention Awareness Month

8..... International Literacy Day  
 7..... Grandparents Day  
 7-13..... National Suicide Prevention Week  
 10..... World Suicide Prevention Day  
 13..... Positive Thinking Day  
 15-19..... Start With Hello Week  
 16-20..... Malnutrition Awareness Week  
 17..... National School Backpack Awareness Day  
 20..... World Clean-Up Day  
 21..... International Day of Peace  
 27..... Family Health & Fitness Day  
 28..... Good Neighbor Day

## OCTOBER 2025

Bullying Prevention Month  
 Crime Prevention Month  
 Domestic Violence Awareness Month  
 Health Literacy Month  
 National Depression and Mental Health Screening Month  
 Positive Attitude Month

1..... Walk to School Day  
 3..... World Smile Day  
 5..... World Teacher's Day  
 5-11..... Mental Illness Awareness Week  
 6..... Child Health Day  
 9..... National Depression Screening Day  
 10..... World Mental Health Day  
 15..... Unity Day/Stop Bullying Day  
 19-25..... America's Safe Schools Week  
 20-24.... National Health Education Week  
 20-24.... National School Bus Safety Week  
 23-31.... Red Ribbon Week (Drug-Free America)

## NOVEMBER 2025

Military Family Appreciation Month  
 National Career Development Month  
 National Homeless Youth Awareness Month  
 Native American Heritage Month

8-16..... National Hunger and Homelessness Awareness Week  
 13..... World Kindness Day  
 16..... International Day for Tolerance  
 17-21..... American Education Week  
 20..... Great American Smokeout  
 20..... National Parental Involvement Day  
 22..... Survivor Day – International Survivors of Suicide Loss  
 28..... Native American Heritage Day

## DECEMBER 2025

National Impaired Driving Prevention Month  
 Seasonal Affective Disorder Awareness Month

2..... Special Education Day  
 3..... International Day of Persons with Disabilities  
 5..... Communicate with Your Kids Day  
 5..... International Volunteer Day

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## JANUARY 2026

Get Organized Month  
National Mentoring Month  
National Human Trafficking Month  
National Thank You Month  
Get a Balanced Life Month  
Teen Driving Awareness Month

1..... Global Family Day  
11..... National Human Trafficking Awareness Day  
19..... Martin Luther King, Jr. Day  
28..... Data Privacy Day

## FEBRUARY 2026

African American History Month  
Career and Technical Education Month  
International Boost Self-Esteem Month  
National Children's Dental Health Month  
Teen Dating Violence Awareness and Prevention Month

1..... National Freedom Day  
10..... International Safer Internet Day  
15-21..... Random Acts of Kindness Week  
23-27..... National Eating Disorders Awareness Week

## MARCH 2026

Music in Our Schools Month  
National Nutrition Month  
Youth Art Month

1..... Self-Injury Awareness Day  
3..... Read Across America Day/Dr. Seuss's Birthday  
3-7..... National School Breakfast Week  
9-15..... Sleep Awareness Week  
12..... No Smoking Day  
17-23..... National Drug and Alcohol Facts Week

## APRIL 2026

Alcohol Awareness Month  
Child Abuse Prevention Month  
Community Service Month  
Keep America Beautiful Month  
Sexual Assault Awareness and Prevention Month

1..... Sexual Assault Awareness Day of Action  
2..... Children's Day/Book Day  
7..... World Health Day  
9..... National Alcohol Screening Day  
12..... D.E.A.R. Drop Everything and Read Day  
19-25..... National Volunteer Week  
22..... Earth Day  
27-5/1.... National Youth Violence Prevention Week

## MAY 2026

Asian-Pacific American Heritage Month  
Mental Health Month  
Military Appreciation Month  
National Physical Fitness and Sports Month

4-10..... Screen Free Week (TV Turnoff Week)  
7..... Children's Mental Health Awareness Day  
31..... World No Tobacco Day