Start With Hello: Hey Day!

Main Focus: **Bullying Prevention/Kindness**
Grade Level: **Elementary/Secondary**
Target Audience: **Student Body**

Prep Needed: Create an announcement for students, faculty, and staff
Time Required to Complete: 1 day
Materials Needed: Name Tags
Example: Download Sample Letter



Purchase enough name tags for each student and faculty/staff member. Send out a letter or email to all faculty and staff, and make a morning announcement to explain the goal for the day.

The Peer Helpers will deliver the name tags to each classroom at the beginning of the day, where teachers will distribute them to every student. Everyone should write their first name on the tags and wear them throughout the day.

Challenge everyone to say hello to someone new and learn the name of someone they don't already know. This is a wonderful way to make connections, spread kindness, and make everyone feel seen!

Shared by Hayden High School - Blount County Schools

peerhelpers PLUS
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