



The NJSSA Pulse

February 27, 2026

NJSSA NEWS

[Secure Your Spot Today at the NJSSA Annual Meeting!](#)

Registration is now open for NJSSA's 66th Annual Meeting on Saturday, March 21 at the Hyatt Regency New Brunswick.

The overall purpose of this activity is to educate our attendees about equity and diversity in healthcare delivery, and the leadership role anesthesiologists can play to ensure the delivery of equitable care in their communities and health care setting.

Take this opportunity to connect with fellow members, expand your knowledge, and stay at the forefront of the anesthesiology field.

Learn more about the conference [here](#) and register for the conference [here](#).

View sponsor and exhibitor opportunities [here](#).

Calling All New Jersey Anesthesia Residents!

Showcase your research at the 66th NJSSA Annual Meeting!

Present your research or a medically challenging case for a chance to win \$250 and gain recognition among industry leaders.

Winners of the e-poster competition will be announced at the conclusion of the Annual Meeting.

Submit your abstract by March 6!

Learn more about the poster competition and submit your abstracts [here](#).

We're Moving!

NJSSA is moving offices, and our new address is **428 Riverview Plaza, Trenton, N.J. 08611**. This address change will be reflected on NJSSA's website, handouts, and mailings. All other forms of contact (i.e. phone number, email, fax number) will remain the same.

For questions or concerns, please reach out to Alexis Bailey at abailey@njpsi.com. Thank you for your support and patience during this time.

AMERICAN SOCIETY OF ANESTHESIOLOGY NEWS

Calling Medical Students, AA Students, Residents and Fellows, The American Society of Anesthesiologists invites you to submit an abstract to present at LEGCON 2026.

Abstracts should emphasize advocacy and policy initiatives that enhance patient safety and bolster the specialty.

Submit your abstract before March 1. Applicants who are selected will be notified by ASA before the end of March 2026.

[Submit Today](#)

INDUSTRY NEWS

[Carbetocin vs. Oxytocin For the Prevention of Uterine Atony During Cesarean Delivery](#)

International Journal of Obstetric Anesthesia

This retrospective before and after cohort study at a single academic center evaluates the comparative effectiveness of oxytocin and carbetocin for routine prophylaxis against postpartum hemorrhage during cesarean delivery. [Read More](#)

[Perioperative Esketamine May Improve Postoperative Pain and Mood Outcomes After Cesarean Section](#)

2 Minute Medicine

Postoperative pain following cesarean section is common and closely linked to inflammation, anxiety, depression, sleep disturbance and central sensitization. This single-center, randomized, double-blind, placebo-controlled trial evaluated whether perioperative esketamine improves

postoperative pain and related outcomes in women undergoing elective cesarean delivery under combined spinal-epidural anesthesia. [Read More](#)

Association of Patient-Reported Substance Use and Postoperative Pain

Regional Anesthesia & Pain Medicine

This prospective cohort study investigates how preoperative substance use, measured using the Tobacco, Alcohol, Prescription medication and other Substance use Questionnaire, relates to postoperative pain trajectories in adults undergoing common surgical procedures. [Read More](#)

Lateral Atlantoaxial Joint Steroid Injections

Pain Medicine

Intra-articular injection of the lateral atlantoaxial joint is used for occipital pain; however, limited literature exists on technique demonstration, adverse event reporting and real-world clinical outcomes. This study was designed to characterize procedural technique, describe clinical outcomes and report subsequent cervical fusion rates following lateral atlantoaxial joint injections. [Read More](#)

Benefits in Adults Allowed To Drink Clear Liquids Before Anaesthesia Until Called To the OR

European Journal of Anaesthesiology

Liquid fasting periods frequently exceed current recommended limits, contributing to unnecessary patient discomfort. This prospective, randomized, controlled pilot trial enrolls 174 low aspiration risk adults at a single academic center in Germany to evaluate the feasibility and patient centered benefits of three preoperative liquid fasting strategies. [Read More](#)

LEGISLATIVE UPDATE

In the last newsletter, we shared the update that Gov. Murphy terminated Executive Order 112 (signed back in 2020) which relaxed the scope of practice rules during the public health emergency from COVID-19. Under this Executive Order, APNs were able to practice independently without the prior collaborating physician agreement requirements. It's something that NJSSA, as part of the Access to Care Coalition, has consistently advocated to end. As one of his last acts leaving office, he terminated the order, with the effective end date in 30 days intended to allow APNS ample time to wrap up any COVID-era emergency exceptions that may still be utilized. Simultaneously, the bill we've tracked for sessions which would allow for APN independent practice has been re-introduced this session in the Senate ([bill S-2996](#)) and was heard for Discussion Only in the Senate Health, Human Services and Senior Citizens Committee on February 9. NJSSA was well-represented at the committee by NJSSA President, Dr. Colavita, and Incoming President, Dr. Lapicki who both testified in opposition to the bill. To make a contribution and pledge your support to the NJ Anesthesia PAC, please click [here](#).

Since our last update, Gov. Sherrill extended the executive order allowing for APN independent practice for 45 days and it now expires at 5:00 p.m. on April 2. The full executive order is available [here](#).

DUES & RENEWALS

As the driving force behind safe, quality patient care, you demonstrate extraordinary skill, compassion, and dedication every day. And you're even

stronger when backed by your powerful anesthesiology community.

It's your time to shine as a specialty or practice leader, individual mentor, powerful advocate, or whatever you decide. The possible career trajectories are nearly endless, and ASA and NJSSA are ready to support them all.

Further your own — and the specialty's — mission

- Every voice makes a difference — join in as we continue to fight against attacks on the physician-led care model by private insurers
- Protect your financial sustainability by standing up to ongoing payment challenges such as proposed time limits, removing payments for complex patients, and other policies that prioritize insurer profits over safe patient care

Step into new opportunities

- Fine-tune your ability to lead, motivate, and influence through programs created jointly by ASA and recognized leadership experts
- Become a Fellow of the American Society of Anesthesiologists® (FASA®) — adopt one of our highest designations to communicate your commitment to your patients, practice, and the specialty

Embrace lifelong learning

- Stay current with free MOCA® Minute and Anesthesiology® journal CME, as well as deep discounts on every ASA title
- Streamline your practice and promote the value you provide with quality initiatives and practical resources such as guidance for RFP responses

Renew today and remain engaged and active in ASA and NJSSA.

→ [Stay connected with ASA right from your phone — sign up for text updates.](#)

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New Jersey State Society of Anesthesiologists

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