

Teacher/Staff Appreciation Day… (Day/Date)!!

Sign up for YOUR time to be pampered. It is so important to make time for yourself. You will relax and recharge to take on the rest of your day and learn things you can do for yourself to repeat the experience.

**The cost to you…absolutely nothing! The value to you…absolutely priceless!**

## SIGN UP FOR YOUR 30 MINUTE SESSION

Please select your desired appointment time. Up to 8 in each session!

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