

THE NAN PROJECT BRINGS A SERIOUS LIGHT TO SERIES GLORIFYING SUICIDE



[The NAN Project](#) (TNP) is currently filming a video that addresses several of the “misportrayals” seen in the Netflix series [13 Reason Why](#). Recognizing that many young people will watch and be influenced by the Netflix production, The NAN Project is taking this opportunity to create a video that will help guide the discussion around mental health challenges and suicide. TNP

believes it is important to deliver an honest and careful depiction of the very serious issues surrounding suicide, many of which are not accurately painted by the series, such as suicide being an act of revenge. With TNP Peer Mentors scripting, producing and acting in the production, TNP’s 13 Reasons helps dispel the messaging of the Netflix series that glorifies suicide, discounts helping adults and ignores mental health as a risk factor.

The NAN Project’s response to **13 Reasons Why We Need to Talk About Suicide** looks at risk factors such as depression, anxiety, bullying, LGBTQ issues and others. The video then moves into vignettes that focus on help and protective factors, concluding with a message of hope. Our intent is not to offer all the answers, but to steer the conversation and give young people some strategies to address mental health concerns in a supportive and proactive way. Airing this fall in classrooms, workshops and youth groups, the TNP video will be further enhanced by a follow up discussion led by TNP Peer Mentors. TNP will work with DMH, local schools and the community to promote mental health awareness and suicide prevention through this peer-led project.