

Dear GPAGS Family,

Considering the recent murders of Tony McDade, Nina Pop, Breonna Taylor, Sean Reed, Ahmaud Arbery, and George Floyd and the countless other names that belong on this list, it is imperative that we acknowledge the historic and present-day racial injustices and oppression that permeates our society.

To the Black students and trainees, we recognize the immeasurable amount of racial trauma that occurs when you continue to witness the harassment and violence towards your community and your bodies. We also realize that the aforementioned is occurring while you are also navigating the responsibilities you have as a student, researcher, and a clinician during COVID-19. What you are doing is beyond exhausting, and we hope that you are taking time to rest and heal. You should not have to live in a world in which you have to demand basic human rights. You deserve dignity. You deserve respect. You deserve to heal. Black Lives Matter. Black Queer Lives Matter. Black Trans Lives Matter. Your life matters. We see you and commit ourselves to doing the work to uproot anti-blackness and white supremacy within our field and society. Please reach out if you need any support from us. Our committee is here and ready to support you.

To the rest of our family, we encourage you to join our commitment to fight the good fight. It is especially important that we offer more than just statements. We must commit ourselves to becoming anti-racist, to ensure that we do not continue the ongoing suffering and inhuman treatment of Black folx. As we educate ourselves, we must also commit to action. As students, we have to do this work within ourselves, the classrooms, through research, and within the therapy room.

Below, you will find some resources to get you started on your journey, as well as action steps that you can take now to stand with Black folx in solidarity.

Resources for Black People:

- [Resource document including podcasts, meditations, and other helpful information](#)
- [Self-Care Strategies for Black Clinicians: Managing Racially-Based Stressors](#)

Resources for non-Black People:

- [A Timeline of Events that Led Up to the 2020 'Fed Up' rising](#)
- [Resources for non-Black people to learn and talk about race and racism](#)
- [75 things non-Black people can do for racial justice](#)
- [Harvard's free Implicit Bias Test](#)
- [Phill Branch \(aka Phill Boogie\) "On Ahmaud"](#)
- [The Case for Reparations by Ta-Nehisi Coates](#)
- [Anti-racism resources](#)
- [Book List provided by Charis Books and More](#)
- [Seeing White Podcast](#)
- [Code Switch Podcast: A Decade of Watching Black People Die](#)
- [Intersectionality Matters](#)
- [YouTube: How to be an Ally](#)
- [YouTube: Sometimes you're a caterpillar](#)

Please also consider joining the GPA Diversity Directorate in their efforts. To join the Directorate, please contact any of the following

Dr. Adriana Flores, Chair of Psychology of Women and Girls, at adriana@dunflo.com

Dr. Sophia Aguirre, Incoming Chair (on 7/1/20) of Ethnic and Minority Affairs,
at sophia@sophiaaguirrephd.com

Dr. Speshal Walker, Current Chair of Ethnic and Minority Affairs, at speshal.walker@gmail.com

Dr. Carly Hanks, Chair of Gender and Sexual Diversity, at cwhanks113@gmail.com

The Directorate will have a ZOOM meeting on June 10th at 4:30pm to discuss how to proceed with support and advocacy for racial equity. It would be wonderful if members GPAGS could collaborate.

In solidarity,

Shawntell N. Pace, M.Ed., Chair-Elect
Ecclesia Holmes, M.S., Advocacy Chair
Mary A. Fernandes, M.A., BOD Liaison
Sharlene Fernandes, MA, Secretary
Steve Fogleman, PhD, Chair