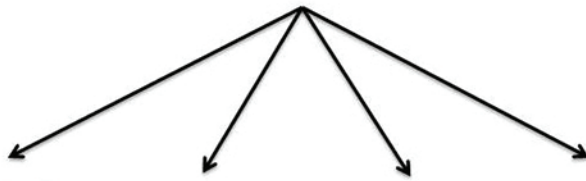


PROGRAM PROGRESSION

PROGRESSIVE 1 PROGRAM



Option 1:
(increase volume)

Increase the # of sessions in the Progressive 1 program

Option 2:
(increase intensity)

Move to *Advanced Progressive 1* or *Mini Tennis Team*
[Head Coach recommendation required*]

Option 3:

Move to *Progressive 2* program
[Head Coach recommendation required - age restricted*]

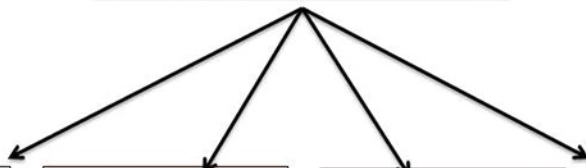
Option 4:
(increase intensity)

Move to High-Performance *Futures Team* program
[Progressive Tennis Director recommendation required**]

**Any questions pertaining to transitions through the programs please contact your head coach;

PROGRAM PROGRESSION

PROGRESSIVE 2 PROGRAM



Option 1:
(increase volume)

Increase the # of sessions in the Progressive 2 program

Option 2:
(increase intensity)

Start 1 hour private or semi-private sessions once per week

Option 3:
(increase level)

Move to *Advanced Progressive 2* or *Progressive 3* program
[Head Coach recommendation required - Progressive 3 age restricted*]

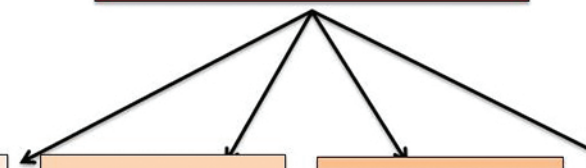
Option 4:
(increase level)

Move to High-Performance *Futures* or *Champions Team* program
[Progressive Tennis Director recommendation required**]

*Recommendation: Start playing ACE Rookie tournaments***

PROGRAM PROGRESSION

PROGRESSIVE 3 PROGRAM



Option 1:
(increase volume)

Increase the # of sessions in the Progressive 3 program

Option 2:
(increase intensity)

Start 1 hour private or semi-private sessions once per week

Option 3:
(increase level)

Move to *Advanced Progressive* or *High School* program
[Head Coach recommendation required*]

Option 4:
(increase level)

Move to High-Performance *Champions Team* program
[Progressive Tennis Director recommendation required**]

*Recommendation: Start playing ACE Rookie tournaments***