



Located at Cedar Springs Club

# OFFICIAL PARTNERS

**ACE has entered into a partnership with Omni Health and Rehab Center.**

**ACE players will benefit from:**

**Quality Care** - Omni's therapists are skilled and continue to refine those skills through multiple certifications and continuing education in the latest evidenced based treatments, movement screening and rehabilitation techniques.

**Access** - The convenience of Omni being located at Cedar Springs Club is a huge advantage, and ACE players will have priority access to appointments.

**Communication** - In regards to the treatments recommendations and follow up of ACE athletes there will be ongoing communication between Omni, ACE coaches and parents.



**Dr. Anil Kaushal B.Sc (Hons), D.C, Dip. Ac.  
Owner / Clinical Director**

*"At OMNI Health and Rehab, we treat sports injuries while looking at the big picture. We take your goals into consideration as well as the physical demands of your unique position in the sport. We employ the latest research and return-to-play guidelines to ensure that you return as soon as possible with minimal risk of re-injury."*

*"Our comprehensive sports rehab program includes physiotherapy, sports specific exercise, chiropractic, acupuncture and massage therapy. Our private rehabilitation studio will allow you to test your strength and simulate a return-to-play that allows us to monitor and assess your progress."*

**Dr. Kaushal will provide Functional Movement Screening for players in the ACE National Team program.**

*"We will be conducting movement screening of your high performance athletes in order for us to gather baseline data on how the player moves. In the unfortunate event that a player is injured, we will then already have knowledge of their specific mechanics and can use that to help direct treatment more efficiently. We will also use the screen as an opportunity to note errant movement patterns, muscle compensation and general movement capacity to make possible training/fitness recommendations to the coaches."*

**An athletes body faces different demands than the average patient.  
Sports injuries are unique and the rehab that follows these  
injuries needs to be uniquely tailored as well.**

