

## Fullness of Life in Christ

<sup>6</sup> As you therefore have received Christ Jesus the Lord, continue to live your lives<sup>[a]</sup> in him,  
<sup>7</sup> rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving.

<sup>8</sup> See to it that no one takes you captive through philosophy and empty deceit, according to human tradition, according to the elemental spirits of the universe,<sup>[b]</sup> and not according to Christ.  
<sup>9</sup> For in him the whole fullness of deity dwells bodily, <sup>10</sup> and you have come to fullness in him, who is the head of every ruler and authority. <sup>11</sup> In him also you were circumcised with a spiritual circumcision,<sup>[c]</sup> by putting off the body of the flesh in the circumcision of Christ; <sup>12</sup> when you were buried with him in baptism, you were also raised with him through faith in the power of God, who raised him from the dead. <sup>13</sup> And when you were dead in trespasses and the uncircumcision of your flesh, God<sup>[d]</sup> made you<sup>[e]</sup> alive together with him, when he forgave us all our trespasses, <sup>14</sup> erasing the record that stood against us with its legal demands. He set this aside, nailing it to the cross. <sup>15</sup> He disarmed<sup>[f]</sup> the rulers and authorities and made a public example of them, triumphing over them in it.

<sup>16</sup> Therefore do not let anyone condemn you in matters of food and drink or of observing festivals, new moons, or sabbaths. <sup>17</sup> These are only a shadow of what is to come, but the substance belongs to Christ. <sup>18</sup> Do not let anyone disqualify you, insisting on self-abasement and worship of angels, dwelling<sup>[g]</sup> on visions,<sup>[h]</sup> puffed up without cause by a human way of thinking,<sup>[i]</sup> <sup>19</sup> and not holding fast to the head, from whom the whole body, nourished and held together by its ligaments and sinews, grows with a growth that is from God.

Colossians 2:6-19