



Penn Central Conference presents
Mid-Winter Clergy Sabbath
"Peace in the Balance"
January 21-23, 2020
Harrisburg, PA

"Peace I leave with you; my peace I give to you. I do not give to you as the world gives. Do not let your hearts be troubled, and do not let them be afraid." ~ John 14:27

AGENDA

Tuesday, January 21

10:00 - 11:00	Registration	Table outside of PA Ballroom
11:00 - 12:00	Opening Worship	PA Ballroom
12:00 - 1:30	Lunch	Dog and Pony Restaurant
1:30 - 2:30	Grounding Session: "Balance in Transition" <i>Led by Scott Watts</i>	PA Ballroom
2:30 - 4:00	Session: "Acknowledging Our Need" <i>Led by Jill Peters and Maggie Wellert</i>	PA Ballroom
4:00 - 6:00	Fellowship and Chaplain Connections	On your own
6:00 - 7:30	Dinner	Salon B
7:30	Vespers	PA Ballroom

Wednesday, January 22

	<i>Breakfast on your own</i>	
9:00 - 9:30	Morning Prayer	PA Ballroom
10:00 - 11:30	Session: "Balancing the Personal and Professional" <i>Led by Jill Peters and Maggie Wellert</i>	PA Ballroom
11:30 - 12:30	Lunch	Dog and Pony Restaurant
12:30 - 1:30	Discussion: "What makes us resistant to balance?" <i>Led by Carrie Call</i>	PA Ballroom
1:30 - 3:00	Session: "Discerning Strategies for Peace and Balance (and how to stick with it)" <i>Jill & Maggie</i>	PA Ballroom
3:00 - 6:00	Self-Care Opportunities	Varying locations
6:00 - 7:30	Dinner	Salon B
7:30	Vespers	PA Ballroom

Thursday, January 23

	<i>Breakfast on your own</i>	
9:00- 9:30	Morning Prayer	PA Ballroom
9:30 - 11:00	Session: "The Balance I Take with Me" <i>Jill & Maggie</i>	PA Ballroom
11:00	Closing Worship	PA Ballroom

