



Penn Central Conference presents
Mid-Winter Clergy Sabbath

"Peace in the Balance"

January 21-23, 2020

Harrisburg, PA

"Peace I leave with you; my peace I give to you. I do not give to you as the world gives.
Do not let your hearts be troubled, and do not let them be afraid." ~ John 14:27

AGENDA

Tuesday, January 21

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| 10:00 - 11:00 | Registration | Table outside of PA Ballroom |
| 11:00 - 12:00 | Opening Worship | PA Ballroom |
| 12:00 - 1:30 | Lunch | Dog and Pony Restaurant |
| 1:30 - 2:30 | Grounding Session: "Balance in Transition" | PA Ballroom |
| | <i>Led by Scott Watts</i> | |
| 2:30 - 4:00 | Session: "Acknowledging Our Need" | PA Ballroom |
| | <i>Led by Jill Peters and Maggie Wellert</i> | |
| 4:00 - 6:00 | Fellowship and Chaplain Connections | On your own |
| 6:00 - 7:30 | Dinner | Salon B |
| 7:30 | Vespers | PA Ballroom |

Wednesday, January 22

Breakfast on your own

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| 9:00 - 9:30 | Morning Prayer | PA Ballroom |
| 10:00 - 11:30 | Session: "Balancing the Personal and Professional" | PA Ballroom |
| | <i>Led by Jill Peters and Maggie Wellert</i> | |
| 11:30 - 12:30 | Lunch | Dog and Pony Restaurant |
| 12:30 - 1:30 | Discussion: "What makes us resistant to balance?" | PA Ballroom |
| | <i>Led by Carrie Call</i> | |
| 1:30 - 3:00 | Session: "Discerning Strategies for Peace and Balance (and how to stick with it)" <i>Jill & Maggie</i> | PA Ballroom |
| 3:00 - 6:00 | Self-Care Opportunities | Varying locations |
| 6:00 - 7:30 | Dinner | Salon B |
| 7:30 | Vespers | PA Ballroom |

Thursday, January 23

Breakfast on your own

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| 9:00- 9:30 | Morning Prayer | PA Ballroom |
| 9:30 - 11:00 | Session: "The Balance I Take with Me" <i>Jill & Maggie</i> | PA Ballroom |
| 11:00 | Closing Worship | PA Ballroom |

