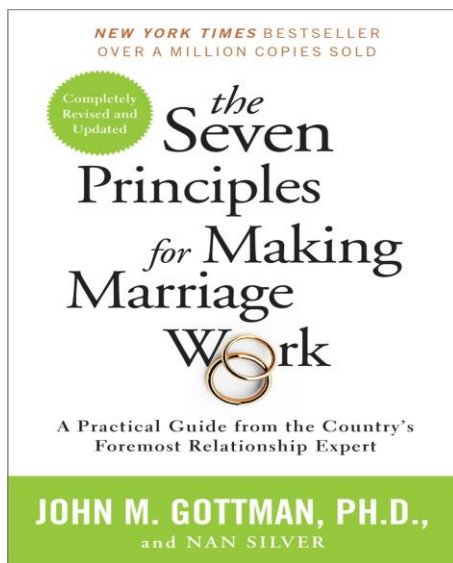


the Seven Principles *for* Making Marriage **Work**

**A Workshop Offered by Penn Central Conference of the United Church of Christ
for the clergy of our conference.**

We know that being a church leader can be difficult. The expectations of your calling and your profession can sometimes create stress in relationships. No matter how “well” a relationship is, it is important to take time to learn ways to enhance it.



To support you in your life beyond ministry, you are invited to spend a day learning new principles to enhance your relationship. During this day, you'll learn some principles, practice skills, have some time with your partner and a few colleagues and take away new ideas, skills and memories. You'll leave with practical skills, and new awareness of ways to have a successful relationship.

What Is The Workshop About?

It's about you and your partner. It's about providing a chance to get away from your work for one day...and take care of each other.

The format is very interactive....nothing private is shared...it's a time to learn, practice new skills...and leave refreshed.

Based upon Dr. Gottman's more than 30 years of work with couples, this class will help you...

Understand the differences between “marital masters” and “marital disasters”

Build a “Relationship House” that creates the foundation and structure for successful relationships,

Understand “The Four Horseman” that can destroy relationships, and antidotes for them,

Create rituals in your relationships that can frame your lives and create an environment of connection, commitment and hope,

Remind each other of your love and care for one another.

Take this opportunity to spend some time with your partner, learn about each other, and develop new skills to enhance your relationship.

April 7, 2018, 9:00 AM – 3:00 PM, St. Paul's UCC – 400 N Market Street, Selinsgrove, PA 17870

April 28, 2018, 9:00 AM – 3:00 PM, First UCC – 30 N Pitt Street, Carlisle, PA 17013

May 12, 2018, 9:00 AM – 3:00 PM, Hayshire – 100 Haybrook Drive, York, PA 17406