

SPONSORED BY THE INSTITUTE FOR POETIC MEDICINE

Heart, who will you cry out to?

~ Rainer Maria Rilke

(POETIC MEDICINE: THE HEALING ART OF POEM-MAKING)

A WORKSHOP PRESENTED BY JOHN FOX, PPM

MARCH 19, 2019 • PAWLEYS ISLAND, SC

Poetry is simply speaking truth, and speaking truth heals. What is true for each of us at the deepest level is true for us all. As we strengthen the healer within us, we set free the unique song that is at the heart of every life.

~ Rachel Naomi Remen, MD
from the Preface of *Poetic Medicine*

Come join us for an afternoon to explore how poetic medicine invites us:

- to listen deeply to the questions, concerns, and dreams that unite us
- to strengthen our bodies, minds, and spirits
- to create with others a space to find guidance, companionship, and hope
- to empower your creativity and connection to a voice within

We are fortunate to be able to host Mr. John Fox, Author, Poetry Therapist and President of the Institute for Poetic Medicine, to lead our workshop:

Heart, who will you cry out to?

John has led similar workshops across the United States and Internationally for decades. He has trained many practitioners in the practice of poetry therapy and influenced many others in a range of helping professions to bring the healing practice of poem-making to those suffering from physical or mental illness, incarceration, domestic abuse, homelessness, addiction, immigrant and refugee youth, and other life-changing conditions.

March 19, 2019

2:00 - 5:00 p.m.

Holy Cross Faith Memorial Episcopal Church

113 Baskervill Drive

Pawleys Island, South Carolina

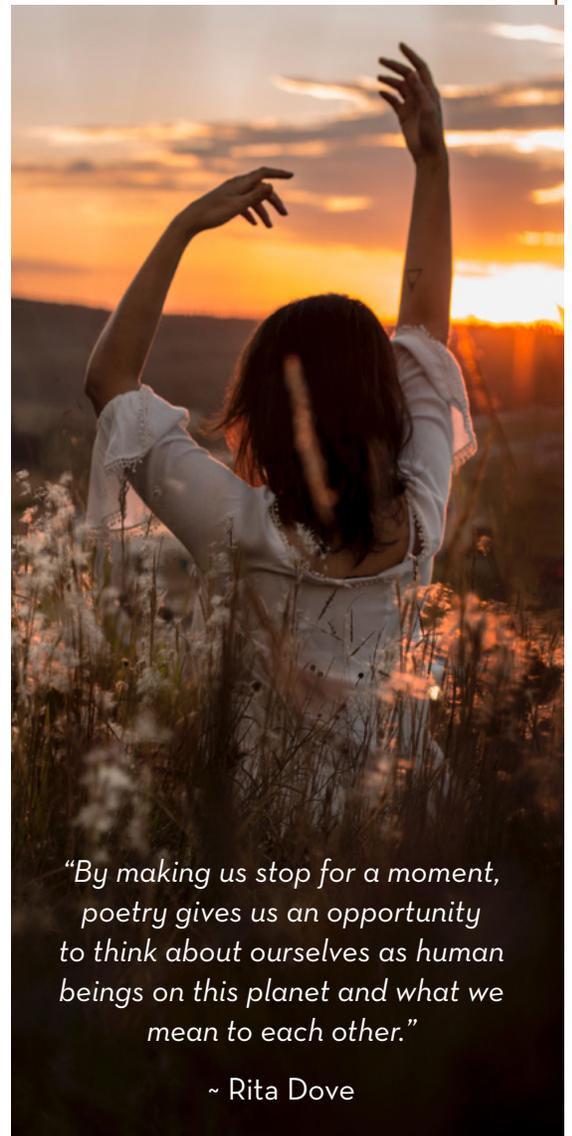
Fee: \$25

Register

Questions? Contact Amy Webb, PhD at
dramywebb@gmail.com or 843-274-0661

Space limited to 20.

No experience with poetry writing is necessary. We welcome the beginner's mind as well as that of the more experienced!



"By making us stop for a moment, poetry gives us an opportunity to think about ourselves as human beings on this planet and what we mean to each other."

~ Rita Dove