HIV/AIDS Rejuvenation Retreat

a Program of the Bill Wilson Center

Friday, October 25, 2019

Four times a year, the Centre for Living with Dying hosts an HIV/AIDS Rejuvenation Retreat. The theme for this retreat is Remembering the Thread: Our Ancestor’s Roots and Heart.

This full-day retreat is open to anyone living with, caretaking for, or is affected by HIV/AIDS. The retreat is meant to be a day of relaxation, support and creativity for participants. It is free to attend and includes a continental breakfast and lunch, served at 12:30 p.m.

After lunch, John Fox will be offering the workshop, Heart, Who Will You Cry Out To? from 1:30 - 3:30 pm.

Whom will you cry to, heart? More and more lonely, your path struggles on through incomprehensible mankind. All the more futile perhaps for keeping to its direction, keeping on toward the future, toward what has been lost.

~ Rainer Maria Rilke

Heart, who will you cry out to? is a return to the roots of poetry-as-healer. The inspiration for this workshop is drawn from a line in the poem by Rainer Maria Rilke and the first chapter of Poetic Medicine by John Fox.

Join us for an exploration of how the very beautiful and moving practice of poetic medicine invites us to:

• listen deeply to the questions, concerns, aspirations and dreams that unite us
• strengthen our selves body, mind, and soul
• create with others a sacred space to find guidance, affirm companionship, and create hope

Friday, October 25
9:30 – 4 pm
Center for Creative Living
1460 Koll Circle, Ste. C
San Jose, CA

For more information or to RSVP, please contact Brianna Ferreira at (408) 278-2513 or bferreira@billwilsoncenter.org

About the Centre for Living with Dying:
The Centre for Living with Dying program provides emotional support to adults and children facing life-threatening illness or the trauma of having a loved one die. The Centre also provides crisis intervention services and broad-based educational programs on grief and loss. Whether clients choose individual counseling or grief groups, they are gently given tools for coping with loss and trauma. Individual and small group grief support is available for adults, children, teens and families.

Long-time IPM Board Member Janet Childs is the Director of Education for The Centre for Living with Dying.