Sponsored by Mepkin Abbey

Writing Our Relationship with Trees
What This Can Teach Us About Ourselves &
Living Within The Sacred

with John Fox, Poet and Poetry Therapist
March 22–24, 2019 • Mepkin Abbey Retreat Center

In our workaday world, we are no longer present to the natural world in any manner. We no longer see trees as other beings to commune with. We are not taught to make that connection, not encouraged to speak of trees this way.

~ Thomas Berry
on Our Broken Connection to the Natural World

In this retreat weekend we will explore and strengthen our relationship with trees. We will slow down to listen to what these sacred beings can teach us.

To make this journey, we will use poetry and poem-making as a way to express and describe this relationship with ourselves, one another and within the larger context of living as stewards of this planet, express it as part of the fabric of the cosmos.

Please bring a story (or poem) about a single tree or a forest, or an orchard, or a grove of trees, whatever is significant to you, that has made a difference to you in your life, somehow changed how you see yourself and the world around you, including the cosmos. This poem can be yours or be written by someone else. I invite you to also bring a photograph of a tree.

A Retreat for Writing Our Relationship with Trees
3:00 pm Friday, March 22 to Noon, Sunday, March 24
Mepkin Abbey
St. Francis Retreat Center
1098 Mepkin Abbey Road
Moncks Corner, SC 29461

Registration:
www.mepkinabbey.org

Fee:
$350 payable to Mepkin Abbey

For More Information:
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I find in the forest
spiritual mentors:
legion and generous trees—
No better nor more humble hosts than these.
~ Cathey Capers