

# **Brick Boredom Buster Camp:**

## **Friday, March 27<sup>th</sup>**

### **Water, Water, Everywhere**



You have made it to Friday! Let's celebrate by having a WATER PARTY!! Put on your bathing suits and sun screen, and go outside!!

Use them all, use only one, or mix and match! On some activities, we've added a "make it extra" section to expand on the activity and make it more fun or last longer. And don't forget to take a picture or video, post it to Instagram or Facebook, and tag #brickboredombuster to be entered into the weekly drawing for a prize pack that we mail to your home!

#### **Get Ready**

1. Make sure to put on plenty of sunscreen and/or water shirts to make sure that you don't get burnt. Best to wear a swimsuit today.

#### **Get Outside: Water Games**

##### **1. The Great Jungle Fire**

Here is the scenario: The jungle is on fire, and the animals must keep themselves wet to stay safe! This is a relay race. You need a bucket of water and a cup per team. Set the water bucket and the cup about 15-20 yards away from each team. There is also a list of animals that each team has. The list is as follows:

- Gorilla
- Bat
- Leopard
- Snake
- Kangaroo

The first person to run must run like a gorilla, the second pretends to fly like a bat and so on. Gorillas must run with their arms and legs held out awkwardly away from their body. Bats must flap their arms wildly. Leopards must run on all fours. Snakes must get on their elbows and knees. Kangaroos must hop. Once they reach the water bucket they must fill up the cup with water and throw it over themselves. Game ends when the teams have been through twice. The very last person must pick up the bucket and put it on their heads.

##### **2. Sponge Relay**

Divide into two teams (or each child plays individually) and line up behind a starting line. Each team gets a small empty bucket and a large sponge. At the finish line, place two larger buckets filled with water. Tell the campers that on the word go, the first person in line must run to his/her team's water bucket, dunk the sponge in, run back with it and squeeze all the water from the sponge into the team's empty bucket. They then pass the sponge to the next person, and so on until one team fills up their empty bucket with water. That team wins.

Just before you start, stop and tell the everyone that, wait, there is one more rule! The wet

sponges must be carried ABOVE their heads as they run back from the water buckets. They will get wet and have fun!

**Make it extra:** You can change how you hold the sponge: under your chins, with your elbows, between your knees, etc.

### 3. **Water Cup Derby**

You will need 4 buckets and 2 cups for this game. Form 2 teams. As in any relay race, have a starting line and a finishing line. Have each team line up behind the buckets full of water. The first person behind the bucket will fill their cup with water and pass it overhead into the next person's cup. The last person in line put the water in the bucket. Either play until all the water is gone in the starting bucket or time the game.

### **Afternoon of Relaxation: Movie Time**

1. Teen Beach Movie: a fun, decade jumping, beach movie that is good for children 8+
2. Finding Nemo/ Finding Dory: Always a good choice for the ones younger than 8.

### **Physical Activity: Kids Fitness**

1. Since you played outside all day today, that's your physical activity. Get a shower, put on jammies, and enjoy your movie.

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