

# Brick Boredom Buster Camp:

## Thursday, April 2<sup>nd</sup>

### Artists and Blobs



Today it is all about your inner *artiste*. You will use anything that can be used for art (including your bodies!) Don't overthink it. You are an artist so just let the creativity flow!

Use them all, use only one, or mix and match! On some activities, we've added a "make it extra" section to expand on the activity and make it more fun or last longer. And don't forget to take a picture or video, post it to Instagram or Facebook, and tag #brickboredombuster to be entered into the weekly drawing for a prize pack that we mail to your home!

#### Starting the Day Off Right: Artistic Breakfast

1. Let's start with a little pancake breakfast art!
  - a. Option 1 is a cute little pancake pop: <https://www.number-2-pencil.com/pancake-pops/>
  - b. **Make it extra:** Top them with something yummy like Nutella or peanut butter with fruit!
  - c. Option 2 is educational along with fun: <https://www.bettycrocker.com/recipes/easy-alphabet-pancakes/ab294665-242a-484e-997f-52f186d5f019>

#### Get Outside: Animal Freeze Tag

1. For 3 or more players: This is played like normal Freeze Tag, except the person who is "It" is an evil sculptor that turns you into an animal statue with the touch of their wand. \*\*\*When you freeze, you it must be in the shape of an animal!
  - a. Example: Freeze with your mouth like it's growling, arms up in the air, hands like you're showing your claws, and standing on your tippy-toes. This is a bear!
2. For 2 players: You can have a battle to see who comes up with the more dominant animal! Both players are facing away from each other and one person counts down from 10. Once 1 is reached, players turn around and jump into their poses!

#### Creative Corner: Artists and Blobs

1. This game will work with two people but if you have more than 2 then work in 2 or 3 person teams. Each team will have an Artist and a Blob.
2. The artist(s) will form the blob into some kind of statue (animal, plant, random object, etc). The blob relaxes as much as possible and allows the artist to move them around however they want (within appropriate means) until the statue is formed, then tries to hold that pose. (TIP: PLAY MUSIC while artists are forming blobs.)
3. When art works are complete, have the artist(s) explain the statue to everyone!
4. Make it extra: include household props to add some extra flavor to the blobs like hats, scarves, kitchen utensils, etc!
5. Rinse and repeat for a few rounds! See how creative each artist can get!

#### Physical Activity: Kids Fitness

1. Let's get active with P.E. with Joe! This is a 30-minute workout to get the blood flowing: <https://www.youtube.com/watch?v=Rz0go1pTda8>