

TRAINING SESSION FOR

The Children's Care Network

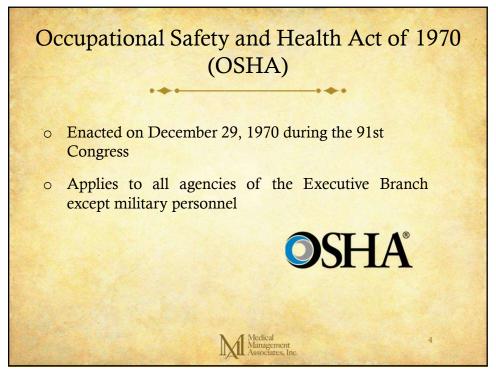
OSHA COMPLIANCE
IN THE MEDICAL PRACTICE

Presented by

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August 15, 2022





Occupational Safety and Health Act of 1970 (OSHA)

Mission: "To assure safe and healthful working conditions for working men and women; by authorizing enforcement of the standards developed under the Act; by assisting the States in their efforts to assure safe and healthful working conditions; by providing research, information, education and training in the field of occupational safety and health; and for other purposes."



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Occupational Safety and Health Act of 1970 (OSHA)

Coverage, in general, extends to all employers and their employees,

Exceptions:

- o Self-employed persons,
- Working conditions regulated under Federal statutes,
- State & local government employees,
 - 26 states have their own plans
 - 24 states cover both public and private sector where most private sector workers and all state and local government workers are covered.
 - Four (4) state OSHA programs (NY, Connecticut, New Jersey and Illinois) and the Virgin Islands cover only public
 - 24 states have only the Federal OSHA program for private and may not have public employee coverage.



General Duty Clause

The General Duty Clause covers employee safety in the absence of other standards.

"Each employer shall furnish to each of his employees employment and a place of employment, which are free from recognized hazards that are causing or likely to cause death or physical harm to his employees."

(Examples: COVID-19, TB, Ergonomics, Workplace Violence, Ebola, H1N1, MRSA, SARS, Avian Flu)



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COVID-19 Healthcare Emergency Temporary Standard (ETS)

ETS officially filed on June 17, 2021 and effective as of the published date, June 21, 2021 (https://www.osha.gov/coronavirus/ets), and is effective until superseded by a permanent standard, a process contemplated by OSH Act to occur within 6 months of the ETS's promulgation.

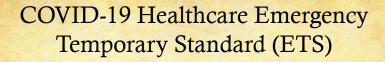
OSHA determined that the existing standards and regulations, including the General Duty Clause, were inadequate to address the COVID-19 hazard for healthcare workers. Therefore, OSHA issued the ETS to address this hazard.

OSHA intends to issue a final standard to protect healthcare workers from COVID-19, but will not be able to complete the standard within the 6 months timeframe required by the ETS. As a result, OSHA withdrew the non-recordkeeping portions of the healthcare ETS.

Although not required, OSHA still encourages all healthcare employers to continue to implements the ETS's requirements in order to protect themselves.



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On March 7, 2022, OSHA announced their effort and enforcement will be focused on inspections of hospitals and nursing care facilities for treating COVID-19 patients.

As OSHA works towards a permanent regulatory solution, OSHA will vigorously enforce the general duty clause and its general standards, including the Personal Protective Equipment (PPE) and Respiratory Standards, to help protect healthcare employees from COVID-19.

OSHA received comments concerning the ETS during the comment period which was to end on July 21, 2021 but was extended to August 20, 2021. The agency is now preparing to promulgate a final standard.



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COVID-19 Healthcare Emergency Temporary Standard (ETS)

On March 22, 2022, OSHA announced a limited re-opening of the record and the agency's intention to hold an information public hearing to gather certain additional information from healthcare industry stakeholders.

At the conclusion of the informal public hearing on May 2, 2022, OSHA reopened the docket to allow for submission of post-hearing comments and briefs. The deadline for submissions was May 23, 2022.

Primarily concerned with NAICS codes representing Hospital sectors and Nursing and Residential Care sectors.

OSHA Coronavirus-Related Inspections with Violations as of Friday, September 2, 2022, with Total Penalties of \$7,651,400.



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Medical Industry Standards

- Two primary standards pertain to the medical industry: 29 CFR1910.1030, Bloodborne Pathogens (BBP) (passed in 1990) and 29 CFR 1910.1200, Hazard Communication (HAZCOM) (passed on November 25, 1983, Revised March 26, 2012)
- These standards are published in the Federal Register and can be downloaded from the Internet, copied at a public library or ordered from the Government Printing Office.
- While there is no formal standard regarding exposure to Tuberculosis and related prevention measures, there needs to be a plan and policy that sets forth guidelines to prevent unreasonable exposure.

CFR = Code of Federal Regulations

www.osha.gov

Medical Management Associates, Inc.

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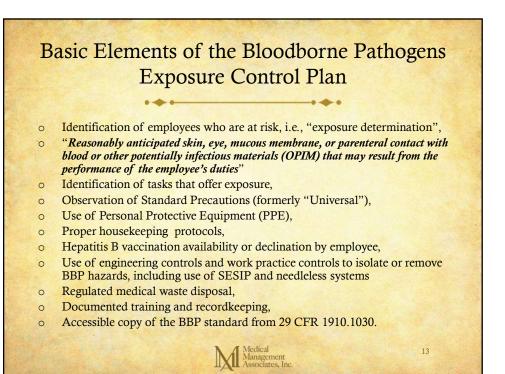
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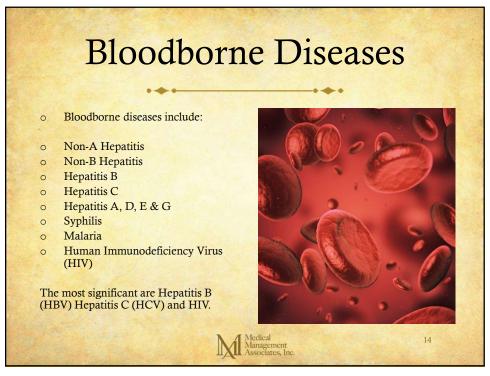
Healthcare Industry Top Violations:

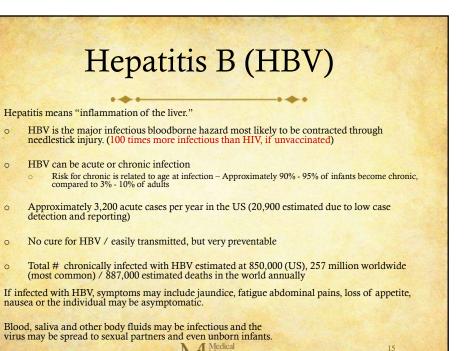
- Bloodborne Pathogens (CFR 1910.1030)
- Hazard Communication (CFR 1910.1200)
- Design and Construction Requirements for exits (CFR 1910.0036)
- o General Requirements (CFR 1910.0132 {Personal Protective Equipment} / CFR1910.0303 {Electrical} / CFR 1910.0022 {Walking surfaces / Housekeeping})
- o Medical Services & First Aid (CFR 1910.0151)
- o Portable Fire Extinguishers (CFR 1910.0157)
- Maintenance, Safeguards and Operational Features for Exit Routes (CFR 1910.0037)
- Respiratory Protection (CFR 1910.0134)
- Wiring Methods, components, equipment, general use (CFR 1910 0305)
- o Eye, face and hand protection (CFR 1910.0133-.0138)
- o Sanitation (CFR 1910.0141)



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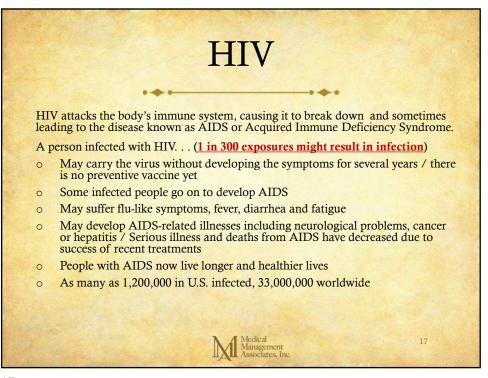


Hepatitis C (HCV)

- An estimated 2.4 million people are infected with HCV in the US, 71 million worldwide
- Over 18,000 deaths attributed annually in whole or in part to chronic HCV
- Estimated 17,000 new HCV cases each year in the US, many of which go unreported
- No vaccine exists for Hepatitis C / New antiviral drugs (pegylated interferon & ribovarin), however have been effective in some cases with 50-55% cure rates. New treatments (sofosbuvir, daclatasvir, & ledipasvir) has shown up to 94% cure rates.
- Approximately 15%-25% of people clear the virus from their bodies without treatment and do not develop chronic infection



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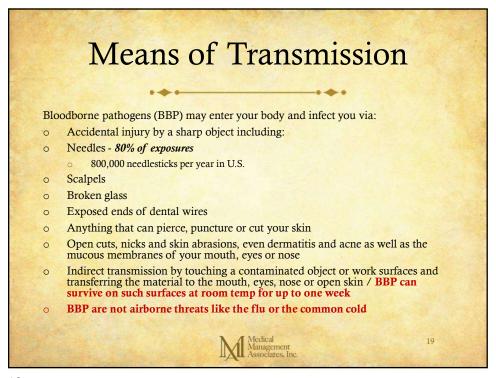
Workplace Transmission

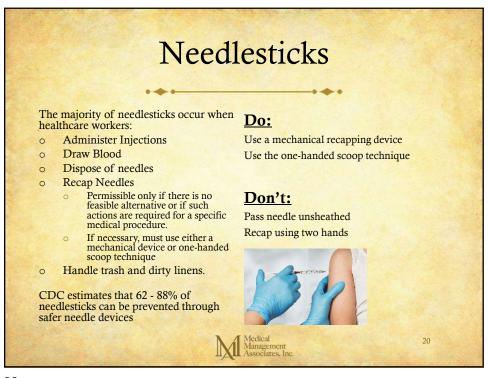
HBV, HCV & HIV may be present in:

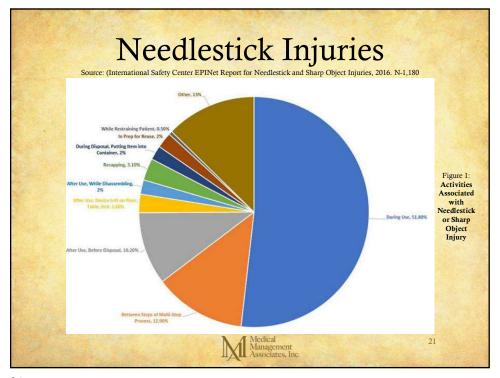
- o Blood,
- Most body fluids (Cerebrospinal, synovial, pleural, peritoneal, pericardial, amniotic, semen & vaginal secretions)
- Other body fluids, if blood is visible,
- Unknown body fluids,
- Unfixed tissue or organs other than intact skin from living or dead humans, and
- Organ cultures, culture media or similar solutions.

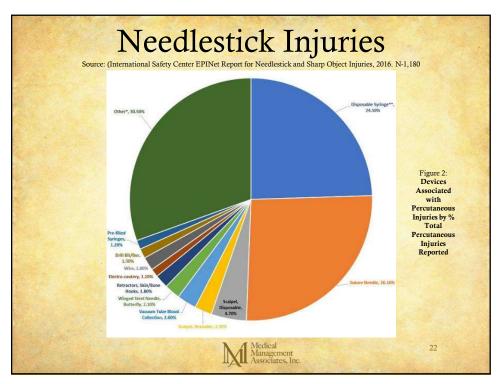


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Standard ("Universal") Precautions

Since individuals of all ages with HBV HCV or HIV can be asymptomatic or may only exhibit flu-like symptoms, it is mandatory that all healthcare workers treat all human blood and certain human body fluids as if they were known to be infected with HIV, HBV, HCV or other bloodborne pathogens. { Treat all patients the same.}



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Reducing Your Risk

Five major tactics to reduce your risk of exposure to BBP on the job:

- 1) Engineering Controls
- 2) Work Practice Controls
- 3) Personal Protective Equipment
- 4) Housekeeping
- 5) Hepatitis B Vaccine

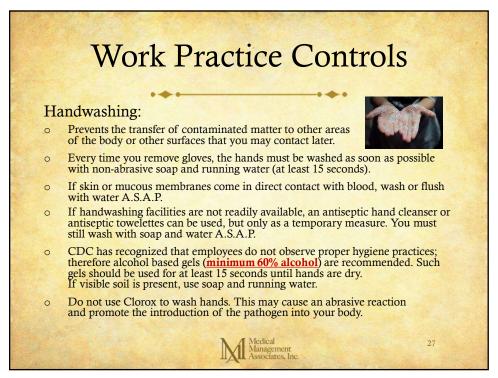
None of the above is 100% effective. They must be used together – Like five protective barriers against infection.



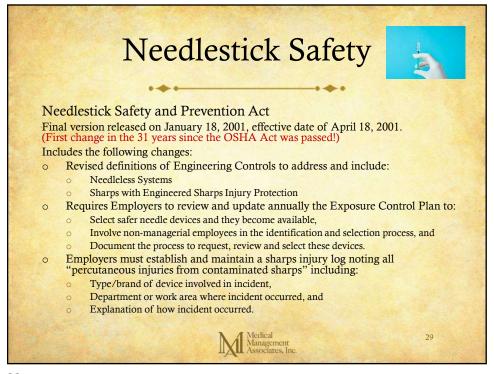
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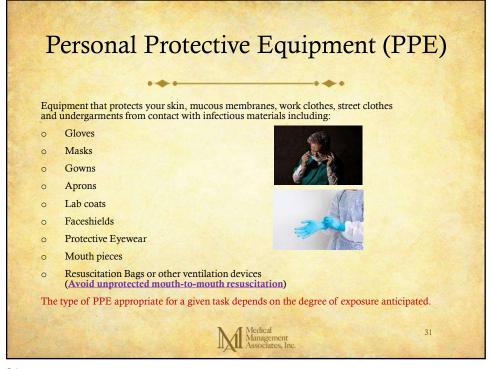
Specific procedures to follow on the job to reduce exposure: Avoid needlesticks; never reach into trash cans with your hands. Never place trash against your body to compress or secure it. Alert co-workers when you have a needle or sharp in your hand. Do not bend, hand-recap, shear or break needles/sharps. Never recap or remove contaminated needles from disposable syringes. Recap using a mechanical device or a one-handed technique. Place contaminated sharps in a puncture resistant, leak-proof container immediately after use. Sharps containers must be easily accessible to personnel and located as close as is feasible to the immediate area where sharps are used or can be reasonably anticipated to be found. (52" - 56" above the floor recommended) Report any sharps containers that may allow spillage if overturned.

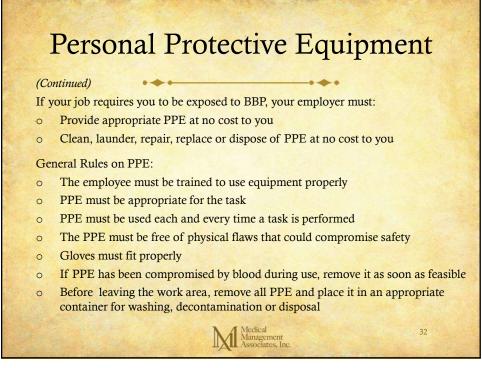


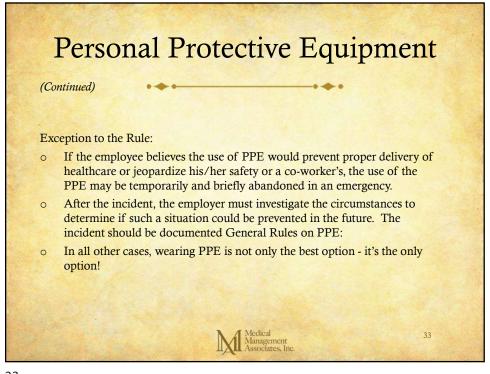
Work Practice Controls Work Practice Controls (Continued) Self-protective Controls/Personal Hygiene: When performing procedures involving blood, minimize splashing, spraying, splattering and generation of droplets, e.g., cover a stopper from a specimen tube with gauze to reduce the chance of splatter. Do not eat, drink, smoke, apply cosmetics or lip balms, or handle contact lenses in potential exposure situations. Avoid petroleum-based lubricants that may eat through latex gloves. Never mouth pipette blood or suction blood or other infectious materials. Don't keep food and drinks in refrigerators, freezers, cabinets or on shelves, countertops or bench tops where blood is present.

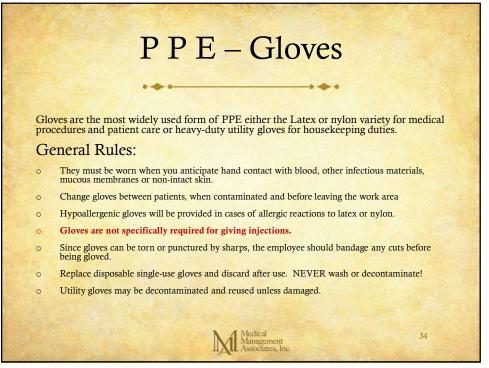


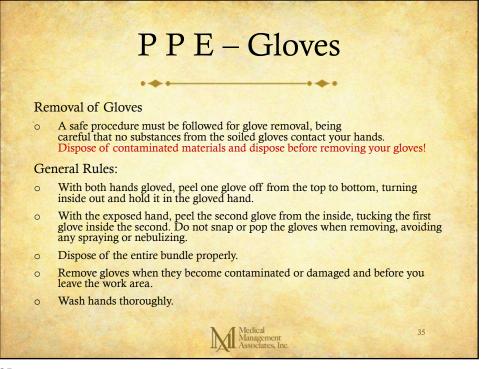




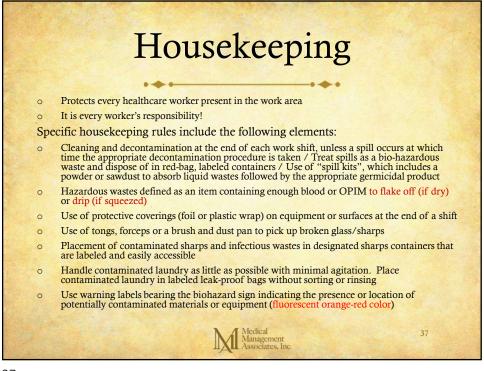








Sequence of Donning PPE 1. Gown 2. Mask or Respirator 3. Goggles or Face Shield 4. Gloves





Hepatitis B Vaccination

- o If an employee has risk of exposure, the employer must make the Hepatitis B vaccination available at no cost within 10 days of hire
- The vaccine is administered by three vaccinations over a six-month period (at zero, one month and six months) IM
- Test employee's titer after last vaccination
- Vaccines are safe and cannot be infected with HIV or other BBP
- The complete series of HBV vaccinations is for all practical purposes completely effective at protecting the employee from getting the disease or becoming a carrier forever per current literature
- o If an employee chooses to decline the vaccine, a waiver must be signed by the employee and kept on file.



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Post-Exposure Evaluation

Post-exposure evaluation and follow-up must include:

- Documentation of the route of exposure,
- o Identification, documentation and testing of the source,
- Consent must be first obtained from patient
- Collection/testing of the employee's blood for HBV/HIV (must also obtain consent),
- o BBP infections can only be detected via a blood test (except HIV)
- o Post-exposure prophylaxis,
- Counseling and
- Evaluation of reported illnesses.
 (Vaccinations, post-exposure evaluations and follow-up must be at no cost to the employee.)



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What to do if an exposure occurs? 1. Wash exposed area with soap and water for 15 minutes 2. Flush splashes to nose, mouth, or skin with water, again for 15 minutes 3. Irrigate eyes with water or saline 4. Direct the worker to a healthcare professional for additional prophylaxis 5. Report the exposure if required (not required in medical practices, except as follows:) a. All fatalities must be reported to OSHA within eight (8) hours. b. All hospital inpatient admissions, amputations and loss of eyes must be reported within 24 hours. c. OSHA 24-Hour Hotline: 1-800-321-OSHA (6742) or online at osha.gov

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BBP Training Training must be provided within ten (10) days of hiring and annually thereafter. Shared responsibility for contractors and temporary personnel. Training records must include: Date of training Contents or summary of training session Names and qualifications of trainer(s) Names and job titles of all trainees

Training Requirements

- Provided at no cost to employees during working hours
- Provided at time of initial assignment to a job with occupational exposure and at least annually thereafter



- Additional training needed when existing tasks are modified or new tasks are required which affect the worker's occupational exposure
- Maintain training records for 3 years



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BBP Recordkeeping

Medical Records

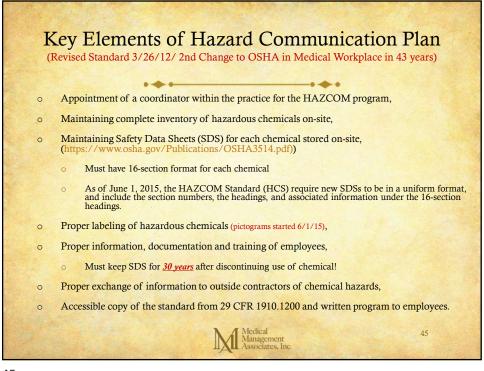
According to 29 CFR 1910.1020, employers shall establish and maintain an accurate record for each employee with occupational exposure containing:

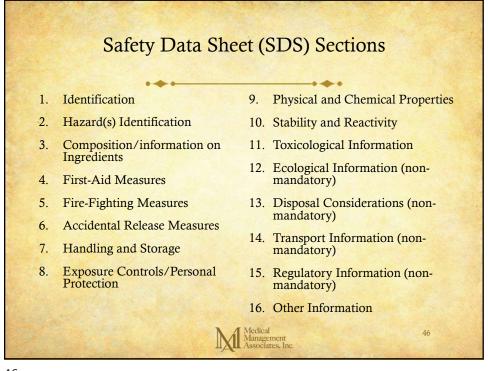
- Employee's name and social security number
- o Employee's Hepatitis B vaccination status, date administered, etc.
- Results of all examinations, medical testing, post-exposure evaluation and follow-up procedures
- A copy of the healthcare professional's written opinion
- A copy of any specific information provided to the healthcare professional

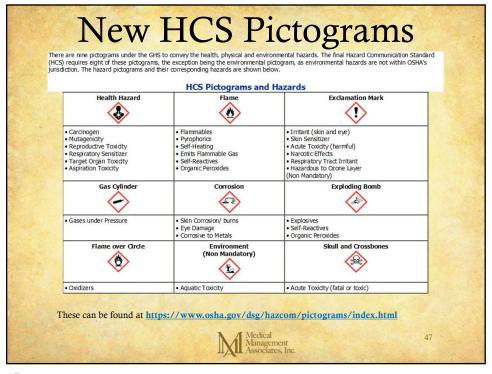
Medical and all health-related records must be kept for the duration of employment plus thirty (30) years

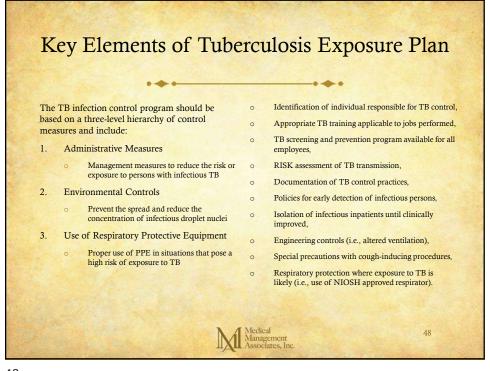


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Occurrence In 2020, an estimated 10 million people around the world were infected with TB. There are around 1.5 million TB-related deaths worldwide each year. TB is the second leading infectious killer in the world (COVID-19 is #1). 30 high TB burden countries account for 86% of new cases. A total of 7,860 cases were reported in the U.S. in 2021, 221 in Georgia. Ending the TB epidemic by 2030 is among the health targets of the UN Sustainable Development Goals (SDGs).

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Inspections may be triggered by: Imminent Danger Fatal Accidents Programmed Inspections Employee Complaints (most common) Follow-up Inspections

