



SAFARI

LUNCH LAB SCAVENGER HUNT: NOVEMBER

CIRCLE THE HARVEST FOR NOVEMBER



CHICKPEAS ARE ALSO CALLED:

DID YOU LIKE THE HARVEST ITEM TODAY? COLOR THE STARS 1-5 (5 IS THE BEST!)



CHICKPEA PLAY FOAM

WITH THE HELP OF AN ADULT, YOU CAN MAKE CHICKPEA PLAY FOAM! HERE'S WHAT YOU'LL NEED:

- 4 CANS OF CHICKPEA LIQUID (AQUAFABA)
- 1/3 CUP OF ICING SUGAR
- FOOD COLORING

- 1) DRAIN THE CHICKPEAS AND SAVE THE LIQUID.
- 2) KEEP THE LIQUID IN THE FRIDGE FOR 1 HOUR OR UNTIL THE LIQUID IS CHILLED.
- 3) IN A BOWL, MIX THE CHILLED LIQUID AND ICING SUGAR TOGETHER.
- 4) ADD FOOD COLORING.
- 5) WHIP FOR APPROXIMATELY 7-8 MINUTES.
- 6) ONCE IT IS IN A STIFF FORM, IT'S TIME TO PLAY!



FIND THE FOLLOWING WORDS IN THE PUZZLE.

WORDS ARE HIDDEN



CHICKPEA
GROW
PROTEIN
FOOD
NOVEMBER

Z	C	H	I	C	K	P	E	A	G
O	V	S	H	C	H	G	K	Z	R
N	O	V	E	M	B	E	R	S	O
F	A	I	V	I	C	N	Q	P	W
O	M	W	O	B	A	L	Y	X	L
O	L	D	D	M	T	Q	M	S	K
D	W	S	M	M	Q	F	U	W	R
P	R	O	T	E	I	N	H	A	B

FAMILY ACTIVITY CORNER

NAVIGATE WITH SAMMY

DIRECTIONS

Our friend Sammy the Squirrel can't go near nuts because he is allergic. So, we have to clear the area for him to keep him safe!

- Using balls, beanbags or any other safe object, pretend they are nuts and put them in a designated area.
- Someone can play Sammy, who will run to the area where the "nuts" are.
- When the leader says, "Go Nuts!," Sammy will start running towards the area and the other friends will hurry as fast as they can to toss the "nuts" away before Sammy gets there.

