



Thank you for contributing to Westside CARES' food pantry throughout the year!

Below is the list of most-needed items. Food pantry donations may be dropped off at their central office, located at 2808 W. Colorado Avenue, on Thursdays between 9:30 a.m.-12:30 p.m. When you drop off your items, please let them know you are from Unity. Thanks, in advance, for opening your heart and helping those in need!

Hygiene related:

Dish soap

Baby wipes (always needed)

Food:

Beef stew

Soups of all kinds except cream of mushroom

Instant lunch

Potato sides

Canned pasta sauce

Large canned chicken

Canned fruit all kinds

BBQ sauce

Beverages:

Protein drinks

Shelf stable milk

Juice of all sizes

Bottled water

Misc.

Canned dog and cat food

Hand Warmers

Backpacks

Clothing: New or nearly new men's underwear briefs all sizes, men's jeans or pocketed type pants (hiking) waist size 32-36, winter gloves & hats, men's winter coats all sizes. Men's T-shirts of all sizes. New or nearly new women's underwear all sizes, women's bras all sizes, women's jeans or pocketed type pants (hiking) size 8-14, winter gloves & hats, and women's winter coats all sizes. Men's and women's walking or hiking type shoes or boots of all sizes.

