

Westside CARES' Most-Needed Items

(Bolded items are especially needed)

Food items will be distributed among Westside CARES' six church-based food pantries, which work together to make emergency food supplies available to neighbors in need five days a week, free of charge.

- Men's jeans size 28-36 waist - new or gently used (**these sizes are in great demand**)
- New adult underwear – all genders, all sizes (for men, boxer briefs, please)
- Adult T-shirts (especially men's large and extra-large)
- Practical adult shoes – all genders, all sizes
- Belts
- Bottled water
- Diapers/hand wipes
- Peanut butter
- Jelly/jam/fruit spread (small jars)
- All sizes of juice
- Canned fruit, all kinds
- Canned tomatoes
- Canned chicken
- Canned stews
- Potato sides
- Canned soups of all kinds and sides
- Cereal (small boxes and individual cereal cups)
- Shelf-stable milk
- Protein drinks
- Deodorant
- Toothbrushes
- **Handwarmers**
- Canned dog food
- Canned cat food
- Prescription pill bottles, **preferably the amber-colored, transparent bottles** with labels removed. (If you are unable to remove the label then be sure to mark out confidential information with a black marker or cover it with a label.)

Note: Other types of over-the-counter medicine or supplement bottles are not needed or used.

King Soopers gift cards in denominations of \$20 or \$25 are always welcome; they are given out for use as gas cards.

Westside CARES

2808 West Colorado Avenue, Colorado Springs

Drop-off times for in-person donations are Mondays -Thursdays 9:30 a.m. - 12:30 p.m.

<https://www.westsidecares.org/>