

Westside CARES' Most-Needed Items

(Bolded items are especially needed)

Food items will be distributed among Westside CARES' six church-based food pantries, which work together to make emergency food supplies available to neighbors in need five days a week, free of charge.

- **Men's jeans size 28-36 waist - new or gently used (these sizes are in great demand)**
- **New adult underwear – all genders, all sizes (for men, boxer briefs, please)**
- **Adult T-shirts (especially men's large and extra-large)**
- **Practical adult shoes – all genders, all sizes**
- **Belts**
- **Bottled water**
- **Diapers/hand wipes**
- **Peanut butter**
- **Jelly/jam/fruit spread (small jars)**
- **All sizes of juice**
- **Canned fruit, all kinds**
- **Canned tomatoes**
- **Canned chicken**
- **Canned stews**
- **Potato sides**
- **Canned soups of all kinds and sides**
- **Cereal (small boxes and individual cereal cups)**
- **Shelf-stable milk**
- **Protein drinks**
- **Deodorant**
- **Toothbrushes**
- **Handwarmers**
- **Canned dog food**
- **Canned cat food**
- Prescription pill bottles, **preferably the amber-colored, transparent bottles** with labels removed. (If you are unable to remove the label then be sure to mark out confidential information with a black marker or cover it with a label.)

Note: Other types of over-the-counter medicine or supplement bottles are not needed or used.

King Soopers gift cards in denominations of \$20 or \$25 are always welcome; they are given out for use as gas cards.

Westside CARES

2808 West Colorado Avenue, Colorado Springs

Drop-off times for in-person donations are Mondays -Thursdays 9:30 a.m. - 12:30 p.m.

<https://www.westsidecares.org/>