



Thank you for contributing to Westside CARES' food pantry throughout the year!

Hygiene related:

Dish soap

Baby wipes (always needed)

Food:

Beef stew

Soups of all kinds except cream of mushroom

Instant lunch

Potato sides

Canned pasta sauce

Large canned chicken

Canned fruit all kinds

BBQ sauce

Beverages:

Protein drinks

Shelf stable milk

Juice of all sizes

Bottled water

Misc.

Canned dog and cat food

Hand Warmers

Backpacks

Clothing: New or nearly new men's underwear briefs of all sizes, new or gently used men's jeans/work pants, especially sizes 28w-36w, winter gloves & hats, men's winter coats of all sizes. Men's T-shirts of all sizes. New or nearly new women's underwear all sizes, women's bras all sizes, women's jeans or pocketed type pants (hiking) size 8-14, winter gloves & hats, and women's winter coats all sizes. Men's and women's walking or hiking type shoes or boots of all sizes.