



Thank you for contributing to Westside CARES' food pantry throughout the year!

Hygiene related:

Dish soap
Baby wipes (always needed)

Food:

Beef stew
Soups of all kinds except cream of mushroom
Instant lunch
Potato sides
Canned pasta sauce
Large canned chicken
Canned fruit all kinds
BBQ sauce

Beverages:

Protein drinks
Shelf stable milk
Juice of all sizes
Bottled water

Misc.

Canned dog and cat food
Hand Warmers
Backpacks

Clothing: New or nearly new men's underwear briefs of all sizes, new or gently used men's jeans/work pants, especially sizes 28w-36w, winter gloves & hats, men's winter coats of all sizes. Men's T-shirts of all sizes. New or nearly new women's underwear all sizes, women's bras all sizes, women's jeans or pocketed type pants (hiking) size 8-14, winter gloves & hats, and women's winter coats all sizes. Men's and women's walking or hiking type shoes or boots of all sizes.