We invite you to join us and our community at-large to submit recipes to be included in a hardcover cookbook. We plan to sell the cookbooks in the Fall 2022.

Note: The proceeds will be used for future SWC sponsored events (projects, retreats, and social activities) and for a contribution to Unity.

RECIPE SUBMISSION STEPS:

- **Please submit your own recipes, "passed down" family recipes, a favorite recipe from a book, chef, magazine, friend, or neighbor.**

- **We would love to include a short story or inspirational quote of your recipe background.**

  Here are some things to ponder:

  - Which family member created the recipe?

  - What is the story behind the recipe?

  - Why do you love this recipe?

  - Which season of the year do you make it?

  - How do you spiritually feel while you are preparing the recipe?

- **Please include your name and the original contributor of the recipe** (if applicable). **Both your name and other contributors will be added to the final cookbook.**

- **We would like to include a variety of recipes for the cookbook.**

RECIPE CATEGORIES LIST:
1. Appetizers & Beverages
2. Soups & Salads
3. Vegetables & Side Dishes
4. Main Dishes
5. Breads & Rolls
6. Desserts
7. Cookies & Candy
8. This & That

PLEASE SUBMIT RECIPES TO:

➢ **Penelope "Penny" Olson**
SWC Cookbook Chairperson
penelopediane@gmail.com

OR

➢ **Yo'Lauder Holt**
SWC Cookbook Committee
yholt0121@gmail.com

OR

➢ **Drop-off**
SWC Recipe Collection Boxes
Unity Foyer, Fellowship Hall

RECIPES ARE DUE BY FRIDAY, JULY 1ST

SWC COOKBOOK TEAM – VOLUNTEERS NEEDED

Would you like to help the SWC Cookbook Team type the submitted recipes into the online cookbook template?

*General computer skills

*You will use your own computer.

Contact Penny Olson penelopediane@gmail.com or Yo'Lauder Holt yholt0121@gmail.com for more information.

We would love to have you join us!