Kiwanis Club of the Delta-Antioch, Superintendent of Public Instruction Tom Torlakson, East Bay Regional Parks District & The City of Antioch Present

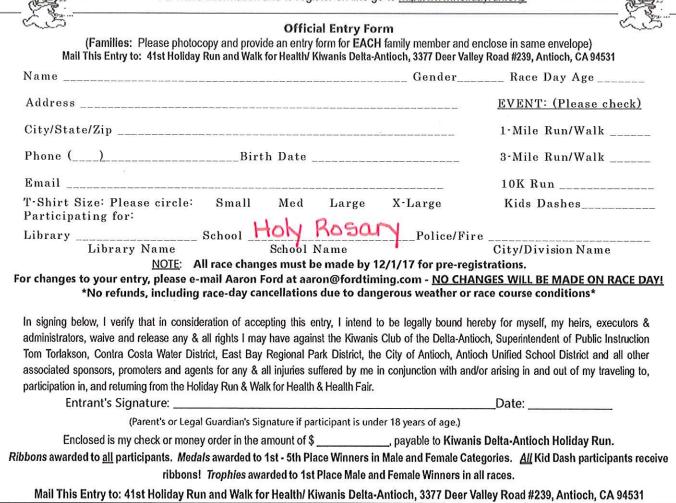
The 41st Annual

Holiday Fun Run & Walk for Health & Health Fair!

More Than Forty Years of Running and Walking Health!

Saturday, December 9, 2017 - Registration 7:30 AM - Contra Loma Regional Park, Antioch

For more information and to register on line go to http://www.holidayrun.org/



FEES:	Early Registration**	Late Registration***
	Before 12/1	After 12/1
(+) 5 and under	FREE (T-shirt - \$8)	FREE (T-shirt -\$8)
6 - 15 years	\$20	\$25
16 -60	\$25	\$30
Seniors (60 & Up)	\$20	\$25
Families*	\$55	\$65
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(*Families are up to 4 members, \$10 for each additional member. \$5 extra charge for running in 2 races.)

- + Early Registration/free T-Shirt does not apply
- ** Early Registration (Before 12/1) includes a commemorative T-shirt.
- *** Late Registration and Same-Day Registration do NOT include a commemorative T-shirt!

1 Mile Run/Walk 9 a.m.

6 & Under, 7-9, 10-12. All ages are welcome. For those over the age of 12, entry is for fitness and fun. Ribbons will be awarded to all participants.

3 Mile Run/Walk 9:35 a.m.

10 & Under, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

10K Run 9:30 a.m.

14 & Under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+ Kids Dashes with Santa 10:15 a.m.

3 & Under (20 yards); 4-5 (40 yards); 6-7 (60 yards)