

## Reasons To Attend The 2019 Annual Retreat

1. Get to know each other better in a relaxed setting
2. Mountain air
3. Shrine Mont's famous mac and cheese
4. A time of reflection and laughter
5. Worship outdoors at the Cathedral Shrine
6. Porch sitting in the cool fall air
7. Game night on Saturday
8. Quiet time away from Richmond
9. Fellowship and friendship
10. Finding and being found by God in a new way

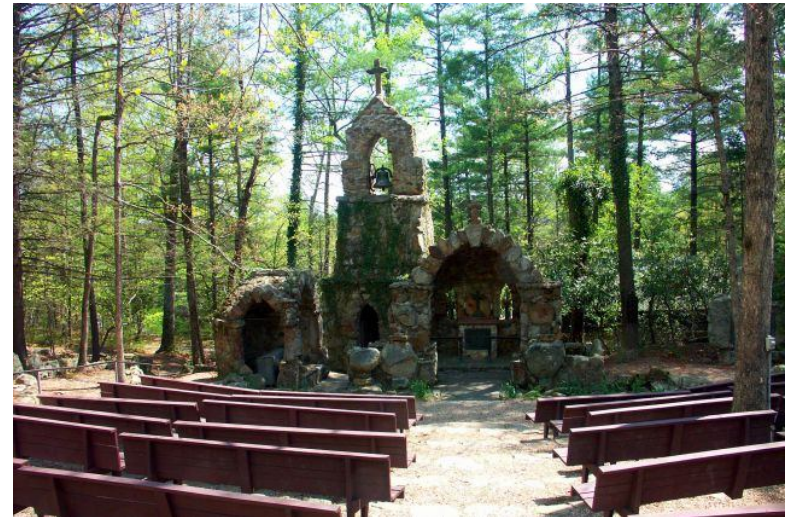
### Location

Shrine Mont is located in Orkney Springs, VA, in the Shenandoah Mountains, just south of Winchester. It is a 2.5 hour drive from Richmond (west on I-64 to Staunton and then north on I-81). Additional directions will be sent to retreatants.



## St. John's Episcopal Church's 2019 Shrine Mont Retreat Oct 18-20, 2019

### *An Altar in the World: Spiritual Practices for Real People*



Shrine Mont is the conference and retreat center for the Diocese of Virginia, located in Orkney Springs, in the mountains of Western Shenandoah County. You'll have ample time for rest and relaxation, and opportunities for conversation, fun, and socializing with others. You can climb a mountain or rock in a porch chair; explore the local wineries and shops; or just pray, read and be. The buffet meals won't leave you hungry!

We'll gather for casual conversation about our theme, "Altars in the World," and celebrate Eucharist on Sunday in the outdoor cathedral, with Amelie as our celebrant.



## Schedule

### Friday, October 18

3:00-7:00 p.m. Check into rooms  
 5:30 p.m. Dinner  
 7:00 p.m. Welcome and Program  
 8:30 p.m. Evening Prayer

### Saturday, Oct. 19

8:00 a.m. Breakfast  
 9:00 a.m. Group discussion  
 12:30 p.m. Lunch  
 Afternoon - Free time  
 5:30 p.m. Dinner  
 7:00 p.m. Fun & Games

### Sunday, Oct. 20

8:00 a.m. Breakfast  
 9:15 a.m. Group discussion  
 10:00 a.m. Pack up  
 11:00 a.m. Eucharist  
 12:30 p.m. Lunch  
 After lunch - Head home

The schedule provides room for quiet time, for group discussions, for rest, and for activity.

During Saturday's free time, you are welcome to rest, to read, to porch sit, to hike, to tour local attractions, or simply to be. Casual attire is appropriate.

### **Questions about Shrine Mont?**

Please see Amelie, Jane Hunnicutt or Barbara Bayler.  
 Website: [www.shrinemont.com](http://www.shrinemont.com)

## 2019 Prices

Double room (two people)	\$340
Single Room	\$230
Youth rate (ages 4-12)	\$64
Youth rate (ages 0-3)	Free

***This price includes two night stay, plus all meals.***

## Deadline for Registration

\$50 non-refundable deposit August 31  
 Balance due September 30.

*Please make checks payable to St. John's Episcopal,  
 with Shrine Mont in the memo line.*

*Financial assistance is available. Our hope is that the cost will not be a barrier to anyone's attendance. Please contact Amelie at 804-649-7938 or at [awilmer@saintjohnsrichmond.org](mailto:awilmer@saintjohnsrichmond.org) for information.*

All meals will be in the Virginia House, the main hotel.  
 Meals are buffet style and sumptuous.  
***Vegan, Vegetarian, and Gluten Free options are available.***

