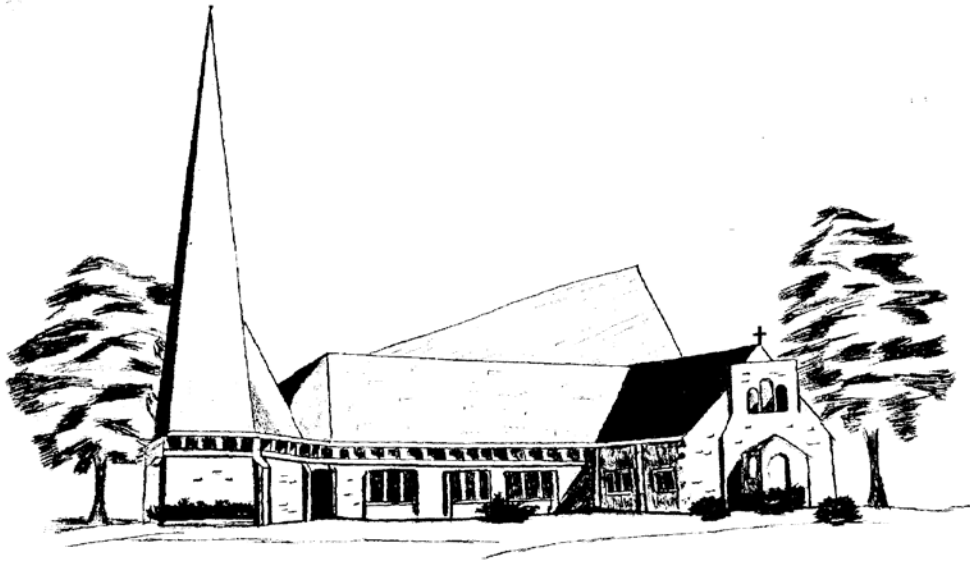


St. Thomas Church
Anglican – Episcopal
stthomaswi.com



Our Vision:

**We are a Jesus-centered,
Spirit-filled community of
diverse followers working to
transform the world.**

Our Mission:

**To know Christ.
To make Christ known.
To serve others in Christ's name.**

**September 13, 2020
10:00 a.m.
Fifteenth Sunday after Pentecost**

PRELUDE

Instrumental

PROCESSIONAL HYMN *“Praise to the Lord, the Almighty”*

Hymnal #390

- ¹ **Praise to the Lord, the Almighty, the King of creation;
O my soul, praise Him, for he is thy health and salvation:
Join the great throng, psaltery, organ, and song,
sounding in glad adoration.**
- ² **Praise to the Lord; over all things he gloriously reigneth:
Borne as on eagle-wings, safely his saints he sustaineth.
Hast thou not seen how all thou needest hath been
granted in what he ordaineth?**
- ³ **Praise to the Lord, who doth prosper thy way and defend thee;
surely his goodness and mercy shall ever attend thee;
ponder anew what the Almighty can do,
who with his love doth befriend thee.**
- ⁴ **Praise to the Lord! O let all that is in me adore him!
All that hath life and breath, come now with praises before him!
Let the Amen sound from his people again;
gladly forever adore Him.**

Words: Joachim Neander (1650-1680)

Music: Lobe den Herren

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be his kingdom, now and for ever. Amen.**

Celebrant

Almighty God, to you all hearts are open,
all desires known, and from you no secrets are hid.
Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you
and worthily magnify your holy name;
through Christ our Lord. **Amen.**

GLORIA

BCP pg. 356

**Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
 have mercy on us;
you are seated at the right hand of the Father:
 receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
 Jesus Christ,
 with the Holy Spirit,
 in the glory of God the Father. Amen.**

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

O God, because without you we are not able to please you, mercifully grant that your Holy Spirit may in all things direct and rule our hearts; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

THE FIRST LESSON Exodus 14:19-31

The angel of God who was going before the Israelite army moved and went behind them; and the pillar of cloud moved from in front of them and took its place behind them. It came between the army of Egypt and the army of Israel. And so the cloud was there with the darkness, and it lit up the night; one did not come near the other all night. Then Moses stretched out his hand over the sea. The Lord drove the sea back by a strong east wind all night, and turned the sea into dry land; and the waters were divided. The Israelites went into the sea on dry ground, the waters forming a wall for them on their right and on their left. The Egyptians pursued, and went into the sea after them, all of Pharaoh's horses, chariots, and chariot drivers. At the morning watch the Lord in the pillar of fire and cloud looked down upon the Egyptian army, and threw the Egyptian army into panic. He clogged their chariot wheels so that they turned with difficulty. The Egyptians said, "Let us flee from the Israelites, for the Lord is fighting for them against Egypt." Then the Lord said to Moses, "Stretch out your hand over the sea, so that the water may come back upon the Egyptians, upon their chariots and chariot drivers." So Moses stretched out his hand over the sea, and at dawn the sea returned to its normal depth. As the Egyptians fled before it, the Lord tossed the Egyptians into the sea. The waters returned and covered the chariots and the chariot drivers, the entire army of Pharaoh that had followed them into the sea; not one of them remained. But the Israelites walked on dry ground through the sea, the waters forming a wall for them on their right and on their left. Thus the Lord saved Israel that day from the Egyptians; and Israel saw the Egyptians dead on the

seashore. Israel saw the great work that the Lord did against the Egyptians. So the people feared the Lord and believed in the Lord and in his servant Moses.

Reader The Word of the Lord.

People **Thanks be to God.**

PSALM 114

1 Hallelujah! When Israel came out of Egypt,
the house of Jacob from a people of strange speech,

**2 Judah became God's sanctuary
and Israel his dominion.**

3 The sea beheld it and fled;
Jordan turned and went back.

**4 The mountains skipped like rams,
and the little hills like young sheep.**

5 What ailed you, O sea, that you fled?
O Jordan, that you turned back?

**6 You mountains, that you skipped like rams?
you little hills like young sheep?**

7 Tremble, O earth, at the presence of the Lord,
at the presence of the God of Jacob,

**8 Who turned the hard rock into a pool of water
and flint-stone into a flowing spring.**

**Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.**

THE SECOND READING Romans 14:1-12

Welcome those who are weak in faith, but not for the purpose of quarreling over opinions. Some believe in eating anything, while the weak eat only vegetables. Those who eat must not despise those who abstain, and those who abstain must not pass judgment on those who eat; for God has welcomed them. Who are you to pass judgment on servants of another? It is before their own lord that they stand or fall. And they will be upheld, for the Lord is able to make them stand. Some judge one day to be better than another, while others judge all days to be alike. Let all be fully convinced in their own minds. Those who observe the day, observe it in honor of the Lord. Also those who eat, eat in honor of the Lord, since they give thanks to God; while those who abstain, abstain in honor of the Lord and give thanks to God. We do not live to ourselves, and we do not die to ourselves. If we live, we live to the Lord, and if we die, we die to the Lord; so then, whether we live or whether we die, we are the Lord's. For to this end Christ died and lived again, so that he might be Lord of both the dead and the living. Why do you pass judgment on your brother or sister? Or you, why do you despise your brother or sister? For we will all stand before the judgment seat of God. For it is written, "As I live, says

the Lord, every knee shall bow to me, and every tongue shall give praise to God.” So then, each of us will be accountable to God.

Reader The Word of the Lord.

People **Thanks be to God.**

THE GOSPEL

Matthew 18:21-35

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Peter came and said to Jesus, “Lord, if another member of the church sins against me, how often should I forgive? As many as seven times?” Jesus said to him, “Not seven times, but, I tell you, seventy-seven times. “For this reason the kingdom of heaven may be compared to a king who wished to settle accounts with his slaves. When he began the reckoning, one who owed him ten thousand talents was brought to him; and, as he could not pay, his lord ordered him to be sold, together with his wife and children and all his possessions, and payment to be made. So the slave fell on his knees before him, saying, ‘Have patience with me, and I will pay you everything.’ And out of pity for him, the lord of that slave released him and forgave him the debt. But that same slave, as he went out, came upon one of his fellow slaves who owed him a hundred denarii; and seizing him by the throat, he said, ‘Pay what you owe.’ Then his fellow slave fell down and pleaded with him, ‘Have patience with me, and I will pay you.’ But he refused; then he went and threw him into prison until he would pay the debt. When his fellow slaves saw what had happened, they were greatly distressed, and they went and reported to their lord all that had taken place. Then his lord summoned him and said to him, ‘You wicked slave! I forgave you all that debt because you pleaded with me. Should you not have had mercy on your fellow slave, as I had mercy on you?’ And in anger his lord handed him over to be tortured until he would pay his entire debt. So my heavenly Father will also do to every one of you, if you do not forgive your brother or sister from your heart.”

Celebrant The Gospel of the Lord.

People **Praise to you, Lord Christ.**

CHILDREN SERMON

THE SERMON

Fr. Ralph Osborne

Please stand

THE NICENE CREED

BCP pg. 358

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,**

true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

Please stand or kneel

THE PRAYERS OF THE PEOPLE

BCP pg. 392

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;

For all who work for justice, freedom, and peace.

For the just and proper use of your creation;

For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;

For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;

For all who proclaim the Gospel, and all who seek the Truth.

For Michael, our Presiding Bishop, Godfrey, Bishop of Masvingo, Matt, our Bishop; and for all bishops and other ministers;

For all who serve God in his Church.

For the special needs and concerns of this congregation.

Silence

Hear us, Lord;

For your mercy is great.

We thank you, Lord, for all the blessings of this life.

Silence

We will exalt you, O God our King;

And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom.

Silence

Lord, let your loving-kindness be upon them;

Who put their trust in you.

We pray to you also for the forgiveness of our sins.

Silence

Celebrant and People

**Have mercy upon us, most merciful Father;
in your compassion forgive us our sins,
known and unknown,
things done and left undone;
and so uphold us by your Spirit
that we may live and serve you in newness of life,
to the honor and glory of your Name;
through Jesus Christ our Lord. Amen.**

ABSOLUTION

THE PEACE: The peace of the Lord be always with you.

And also with you.

ANNOUNCEMENTS, BIRTHDAYS AND ANNIVERSARIES

OFFERTORY

Instrumental

Please stand

THE GREAT THANKSGIVING

BCP pg. 367

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give him thanks and praise.**

Celebrant It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord; who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Please stand or kneel

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

*Celebrant
and People*

Christ has died.

Christ is risen.

Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

*Celebrant
and People*

Our Father, who art in heaven,

hallowed be thy Name,

thy kingdom come,

thy will be done,

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those

who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom,

and the power, and the glory,

for ever and ever. Amen.

BREAKING OF THE BREAD

Celebrant Alleluia, Christ our Passover is sacrificed for us.

People **Therefore let us keep the feast. Alleluia.**

Celebrant The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

INVITATION TO VISUAL COMMUNION

see end of bulletin

COMMUNION

Instrumental

THE PRAYER OF THANKSGIVING

BCP pg. 366

Celebrant Let us pray. *Please kneel*

Celebrant and People

**Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.
And now, Father, send us out
to do the work you have given us to do,
to love and serve you
as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
Be honor and glory, now and for ever. Amen.**

BLESSING

Celebrant The Blessing of God Almighty Father, Son, and Holy Spirit be upon you now and remain with you always. **Amen.**

Please stand

RECESSIONAL HYMN

YOUR GRACE IS ENOUGH

A_{1,2} B / A_{3,4} BB

MATT MAHER

A

1. Great is ___ Your faith - ful - ness, O God ___ of Ja - cob;
2. You lead me by ___ still wa - ters in ___ to mer - cy
3. Great is ___ Your love ___ and jus - tice, God ___ of Ja - cob;
4. You lead us in ___ the song of heav - en's vic - t'ry,

You wres - tle with ___ the sin - ner's rest - less heart.
 where noth - ing can ___ keep us ___ a - part. _____
 You use ___ the weak ___ to lead ___ the strong. _____
 and all ___ Your peo - ple sing ___ a - long. _____

B

So re - mem - ber ___ Your peo - ple, ___ re - mem - ber ___ Your chil - dren, re

mem - ber ___ Your pro - mise, O God. _____ For Your grace is e - nough,

yes, Your grace is e - nough, yes, your grace is e - nough yes, Your

grace is e - nough for _____ me.

CCLI#541142

Celebrant Let us go forth in the name of Christ. Alleluia, alleluia.

People **Thanks be to God. Alleluia, alleluia.**

POSTLUDE

Instrumental

INVITATION TO VISUAL COMMUNION - In the medieval western church, a common practice was “ocular communion” or communing visually with Jesus in the Sacrament. This was done, for a variety of reasons, most of the congregation would reverence the Sacrament in place of physically receiving it. It is similar to what we do when we do Adoration and Benediction at the Eucharistic Festival or the Vigil before the Sacrament many of us keep Maundy Thursday. During this time of physical distancing when we are not able to gather in community to share in the Eucharist we invite you to visually contemplate and commune with Jesus in the Sacramental Bread. Here are a couple of prayers to assist you.

My Jesus,
I believe that You are present in the Most Holy Sacrament.
I love You above all things,
and I desire to receive You into my soul.
Since I cannot at this moment receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there
and unite myself wholly to You.
Never permit me to be separated from You.
Amen.
(Alphonse Liguori)

In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, I desire to offer to you praise and thanksgiving. I remember your death, Lord Christ; I proclaim your resurrection; I await your coming in glory. Since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.
(Prayer Book for the Armed Services)

The following anniversaries of members of our Parish Family will be remembered.

SUNDAY, SEPTEMBER 13, 2020 TO SATURDAY, SEPTEMBER 19, 2020

BIRTHDAYS

- 13 Molly Walter
Wade Lindholm
Jane Smith
Wayne Deitrich
- 15 Kathryn Plitt
Lily Acord
- 16 Kate Bomier
Nichole Hulbert
- 18 Laurie Ackell
Denise Prehn

WEDDING ANNIVERSARIES

- 15 Pete and Candy Zak
- 16 Harrison Francis and Shylu Sreekantan
- 19 Rodney and Sally Mentzel
Fritz and Christine Kromenaker

FAITHFUL DEPARTED

- 13 John Van Rooy
- 14 Nana Denney
Norma Gracey
Bill Dickens
- 15 Carol Dresser
- 16 Ruth Banks
Nancy Smith
- 17 Arthur Arnemann
Jane Nebel
- 18 Gloria Davis
Ada Hall, Sr.
- 19 Barbara Verbrick
Vi Doucette

MISSION PARTNER LINKS

- Double Portion with Calvary Bible Church/
St. Patrick's Church
- Betsy Hake - Honduras
- The Revs. Allen/Rachel Hill
- Mothers' Mercy Home - Kenya

MISSION PRAYER LINKS

- African Medical Mission
- Boy Scouts Troop 3
- Cub Scouts Pak 3003
- Carmen & Rosa and the San Lucas UCC - Chicago
- Gideon Bible Distribution Ministry
- Bishop Todd and The Rev. Patsy McGregor -
Madagascar
- Fr. Ian/Polly Montgomery - (SAMS)
- Wisconsin Kairos Prison Ministry

SERVING IN THE MILITARY

- Auston Allen - Air Force
- Kyle Cooper - Army National Guard
- Mary Danner-Jones - Air Force
- Claire Kopczynski - Army National Guard
- James Kopczynski - Army National Guard
- Bruce McRae - Army Reserve
- Tim Paterson - Army Reserve
- Don Patrick - Army Reserve
- Humberto Puga - Navy
- Mark Sopkiw, Jr. - Army
- Matthew Verich - Navy

DEPLOYED

- Johnny Kromenaker - Peace Corp
- Clint Kupari - Army
- Andrew Shaffer - Army
- Foreign Diplomats:
Steve Hendrix



Flowers on the High Altar today are given to the Greater Glory of God and in loving memory of Nancy Smith and Susan McNeely by Van Smith.

In the wider Anglican Communion we pray for the Anglican Church of South America, The Most Rev. Gregory James Venables - Presiding Bishop of the Anglican Church of South America & Bishop of Argentina. In the diocesan cycle of prayer we pray for the Diocesan Clergy Continuing Education Conference; St. Francis Mission District, Masvingo. In the St. Thomas cycle of prayer we pray for those involved in Worship including Music Ministers. Chalice bearers, Acolytes, Altar Guild, Lectors, Ushers, Greeters & Pastoral Care including Prayer Ministers, Prayer chain, Helping Hands, Lay Eucharistic Visitors.

Announcements

Office Hours –The office hours are Monday – Friday from 9:30-1:30 p.m.

Do you have new contact info – If so, please email or call Sandie with your information, and she will put it in the directory. If you would like an updated directory emailed to you, please email Sandie at sandieumland@gmail.com or call her at the office, 920-725-5601.

Please respond to the Bishop's Annual Appeal 2020

<p>Vital Congregations <i>GIVE</i> to your congregation. Please notate gifts with “Bishop’s Annual Appeal”</p>	<p>Prayer and Worship <i>PRAY</i> for people of diocesan congregations with the Prayer Card that was mailed to you.</p>
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HERE'S HOW:

- 1) In Your App Store Search For “Tithe.ly Church App” Looks Like This →  Download & Search For “St. Thomas Church Menasha” And Then The App Will ← Look Like This 😊 . . . OR
- 2) Use The Link Below From Your Phone Or Tablet And It'll Download The App For You, No Searching... OR <https://tithely.app.link/st-thomas-church>
- 3) On Your Phone Or Tablet Go To www.stthomaswi.com



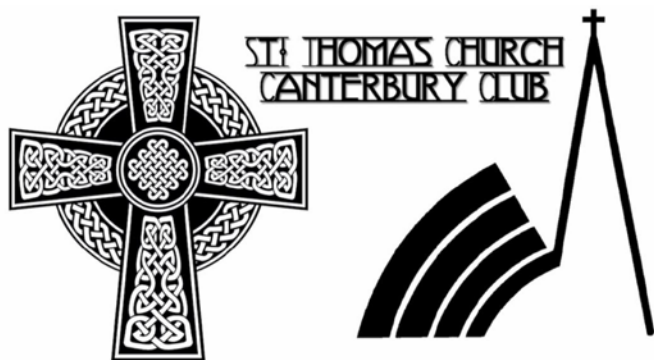
Looking for an easy way to give to St. Thomas? **Give online** or use our church app! You have been faithful in your giving and St. Thomas is weathering this time of Covid well. For those of you who are able, we hope you will continue to give, either by mailing your donation to the church or by **giving**

online through the church website: stthomaswi.com/give or through the St. Thomas Church app. To give through the website simply click on the gold Give Online button on the Give page and fill out the pop-up form. Your gift can be a one time or recurring

donation. You may give by using a credit card or your bank account. The fee for a \$20 donation using a credit card is 3% + \$.30 (\$.90) and for a bank account it is 1% + \$.30 (\$.50). You can cover the fees by clicking the box, which helps St. Thomas. You may also give through our church app. Download the church app from the website and click on Give and you will be taken to our giving platform website, Tithely, and simply follow the instructions.

Faithful Innovation – A few members of St. Thomas as well as other Parishioners from our Diocese are participating in a process called Faithful Innovation. We will be meeting three times over the next few months to participate in a learning Community. (A learning community is a group of congregations who commit to one another in a nine month learning experience. Through prayer, skill-building, action and reflection they address pressing questions about the future.) One of our first assignments is called “Dwelling in the Word.” Dwelling in the word is an ancient way of reading scripture. It’s a way of “spiritually submitting to the text” as one way God speaks to us. Please join us in reading, and re-reading Acts 16:6-15: Which tells the story of the apostle Paul being redirected by the Holy Spirit to move from one direction of ministry to another; and with the added bonus of learning the results of that new ministry. You can pick up a copy of the reading at the front or back of the church or read it on your own. More will follow as we embark on this journey together.

Your Faithful Innovation team: Fr. Ralph, Fr. Aran, Lisa Ueda, Anne Peterson, Jeanna Werbeckes, David Morton, Rob Prehn and Mike Land



Calling All 18 – 25 (ish) Year Olds Go figure! We have two amazing gatherings of young adults and COVID-19 comes along and ruins everything ☹️ But that doesn’t mean we’re not gonna get together...we’ll just be gathering remotely using Zoom. More details are coming but it’ll be on the last Sunday of

the month. If you’re interested, contact Aran Walter aranwalter@gmail.com or Shannon Walter shannonwalter@gmail.com

Youth Ministry (WWW.STYG.COM)

Junior & Senior High Youth Group (6-12 gr.) – Hello friends . . . grace and peace! As we dive into what would normally be our Fall Schedule, we want to let you know that Sunday Youth Group will not be taking place until we have a typical amount of people in the building on Sunday mornings. We hope and pray that will be soon but we obviously want to be patient and safe with our decisions during this time. Thanks for understanding!

D-Groups = Community – It is our hope that during the month of September, D-Groups will gather in person AND via Zoom. There are 4 Wednesdays in September when we will gather (9th, 16th, 23rd, & 30th). Please check our website for what’s happening on each Wednesday so you know when to be where! We’ll also, of course, update students and parents via email, texts, snaps, messages, and more. www.styg.com/d-groups



FILM SCHOOL? - Normally, this is the time of year when we are gearing up for a whole new slate of films for our Sunday morning spiritual formation class for 7th-12th graders. However, Film School will be on a break until we have a typical amount of people back in the building on Sunday mornings. Stay updated by checking out www.styg.com/filmschool

The Fall Lock-In – In person? Remote? Hybrid? We’re not 100% sure yet but SOMETHING resembling The Fall Lock-In will take place October 16-18 for all 6th – 12th graders. So please, mark those dates on your calendars and we’ll let you know what’s up as soon as we know. This is a Diocesan event so check out www.diofdl.org/youth



Pastoral Care

Specialized Pastoral Counseling at St. Thomas - Fr. John Peterson is available for virtual counseling at St. Thomas. It will take place by phone or video. This counseling is specialized in that it will meet the need of anyone looking to be able to clear and optimize the way their mind works. It is fast and effective with many of life’s problems including anxiety, depression, grief, low self-esteem, relationship issues, substance abuse, obsessions, compulsions, anger, resentment and self-destructive behaviors. When a person has a problem or an issue that needs to be addressed there are two ways to approach it. One way is “outward” when one aims at changing the outward circumstances. Another way is “inward” when one aims to change how one perceives the situation in their mind. It is this second way, the “renewing of the mind” that is the pathway used for this healing. During these stressful and uncertain times, I want to offer you an audio exercise presented by Jon Connelly, my teacher and mentor in Rapid Resolution Therapy entitled “Ease Your Mind & Raise Your Immunity – Accelerate Healing & Relieve Anxiety.” E-mail me at Johnpeterson2@earthlink.net and request it. You will be blessed by it.

FREEDOM FROM WORRY - In Chapter 6 of Matthew Jesus tells us not to be anxious or worry. Are you finding yourself worrying about many things during this time of the pandemic? We should have concerns and it is necessary for us to take appropriate actions to benefit and protect ourselves and others. But are you worrying about things over which you have no control? Are you worrying about things for which there is no action you can take to change the situation? Worry in itself cannot fix anything but it CAN cause harm. Worry can have physical and emotional effects for the worrier and damaging effects for those around him/her. Worry can cause a lack of energy and time to do those things we can and should do. When you are ready to be FREE from WORRY request my FREEDOM FROM WORRY Podcast at Johnpeterson2@earthlink.net.

Outreach/Missions



Scrip Program: *Proceeds benefit the Mission Scholarship Fund (sending missionaries and bringing our mission partners here).*

We are still selling scrip. Office hours are 9:30-1:30pm. Please call the office at 920-725-5601 or email Sandie at sandieumland@gmail.com with your order. We will get your order together and put on the table, right outside the office. Please leave your payment in an envelope on the table **OR we can also deliver your scrips to you.** Just let us know when you email or call that you would like them to be delivered. If you need to order certain ones that we don't have in stock, let Sandie know by Monday morning and she can order them. These special orders will be available to be picked up by Thursday of that week.

Scrip cards from the following merchants are typically in-stock for immediate pick up: Amazon, Applebee's, Buffalo Wild Wings, Cheddars, Chipotle Mexican Grille, Festival Foods, IHOP, Kohl's, Kwik Trip, Longhorn, Meijer, Olive Garden, Panera Bread, Papa Murphy's, P.F. Chang's, Piggly Wiggly, Roundys, Starbucks, Subway, Target, Walgreens and Wal-Mart/Sam's Club. In addition, **Scrip cards can also be ordered for over 500 of the country's biggest brands.** Scrip cards that are special ordered on Sunday mornings will be available to pick-up the following Sunday. Scrip cards can be purchased in the Parish Hall on Sunday mornings from 9 a.m. to noon, and weekdays in the church office during normal office hours.

MISSION PARTNER PRAYER REQUESTS FOR SEPTEMBER 2020

REVS. ALLEN & RACHEL HILL: www.samusa.org/missionaries-frames01.html

Prayer Requests:

- For the family as they have made the move to Nashotah House Seminary where Allen will serve as the Director of Distributed Education and a member of the faculty of
- For Rachel as she continues as a full-fledged SAMS missionary at Nashotah House to help build an active relationship to global Anglicanism by recruiting international students and serving on national and international bodies.
- For a wonderful new community & good friends for James and John and a great new school for John

DOUBLE PORTION: www.doubleportionsoupkitchen.com

Praise God for:

- A NEW completed kitchen to work from to feed the hungry who live near by
- The good health of most of our volunteer work staff
- The many people who have given food and money for the DP food program

Prayer Requests:

- That all who use the new kitchen will learn how to use it properly & take good care it
- That COVID will go away soon so that we may gather in the dining room as in the past
- For the good health of all people in the DP Program and all in the world

MOTHERS' MERCY HOME – DIOCESE OF MT KENYA SOUTH: www.mmhpp.org

Praise God for:

- The health & safety of our children & staff (no one affected by COVID -19)
- The partial opening of our churches
- The safety of the staff at the Cargo Human Care Medical Centre. (No COVID-19)

Prayer Requests:

- For the children who have been returned to MMH and for those who remain at home with guardians without attending school
- For our country where cases are rising high every day and affecting our economy immensely

BETSY HAKE – JERICHO MINISTRIES IN HONDURAS: www.settingthecaptivesfree.org

Praise God for:

- The strength to finish a 21 day fast during which God spoke to us individually and corporately with many answers to prayer & healings

Prayer Requests:

- For our older girls Susana, Esther, Katherine, Genesis and Emily that they would apply the Word of God in their lives and that Jesus will set them free from unhealthy thought patterns
- For 4k to finish our staff cabin so a staff family can move in
- For the leadership of Honduras, that they would respond in godly ways to the needs of the people of Honduras