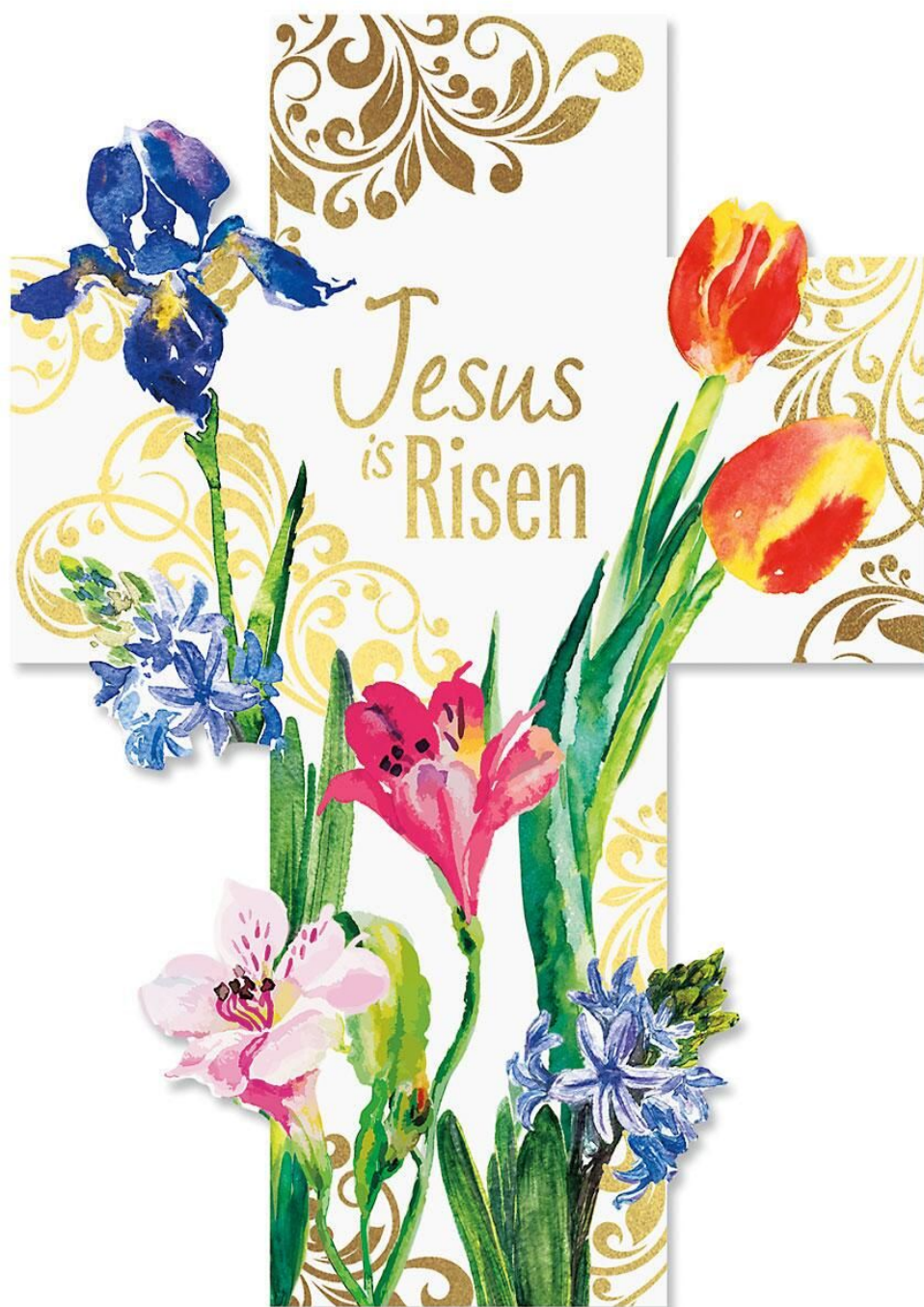


# *St. Thomas Church*



**Easter Day**  
**April 4, 2021**

## PRELUDE

Instrumental

## PROCESSIONAL HYMN *"Jesus Christ is Risen Today"*

Hymnal #207

- <sup>1</sup> **Jesus Christ is risen today, Alleluia! Our triumphant holy day, Alleluia!  
who did once upon the cross, Alleluia! suffer to redeem our loss, Alleluia!**
- <sup>2</sup> **Hymns of praise then let us sing, Alleluia! unto Christ, our heavenly King, Alleluia!  
Who endured the cross and grave, Alleluia! sinners to redeem and save. Alleluia!**
- <sup>3</sup> **But the pains which He endured, Alleluia! our salvation have procured, Alleluia!  
now above the sky He's King, Alleluia! where the angels ever sing. Alleluia!**
- <sup>4</sup> **Sing we to our God above, Alleluia! Praise eternal as His love, Alleluia!  
Praise Him all ye heavenly host, Alleluia! Father, Son and Holy Ghost, Alleluia!**

Words: Charles Wesley (1707-1788)

Music: Lyra Davidica (1708)

*Celebrant* Alleluia. Christ is risen.

*People* **The Lord is risen indeed. Alleluia.**

*Celebrant*

Almighty God, to you all hearts are open,  
all desires known, and from you no secrets are hid.  
Cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you  
and worthily magnify your holy name;  
through Christ our Lord. **Amen.**

## GLORIA

BCP pg. 356

**Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.**

*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Let us pray.

Almighty God, who through your only-begotten Son Jesus Christ overcame death and opened to us the gate of everlasting life: Grant that we, who celebrate with joy the day of the Lord's resurrection, may be raised from the death of sin by your life-giving Spirit; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

## THE FIRST LESSON                      Acts 10:34-43

Peter began to speak to Cornelius and the other Gentiles: "I truly understand that God shows no partiality, but in every nation anyone who fears him and does what is right is acceptable to him. You know the message he sent to the people of Israel, preaching peace by Jesus Christ—he is Lord of all. That message spread throughout Judea, beginning in Galilee after the baptism that John announced: how God anointed Jesus of Nazareth with the Holy Spirit and with power; how he went about doing good and healing all who were oppressed by the devil, for God was with him. We are witnesses to all that he did both in Judea and in Jerusalem. They put him to death by hanging him on a tree; but God raised him on the third day and allowed him to appear, not to all the people but to us who were chosen by God as witnesses, and who ate and drank with him after he rose from the dead. He commanded us to preach to the people and to testify that he is the one ordained by God as judge of the living and the dead. All the prophets testify about him that everyone who believes in him receives forgiveness of sins through his name."

*Reader* The Word of the Lord.

*People* **Thanks be to God.**

## PSALM 118:1-2, 14-24

1 Give thanks to the Lord, for he is good;  
his mercy endures for ever.

2 **Let Israel now proclaim,  
"His mercy endures for ever."**

14 The Lord is my strength and my song,  
and he has become my salvation.

15 **There is a sound of exultation and victory  
in the tents of the righteous:**

16 “The right hand of the Lord has triumphed!  
the right hand of the Lord is exalted!  
the right hand of the Lord has triumphed!”

17 **I shall not die, but live,  
and declare the works of the Lord.**

18 The Lord has punished me sorely,  
but he did not hand me over to death.

19 **Open for me the gates of righteousness;  
I will enter them;  
I will offer thanks to the Lord.**

20 “This is the gate of the Lord;  
he who is righteous may enter.”

21 **I will give thanks to you, for you answered me  
and have become my salvation.**

22 The same stone which the builders rejected  
has become the chief cornerstone.

23 **This is the Lord’s doing,  
and it is marvelous in our eyes.**

24 On this day the Lord has acted;  
we will rejoice and be glad in it.

**Glory to the Father, and to the Son, and to the Holy Spirit:  
as it was in the beginning, is now, and will be for ever. Amen.**

#### THE SECOND READING 1 Corinthians 15:1-11

Now I would remind you, brothers and sisters, of the good news that I proclaimed to you, which you in turn received, in which also you stand, through which also you are being saved, if you hold firmly to the message that I proclaimed to you—unless you have come to believe in vain. For I handed on to you as of first importance what I in turn had received: that Christ died for our sins in accordance with the scriptures, and that he was buried, and that he was raised on the third day in accordance with the scriptures, and that he appeared to Cephas, then to the twelve. Then he appeared to more than five hundred brothers and sisters at one time, most of whom are still alive, though some have died. Then he appeared to James, then to all the apostles. Last of all, as to one untimely born, he appeared also to me. For I am the least of the apostles, unfit to be called an apostle, because I persecuted the church of God. But by the grace of God I am what I am, and his grace toward me has not been in vain. On the contrary, I worked harder than any of them—though it was not I, but the grace of God that is with me. Whether then it was I or they, so we proclaim and so you have come to believe.

*Reader* The Word of the Lord.      *People* **Thanks be to God.**

## THE GOSPEL

Mark 16:1-8

The Holy Gospel of our Lord Jesus Christ.

*People* **Glory to you, Lord Christ.**

When the sabbath was over, Mary Magdalene, and Mary the mother of James, and Salome bought spices, so that they might go and anoint him. And very early on the first day of the week, when the sun had risen, they went to the tomb. They had been saying to one another, “Who will roll away the stone for us from the entrance to the tomb?” When they looked up, they saw that the stone, which was very large, had already been rolled back. As they entered the tomb, they saw a young man, dressed in a white robe, sitting on the right side; and they were alarmed. But he said to them, “Do not be alarmed; you are looking for Jesus of Nazareth, who was crucified. He has been raised; he is not here. Look, there is the place they laid him. But go, tell his disciples and Peter that he is going ahead of you to Galilee; there you will see him, just as he told you.” So they went out and fled from the tomb, for terror and amazement had seized them; and they said nothing to anyone, for they were afraid. And all that had been commanded them they told briefly to those around Peter. And afterward Jesus himself sent out through them, from east to west, the sacred and imperishable proclamation of eternal salvation.

*Celebrant* The Gospel of the Lord. *People* **Praise to you, Lord Christ.**

## CHILDREN SERMON

### THE SERMON

Fr. Ralph Osborne

*Want to participate in the Post-Sermon Conversation? Share a Comment or Ask a Question on Facebook or Youtube OR Send a text to (920) 383-1878*

## THE NICENE CREED

BCP pg. 358

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.**

**Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,**

and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

#### THE PRAYERS OF THE PEOPLE

Jesus Christ is risen today, our triumphant holy day: Alleluia! So let us pray to our Lord,  
saying, "Risen Christ,

**To you we give undying praise."**

Heavenly King, for us you endured the cross and the grave. When we were yet sinners,  
you redeemed and saved us. May we sing your eternal praises everywhere we go.

*Silence*

Risen Christ,

**To you we give undying praise.**

Incarnate Love, where hearts are wintry, grieving or in pain, call forth new life by your  
touch. Bring forth life in the barren places of your world.

*Silence*

Risen Christ,

**To you we give undying praise.**

Author of Life, you are the ruler of creation. All things created on earth sing to your  
glory. From the death of the winter, raise the fair beauty of earth.

*Silence*

Risen Christ,

**To you we give undying praise.**

Resurrected One, bring our neighbors from sadness into joy. Where they live in darkness, brighten their lives with a day of splendor and give to all that peace that passes human knowing.

*Invite the congregation to add their thanksgivings, followed by silence*

Risen Christ,

**To you we give undying praise.**

Triumphant Lord, gladden the faces of all who are sad and fearful-hearted. May they rejoice in your victory over sin and pain—even as they share in your glorious triumph,

*Invite the congregation to add their petitions, followed by silence*

Risen Christ,

**To you we give undying praise.**

Risen Christ, you have opened heaven's gate. You have freed us from the power of sin and death. Through your resurrection, you give us the promise of resurrection to a holier state. Bless the dying and the dead.

*Silence*

Risen Christ,

**To you we give undying praise.**

CONCLUDING COLLECT

CONFESSION OF SIN

Let us confess our sins against God and our neighbor.

**Most merciful God,**

**we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.**

**We have not loved you with our whole heart;**

**we have not loved our neighbors as ourselves.**

**We are truly sorry and we humbly repent.**

**For the sake of your Son Jesus Christ,**

**have mercy on us and forgive us;**

**that we may delight in your will,**

**and walk in your ways,**

**to the glory of your Name. Amen.**

ABSOLUTION

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE: The peace of the Lord be always with you.

**And also with you.** (We share the Peace of Christ.)

# ANNOUNCEMENTS, BIRTHDAYS AND ANNIVERSARIES

## OFFERTORY

Instrumental

## THE GREAT THANKSGIVING

BCP pg. 361

*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Lift up your hearts.

*People* **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give him thanks and praise.**

*Celebrant* It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

But chiefly are we bound to praise you for the glorious resurrection of your Son Jesus Christ our Lord; for he is the true Paschal Lamb, who was sacrificed for us, and has taken away the sin of the world. By his death he has destroyed death, and by his rising to life again he has won for us everlasting life.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*Celebrant and People*

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new



Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

*Celebrant  
and People*

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

*Celebrant  
and People*

**Our Father, who art in heaven,**

**hallowed be thy Name,**

**thy kingdom come,**

**thy will be done,**

**on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,**

**as we forgive those**

**who trespass against us.**

**And lead us not into temptation,**

**but deliver us from evil.**

**For thine is the kingdom,**

**and the power, and the glory,**

**for ever and ever. Amen.**

## BREAKING OF THE BREAD

*Celebrant* Alleluia, Christ our Passover is sacrificed for us.

*People* **Therefore let us keep the feast. Alleluia.**

*Celebrant* The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

## COMMUNION

Instrumental

## THE PRAYER OF THANKSGIVING

*Celebrant* Let us pray.

*Celebrant and People*

**Almighty and everliving God,  
we thank you for feeding us with the spiritual food  
of the most precious Body and Blood  
of your Son our Savior Jesus Christ;  
and for assuring us in these holy mysteries  
that we are living members of the Body of your Son,  
and heirs of your eternal kingdom.  
And now, Father, send us out  
to do the work you have given us to do,  
to love and serve you  
as faithful witnesses of Christ our Lord.  
To him, to you, and to the Holy Spirit,  
Be honor and glory, now and for ever. Amen.**

## BLESSING

*Celebrant* The Blessing of God Almighty Father, Son, and Holy Spirit be upon you now and remain with you always. **Amen.**

## RECESSIONAL HYMN “*Christ is Alive! Let Christians Sing*” Hymnal #182

- |  |   |
|--|---|
| <sup>1</sup> <b>Christ is alive! Let Christians sing.<br/>His cross stands empty to the sky.<br/>Let streets and homes with praises ring.<br/>His love in death shall never die.</b> | <sup>3</sup> <b>Not throned above, remotely high,<br/>untouched, unmoved by human pains,<br/>but daily, in the midst of life,<br/>our Savior with the Father reigns.</b>    |
| <sup>2</sup> <b>Christ is alive! No longer bound<br/>to distant years in Palestine,<br/>He comes to claim the here and now<br/>and conquer every place and time.</b>                 | <sup>4</sup> <b>In every insult, rift, and war<br/>where color, scorn or wealth divide,<br/>He suffers still, yet loves the more,<br/>and lives, though ever crucified.</b> |
| <sup>5</sup> <b>Christ is alive! His Spirit burns<br/>through this and every future age,<br/>till all creation lives and learns<br/>His joy, His justice, love, and praise.</b>      |   |

Words: Brian A. Wren (b. 1936)  
Music: Music: Lowell Mason (1792-1872)

*Celebrant* Let us go forth in the name of Christ. Alleluia, alleluia.  
*People* **Thanks be to God. Alleluia, alleluia.**

## POSTLUDE

Instrumental

**The following anniversaries** of members of our Parish Family will be remembered.

**SUNDAY, APRIL 4, 2021 TO SATURDAY, APRIL 10, 2021**

**BIRTHDAYS**

- 4 Nancy Pagel
- 5 Melanie Lawson  
Lila Roberts-Bird
- 6 Andrews Leonard
- 7 Jeanne Werbeckes  
Mike Martinson  
Carol Ferrin  
Vali Kampe  
Illyana Gietman
- 8 Peggy Langkau
- 9 Peg Dickson  
Peter Ackell  
Meggie Krautsch
- 10 Kelly Keating

**WEDDING ANNIVERSARIES**

- 9 Mike and Jennie Land (45)

**FAITHFUL DEPARTED**

- 4 Timothy Hanig
- 6 Jay Gillingham  
Thomas Nebel
- 7 Kathryn Johnston
- 9 Geraldine Hollander
- 10 Harry Hart

**MISSION PARTNER LINKS**

Double Portion with Calvary Bible Church/  
St. Patrick's Church  
Betsy Hake – Honduras  
The Revs. Allen/Rachel Hill  
Mothers' Mercy Home – Kenya

**MISSION PRAYER LINKS**

African Medical Mission  
Boy Scouts Troop 3  
Cub Scouts Pak 3003  
Carmen & Rosa and the San Lucas UCC – Chicago  
Gideon Bible Distribution Ministry  
Bishop Todd and The Rev. Patsy McGregor -  
Madagascar  
Fr. Ian/Polly Montgomery – (SAMS)  
Wisconsin Kairos Prison Ministry

**SERVING IN THE MILITARY**

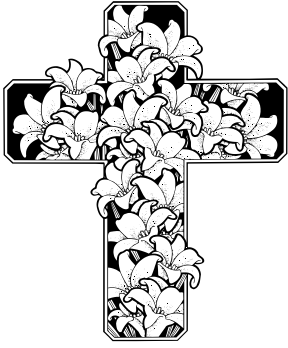
Auston Allen – Air Force  
Kyle Cooper – Army National Guard  
Mary Danner-Jones – Air Force  
Claire Kopczynski – Army National Guard  
James Kopczynski – Army National Guard  
Bruce McRae – Army Reserve  
Tim Paterson – Army Reserve  
Don Patrick – Army Reserve  
Humberto Puga – Navy  
Andrew Shaffer - Army  
Mark Sopkiw, Jr. - Army  
Matthew Verich – Navy

**DEPLOYED**

Clint Kupari - Army  
Foreign Diplomats:  
Steve Hendrix

✠ ✠ ✠

In the wider Anglican Communion, our diocesan cycle of prayer and St. Thomas cycle of prayer, we give thanks that: Jesus Christ is risen today, Alleluia! Our triumphant holy day, Alleluia! Who did once upon the cross, Alleluia! Suffer to redeem our loss, Alleluia!



## **Easter Flowers given to glorify and honor our Risen Lord! Alleluia!**

•and in memory of Jason Michael Hert, Walter and Elvera Sopkiw, Norton Ceruli, and Anna Magritz and in thanksgiving for my health, St. Thomas family, Covid vaccine and my dog, Lucy by Carol Hert

•and in loving memory of Bill and Margaret Wilson, Russ Wilson, and Ken and Mona Peterson, and in thanksgiving for our children and grandchildren: Dan, KaDee and Josephine, Katie, Derek and Layla, Sarah, Matt and Kaiah by Tim and Anne Peterson

•and in loving memory of the Smith, McNeely, Van Brocklin, Peterson, and Parker families by Van Smith and family

•and in thanksgiving and cheers for our Clergy, Staff, and Vestry of St. Thomas by Walter and Lynn Scott

•and in memory of Ray Ryerson, Harold and Margaret Elder, Adolph and Daisy Eichwald, James and Leona Elder, Fred and Leona Bredael, Mary Margaret Elder, Margaret Mary Elder, Robert Eichwald, Leverne and Edith Ryerson, Dorothy and Bill Miottel, Richard and Beverly Ryerson and Janet Ryerson by Kathie Ryerson

•and in memory of Darlene Morton, Charles and Kathryn Morton, Marriam and Robert Stanek, George and Barb Hora and Ella Parker by David and Sherry Morton

•and in memory of Hugh Nolin by Debby Nolin

•and in memory of Chuck Osier by Judy Osier

•and in memory of Willis and Leona Umland, Marion Meartz, and Lucy Schmidt by the Umland family

•and in memory of Jerry and Nancy Slaasted by Debbie Bergen, Bill Slaasted and Sandie Umland

•and in memory of Juanita Wiser, Albert Wiser, Jr., Lisa Wiser, Clarence Jameson, Albert Wiser, Sr., Louise Wiser, Mildred Wiser, William Wiser, Edna Wiser, Thomas LeMasters, Hobert Powers, Nancy Powers and Grace Brown by Karen D. Powers

•and in memory of Richard L. Carroll by Rich Carroll

•and in thanksgiving for our family by Dan and Joanna Siracusa

•and in memory of John and Jane Block, Todd Block, John Van Rooy, John and Louise Dombeck, and Tom DeBaal and in thanksgiving for our children and grandchildren and our St. Thomas family by Jack and Nancy Dombeck

•and in memory of Tom and Carol Steinfort by Peggy Langkau

•and in memory of Jim Gustman, Carol and Tom Steinfort by Sally Gustman

•and in memory of Giles and Kathleen Woolf by Steve Woolf

•and in memory of Jan Hull, Jerry and Sandy Keating by the Keating family

*The Easter Lilies on the Processional Cross are in loving memory of Dean and Susan McNeely by Van Smith and our family.*

# Announcements

Office Hours – The office hours are Monday – Friday from 9:30-1:30 p.m.

Pledge Boxes – They are available to be picked up on Sundays and during office hours.

Coffee Hour Invite - Many have been missing coffee hour. We cannot meet physically in person, but through Zoom, we can meet digitally in person! So for the next few weeks at a minimum, we will gather for coffee hour at 11:15 on Sunday mornings after church. You can find the link in the weekly email that includes the Sunday morning bulletins and you will also be able to find and click the link on 'Important Information' section of our website. Look for 'Quick Links'. Please join us!



## Wednesday Communion

In the Chapel at St. Thomas

1:00-4:00PM

&

6:30-8:30PM

(but not April 7<sup>th</sup>, 14<sup>th</sup> or 21<sup>st</sup> for the later times)

Please contact St. Thomas for a 20-Minute Slot (920) 725-5601 or  
[stthomaswi@stthomaswi.com](mailto:stthomaswi@stthomaswi.com)

Please enter using the steeple doors  
Masks Are 100% Required



## The Easiest Way To Get The App?

Go to the St. Thomas website

**[stthomaswi.com](http://stthomaswi.com)**

Scroll to the bottom and click on

**Get Our App**

## Youth Ministry ([WWW.STYG.COM](http://WWW.STYG.COM))

Junior & Senior High Youth Group (6-12 gr.) – Hello friends . . . grace and peace! As we continue to deal with COVID-19, we want to let you know that Sunday Youth Group will not be taking place until we have a typical amount of people in the building on Sunday mornings. We hope and pray that will be soon but we obviously want to be patient and safe with our decisions during this time. Thanks for understanding!

**D-Groups = Community** – On March 24<sup>th</sup>, D-Groups had, what we hope, was our FINAL ZOOM! After obviously not having any D-Groups during Holy Week, our hope and goal is to begin IN PERSON D-Groups on Wednesday, April 7<sup>th</sup>. More details will be coming online and via text, snap, email, etc. Thank you to all who have supported us thru this ongoing pandemic. Masks and Distancing will be 100% required at D-Groups until further notice. [www.styg.com/d-groups](http://www.styg.com/d-groups)



**FILM SCHOOL?** - Normally, this is the time of year when we are in the midst of a whole new slate of films for our Sunday morning spiritual formation class for 7<sup>th</sup>-12<sup>th</sup> graders. However, Film School will be on a break until we have a typical amount of people back in the building on Sunday mornings. Stay updated by checking out [www.styg.com/filmschool](http://www.styg.com/filmschool)

Summer Camp - Please head over to [www.diofdl.org/camp](http://www.diofdl.org/camp) to see the latest announcements about Senior, Middler, Junior, and Kinder Camp sessions. Dates have been announced and there's LOTS more to read about.

**Love Journey (aka Mission Trip)** – It is our deep prayer and hope that this summer we can do some kind of Love Journey but, like lots of things, we have to wait and see. Our trip, if we have one, could be local or, at maximum, within a 3 hour drive. We will likely not do a full week but perhaps just a few days. Please pray and continue to check out the Love Journey page on the STYG website. [www.styg.com/lovejourney](http://www.styg.com/lovejourney)

## Pastoral Care

Specialized Pastoral Counseling at St. Thomas - Fr. John Peterson is available for virtual counseling at St. Thomas. It will take place by phone or video. This counseling is specialized in that it will meet the need of anyone looking to be able to clear and optimize the way their mind works. It is fast and effective with many of life's problems including anxiety, depression, grief, low self-esteem, relationship issues, substance abuse, obsessions, compulsions, anger, resentment and self-destructive behaviors. When a person has a problem or an issue that needs to be addressed there are two ways to approach it. One way is "outward" when one aims at changing the outward

circumstances. Another way is “inward” when one aims to change how one perceives the situation in their mind. It is this second way, the “renewing of the mind” that is the pathway used for this healing. During these stressful and uncertain times, I want to offer you an audio exercise presented by Jon Connelly, my teacher and mentor in Rapid Resolution Therapy entitled “Ease Your Mind & Raise Your Immunity – Accelerate Healing & Relieve Anxiety.” E-mail me at [Johnpeterson2@earthlink.net](mailto:Johnpeterson2@earthlink.net) and request it. You will be blessed by it.

**FREEDOM FROM WORRY** - In Chapter 6 of Matthew Jesus tells us not to be anxious or worry. Are you finding yourself worrying about many things during this time of the pandemic? We should have concerns and it is necessary for us to take appropriate actions to benefit and protect ourselves and others. But are you worrying about things over which you have no control? Are you worrying about things for which there is no action you can take to change the situation? Worry in itself cannot fix anything but it CAN cause harm. Worry can have physical and emotional effects for the worrier and damaging effects for those around him/her. Worry can cause a lack of energy and time to do those things we can and should do. When you are ready to be FREE from WORRY request my FREEDOM FROM WORRY Podcast at [Johnpeterson2@earthlink.net](mailto:Johnpeterson2@earthlink.net).

## Outreach/Missions



Scrip Program: *Proceeds benefit the Mission Scholarship Fund (sending missionaries and bringing our mission partners here).*

Office hours are 9:30-1:30 p.m. Please call the office at 920-725-5601 or email Sandie at [sandieumland@gmail.com](mailto:sandieumland@gmail.com) with your order. We will get your order together and put on the table, right outside the office. Please leave your payment in an envelope on the table **OR we can also deliver your scrips to you.** Just let us know when you email or call that you would like them to be delivered. If you need to order certain ones that we don't have in stock, let Sandie know by Monday morning and she can order them. These special orders will be available to be picked up by Thursday of that week.

Scrip cards from the following merchants are typically in-stock for immediate pick up: Amazon, Applebee's, Buffalo Wild Wings, Cheddars, Chipotle Mexican Grille, Festival Foods, IHOP, Kohl's, Kwik Trip, Longhorn, Meijer, Olive Garden, Panera Bread, Papa Murphy's, P.F. Chang's, Piggly Wiggly, Roundys, Starbucks, Subway, Target, Walgreens and Wal-Mart/Sam's Club. In addition, **Scrip cards can also be ordered for over 500 of the country's biggest brands.** Scrip cards that are special ordered on Sunday mornings will be available to pick-up the following Sunday. Scrip cards can be purchased in the Parish Hall on Sunday mornings from 9 a.m. to noon, and weekdays in the church office during normal office hours.

# MISSION PARTNER PRAYER REQUESTS FOR APRIL 2021

## **DOUBLE PORTION: [www.doubleportionsoupkitchen.com](http://www.doubleportionsoupkitchen.com)**

Praise God for:

- The faithful service of volunteers Ross Christman and Jon Sams who recently went home to be with Jesus
- All the years of service of many workers who feed the hungry in our area and who spread God's love through conversations with guests

Prayer Requests:

- For donations of canned meats and fruits, cereal and paper products.
- For the end of COVID restrictions so we can return to sit down meals and fellowship

## **MOTHERS' MERCY HOME – DIOCESE OF MT KENYA SOUTH: [www.mmhpp.org](http://www.mmhpp.org)**

Praise God for:

- His care for the MMH family, for provision of food, clothing, shelter and education, and for Partners with whom we are able to share and pray

Prayer Requests:

- For the 19 students preparing for Primary level and 3 for Secondary level exams. For relief of anxiety, fear, sickness, etc. during this time.
- For these students transition to another level which is always difficult
- For the student's guardians

## **BETSY HAKE – JERICHO MINISTRIES IN HONDURAS: [www.settingthecaptivesfree.org](http://www.settingthecaptivesfree.org)**

Prayer Requests:

- For funds to build our school out at the Villa
- For wisdom for Miriam as she makes our Master Plan
- For God's guidance as we shift to caring for our children in smaller family settings
- For divine strategies to minister the Truth to our children, many of whom are now teens
- That God would use COVID to bring many into the knowledge that Jesus is the Truth, the Way, and the Life and that no one goes to the Father except through Jesus
- For the publication of "The Road to Jericho". We are close now!

## **REVS. ALLEN & RACHEL HILL: [www.samusa.org/missionaries-frames01.html](http://www.samusa.org/missionaries-frames01.html)**

Prayer Requests:

- For Rachel as she steps back from ministry for at least the next 6 months to take care of the family's educational, emotional and physical well-being.
- For grace to deal with isolation from friends, online schooling, lack of organized sporting activities, high anxiety and challenges associated with ADHD
- For healing where our hearts have been wounded and protection from evil
- For improved health and new ministry opportunities for Rachel's parents, Bishop Bill and Judith Godfrey