

# St. Thomas Church

January 10, 2021

10 a.m.

**First Sunday after the Epiphany:  
The Baptism of our Lord**



## **Epiphany Blessing:**

May Almighty God, who led the Wise Men by the shining of a star to find the Christ, the Light from Light, lead you also, in your pilgrimage, to find the Lord. **Amen.**

May God, who sent the Holy Spirit to rest upon the Only-begotten at his baptism in the Jordan River, pour out that Spirit on you who have come to the waters of new birth. **Amen.**

May God, by the power that turned water into wine at the wedding feast at Cana, transform your lives and make glad your hearts. **Amen.**

And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen.**

PRELUDE

Instrumental

PROCESSIONAL HYMN

*"When Jesus Went To Jordan's Stream"*

Hymnal #139

<sup>1</sup> **When Jesus went to Jordan's stream  
His Father's will obeying,  
and was baptized by John, there came  
A voice from heaven saying,  
"This is my dear beloved Son  
upon whom rests my favor."  
And till God's will is fully done  
He will not bend or waver,  
for He is Christ the Savior**

<sup>2</sup> **The Holy Spirit then was shown,  
a dove on him descending;  
the Triune God is thus made known  
in Christ as love unending.  
He taught, he healed, he raised the dead,  
yet, in his great endeavor  
to save us, his own blood was shed;  
but death could hold him never.  
He rose, and lives for ever.**

<sup>3</sup> **He came by water and by blood  
to heal our lost condition;  
He cleanses, reconciles to God,  
and gives the Great Commission.  
Then let us not heed worldly lies  
nor rest upon our merit,  
but trust in Christ who will baptize  
with water and the Spirit  
that we may life inherit.**

Words: Martin Luther (1483-1546)  
Music: Christ unser Herr zum Jordan kam

*Celebrant* **Blessed be God: Father, Son, and Holy Spirit.**

*People* **And blessed be his kingdom, now and for ever. Amen.**

*Celebrant*

Almighty God, to you all hearts are open,  
all desires known, and from you no secrets are hid.  
Cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you  
and worthily magnify your holy name;  
through Christ our Lord. **Amen.**

**Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.**

*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Let us pray.

Father in heaven, who at the baptism of Jesus in the River Jordan proclaimed him your beloved Son and anointed him with the Holy Spirit: Grant that all who are baptized into his Name may keep the covenant they have made, and boldly confess him as Lord and Savior; who with you and the Holy Spirit lives and reigns, one God, in glory everlasting. **Amen.**

## THE FIRST LESSON                      Genesis 1:1-5

In the beginning when God created the heavens and the earth, the earth was a formless void and darkness covered the face of the deep, while a wind from God swept over the face of the waters. Then God said, "Let there be light"; and there was light. And God saw that the light was good; and God separated the light from the darkness. God called the light Day, and the darkness he called Night. And there was evening and there was morning, the first day.

*Reader* The Word of the Lord.

*People* **Thanks be to God.**

## PSALM 29

- 1 Ascribe to the Lord, you gods,  
ascribe to the Lord glory and strength.
- 2 **Ascribe to the Lord the glory due his Name;  
worship the Lord in the beauty of holiness.**
- 3 The voice of the Lord is upon the waters; the God of glory thunders;  
the Lord is upon the mighty waters.
- 4 **The voice of the Lord is a powerful voice;  
the voice of the Lord is a voice of splendor.**
- 5 The voice of the Lord breaks the cedar trees;  
the Lord breaks the cedars of Lebanon;
- 6 **He makes Lebanon skip like a calf,  
and Mount Hermon like a young wild ox.**
- 7 The voice of the Lord splits the flames of fire;  
the voice of the Lord shakes the wilderness;  
the Lord shakes the wilderness of Kadesh.
- 8 **The voice of the Lord makes the oak trees writhe  
and strips the forests bare.**
- 9 And in the temple of the Lord  
all are crying, "Glory!"
- 10 **The Lord sits enthroned above the flood;  
the Lord sits enthroned as King for evermore.**
- 11 The Lord shall give strength to his people;  
the Lord shall give his people the blessing of peace.

**Glory to the Father, and to the Son, and to the Holy Spirit:  
as it was in the beginning, is now, and will be for ever. Amen.**

## THE SECOND READING Acts 19:1-7

While Apollos was in Corinth, Paul passed through the interior regions and came to Ephesus, where he found some disciples. He said to them, "Did you receive the Holy Spirit when you became believers?" They replied, "No, we have not even heard that there is a Holy Spirit." Then he said, "Into what then were you baptized?" They answered, "Into John's baptism." Paul said, "John baptized with the baptism of repentance, telling the people to believe in the one who was to come after him, that is, in Jesus." On hearing this, they were baptized in the name of the Lord Jesus. When Paul had laid his hands on them, the Holy Spirit came upon them, and they spoke in tongues and prophesied—altogether there were about twelve of them.

*Reader* The Word of the Lord.

*People* **Thanks be to God.**

## THE GOSPEL

Mark 1:4-11

The Holy Gospel of our Lord Jesus Christ according to Mark.

*People* **Glory to you, Lord Christ.**

John the baptizer appeared in the wilderness, proclaiming a baptism of repentance for the forgiveness of sins. And people from the whole Judean countryside and all the people of Jerusalem were going out to him, and were baptized by him in the river Jordan, confessing their sins. Now John was clothed with camel's hair, with a leather belt around his waist, and he ate locusts and wild honey. He proclaimed, "The one who is more powerful than I is coming after me; I am not worthy to stoop down and untie the thong of his sandals. I have baptized you with water; but he will baptize you with the Holy Spirit." In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased."

*Celebrant* The Gospel of the Lord.

*People* **Praise to you, Lord Christ.**

## CHILDREN SERMON

### THE SERMON

Fr. Ralph Osborne

*Want to participate in the Post-Sermon Conversation? Share a Comment or Ask a Question on Facebook or Youtube OR Send a text to (920) 383-1878*

### THE NICENE CREED

BCP pg. 358

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## THE PRAYERS OF THE PEOPLE

BCP pg. 392

In peace, we pray to you, Lord God.

*Silence*

For all people in their daily life and work;

**For our families, friends, and neighbors, and for those who are alone.**

For this community, the nation, and the world;

**For all who work for justice, freedom, and peace.**

For the just and proper use of your creation;

**For the victims of hunger, fear, injustice, and oppression.**

For all who are in danger, sorrow, or any kind of trouble;

**For those who minister to the sick, the friendless, and the needy.**

For the peace and unity of the Church of God;

**For all who proclaim the Gospel, and all who seek the Truth.**

For Michael, our Presiding Bishop, Godfrey, Bishop of Masvingo, Matt, our Bishop; and  
for all bishops and other ministers;

**For all who serve God in his Church.**

For the special needs and concerns of this congregation.

*Silence*

Hear us, Lord;

**For your mercy is great.**

We thank you, Lord, for all the blessings of this life.

*Silence*

We will exalt you, O God our King;

**And praise your Name for ever and ever.**

We pray for all who have died, that they may have a place in your eternal kingdom.

*Silence*

Lord, let your loving-kindness be upon them;

**Who put their trust in you.**

We pray to you also for the forgiveness of our sins.

*Silence*

*Celebrant and People*

**Have mercy upon us, most merciful Father;  
in your compassion forgive us our sins,  
known and unknown,  
things done and left undone;  
and so uphold us by your Spirit  
that we may live and serve you in newness of life,  
to the honor and glory of your Name;  
through Jesus Christ our Lord. Amen.**

## ABSOLUTION

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE: The peace of the Lord be always with you.  
**And also with you.**

## ANNOUNCEMENTS, BIRTHDAYS AND ANNIVERSARIES

### OFFERTORY

Instrumental

### THE GREAT THANKSGIVING

BCP pg. 361

*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Lift up your hearts.

*People* **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give him thanks and praise.**

*Celebrant* It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*Celebrant and People*

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

*Celebrant  
and People*

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**



And now, as our Savior Christ has taught us, we are bold to say,

*Celebrant  
and People*

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.**

## BREAKING OF THE BREAD

*Celebrant* Alleluia, Christ our Passover is sacrificed for us.

*People* **Therefore let us keep the feast. Alleluia.**

*Celebrant* The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

## INVITATION TO VISUAL COMMUNION

see end of bulletin

## COMMUNION

Instrumental

## THE PRAYER OF THANKSGIVING

BCP pg. 366

*Celebrant* Let us pray.

*Celebrant and People*

**Almighty and everliving God,  
we thank you for feeding us with the spiritual food  
of the most precious Body and Blood  
of your Son our Savior Jesus Christ;  
and for assuring us in these holy mysteries  
that we are living members of the Body of your Son,  
and heirs of your eternal kingdom.  
And now, Father, send us out  
to do the work you have given us to do,  
to love and serve you  
as faithful witnesses of Christ our Lord.  
To him, to you, and to the Holy Spirit,  
Be honor and glory, now and for ever. Amen.**

## BLESSING

*Celebrant* The Blessing of God Almighty Father, Son, and Holy Spirit be upon you now and remain with you always. **Amen.**

## RECESSIONAL HYMN “*The Sinless One to Jordan Came*” Hymnal #120

<sup>1</sup> The sinless one to Jordan came  
And in the river shared our stain;  
God’s righteousness he thus fulfilled  
and chose the path his Father willed.

<sup>4</sup> How blest that mission then begun  
to heal and save a race undone!  
Straight to the wilderness he goes  
to wrestle with his people’s foes.

<sup>2</sup> Uprising from the waters there,  
the Father’s voice did then declare  
that Christ, the Son of God, had come  
to lead his scattered people home.

<sup>5</sup> O Christ, may we baptized from sin,  
go forth with you a world to win:  
grant us the Holy Spirit’s power  
to shield us in temptation’s hour.

<sup>3</sup> Above him see the heavenly Dove,  
the sign of God the Father’s love,  
now by the Holy Spirit shed  
upon the Son’s anointed head.

<sup>6</sup> On you shall all your people feed,  
and know you are the Bread indeed,  
who gives eternal life to those  
that with you died, and with you rose.

Words: George B. Timms (1910)  
Music: *Solemnis haec festivitas*

*Celebrant* Let us go forth in the name of Christ. Alleluia, alleluia.

*People* **Thanks be to God. Alleluia, alleluia.**

## POSTLUDE

Instrumental

INVITATION TO VISUAL COMMUNION - In the medieval western church, a common practice was “ocular communion” or communing visually with Jesus in the Sacrament. This was done, for a variety of reasons, most of the congregation would reverence the Sacrament in place of physically receiving it. It is similar to what we do when we do Adoration and Benediction at the Eucharistic Festival or the Vigil before the Sacrament many of us keep Maundy Thursday. During this time of physical distancing when we are not able to gather in community to share in the Eucharist we invite you to visually contemplate and commune with Jesus in the Sacramental Bread. Here are a couple of prayers to assist you.

My Jesus,  
I believe that You are present in the Most Holy Sacrament.  
I love You above all things,  
and I desire to receive You into my soul.  
Since I cannot at this moment receive You sacramentally,  
come at least spiritually into my heart.  
I embrace You as if You were already there  
and unite myself wholly to You.  
Never permit me to be separated from You.  
Amen.  
(Alphonse Liguori)

In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, I desire to offer to you praise and thanksgiving. I remember your death, Lord Christ; I proclaim your resurrection; I await your coming in glory. Since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.  
(Prayer Book for the Armed Services)

**The following anniversaries** of members of our Parish Family will be remembered.

**SUNDAY, JANUARY 10, 2021 TO SATURDAY, JANUARY 16, 2021**

**BIRTHDAYS**

- 10 Chris Lauderdale  
Jim Varner  
Annabel Byram
- 11 Sue Deitrich
- 12 Joshua Coopman  
Elijah Coopman
- 13 Jayme Olson  
Emma Walker
- 15 Wendy Krull
- 16 Rick Priebe  
Mary Hamby

**WEDDING ANNIVERSARIES**

- 15 Jack and Katherine Carstens

**FAITHFUL DEPARTED**

- 12 Erma Mae Dean
- 13 Charles Morton
- 14 Viola Lorence
- 15 Sallie Pleasants  
Marjorie Young  
Giles Woolf  
Judy Hendrickson

**MISSION PARTNER LINKS**

Double Portion with Calvary Bible Church/  
St. Patrick's Church  
Betsy Hake - Honduras  
The Revs. Allen/Rachel Hill  
Mothers' Mercy Home - Kenya

**MISSION PRAYER LINKS**

African Medical Mission  
Boy Scouts Troop 3  
Cub Scouts Pak 3003  
Carmen & Rosa and the San Lucas UCC - Chicago  
Gideon Bible Distribution Ministry  
Bishop Todd and The Rev. Patsy McGregor -  
Madagascar  
Fr. Ian/Polly Montgomery - (SAMS)  
Wisconsin Kairos Prison Ministry

**SERVING IN THE MILITARY**

Auston Allen - Air Force  
Kyle Cooper - Army National Guard  
Mary Danner-Jones - Air Force  
Claire Kopczynski - Army National Guard  
James Kopczynski - Army National Guard  
Bruce McRae - Army Reserve  
Tim Paterson - Army Reserve  
Don Patrick - Army Reserve  
Humberto Puga - Navy  
Andrew Shaffer - Army  
Mark Sopkiw, Jr. - Army  
Matthew Verich - Navy

**DEPLOYED**

Clint Kupari - Army  
Foreign Diplomats:  
Steve Hendrix



In the wider Anglican Communion we pray for The Anglican Church in Aotearoa, New Zealand and Polynesia. In the St. Thomas cycle of prayer we pray for those involved in Worship including Music Ministers. Chalice bearers, Acolytes, Altar Guild, Lectors, Ushers, Greeters & Pastoral Care including Prayer Ministers, Prayer chain, Helping Hands, and Lay Eucharistic Visitors.

# **Announcements**

**Office Hours** – The office hours are Monday – Friday from 9:30-1:30 p.m.

Communion is available on Wednesdays between 1-4 p.m. and 6:30-8:30 p.m. Please call the office, 920-725-5601 to reserve a time.

**Pledge Boxes** – They are available to be picked up during office hours. They are located by the office.

**Coffee Hour Invite** - Many have been missing coffee hour. We cannot meet physically in person, but through Zoom, we can meet digitally in person! So for the next few weeks at a minimum, we will gather for coffee hour at 11:15 on Sunday mornings after church. You can find the link in the weekly email that includes the Sunday morning bulletins and you will also be able to find and click the link on 'Important Information' section of our website. Look for 'Quick Links'. Please join us!

**Do you have new contact info** – If so, please email or call Sandie with your information, and she will put it in the directory. If you would like an updated directory emailed to you, please email Sandie at [sandieumland@gmail.com](mailto:sandieumland@gmail.com) or call her at the office, 920-725-5601.

**Faithful Innovation** – A few members of St. Thomas as well as other Parishioners from our Diocese are participating in a process called Faithful Innovation. We will be meeting three times over the next few months to participate in a learning Community. (A learning community is a group of congregations who commit to one another in a nine month learning experience. Through prayer, skill-building, action and reflection they address pressing questions about the future.) One of our first assignments is called “Dwelling in the Word.” Dwelling in the word is an ancient way of reading scripture. It’s a way of “spiritually submitting to the text” as one way God speaks to us. Please join us in reading, and re-reading Acts 16:6-15: Which tells the story of the apostle Paul being redirected by the Holy Spirit to move from one direction of ministry to another; and with the added bonus of learning the results of that new ministry. You can pick up a copy of the reading at the front or back of the church or read it on your own. More will follow as we embark on this journey together.

Your Faithful Innovation team: Fr. Ralph, Fr. Aran, Lisa Ueda, Anne Peterson, Jeanna Werbeckes, David Morton, Rob Prehn and Mike Land

**Lent Madness** – Lent Madness booklets are in. They are in the office. There is also a copy of the bracket sheet. Brackets are due back to Karen Powers by Ash Wednesday, February 17<sup>th</sup>. Voting begins on “Ash Thursday” the 18<sup>th</sup>. Fee to enter is \$10. With that, you receive the booklet, the extra bracket, and the ability to participate. If you have any questions, please call Karen Powers at 920-379-8239.

Annual Meeting Postponed - Due to the necessary restrictions on gathering together, the St. Thomas vestry have decided to postpone the Annual Meeting (which typically takes place in late January) until such a time when we can all gather safely. Please continue to keep your vestry in your prayers.



### **The Easiest Way To Get The App?**

Go to the St. Thomas website

**[stthomaswi.com](http://stthomaswi.com)**

Scroll to the bottom and click on  
**Get Our App**

## **Youth Ministry ([WWW.STYG.COM](http://WWW.STYG.COM))**

Junior & Senior High Youth Group (6-12 gr.) – Hello friends . . . grace and peace! As we dive into what would normally be our Fall Schedule, we want to let you know that Sunday Youth Group will not be taking place until we have a typical amount of people in the building on Sunday mornings. We hope and pray that will be soon but we obviously want to be patient and safe with our decisions during this time. Thanks for understanding!

**D-Groups = Community** – D-Groups will gather every Wednesday in January on Zoom, due to the alarming numbers of COVID cases, hospitalizations, and deaths. Please stay safe everyone. We will of course keep students and parents updated via email, texts, snaps, messages, and more. [www.styg.com/d-groups](http://www.styg.com/d-groups)





**FILM SCHOOL?** - Normally, this is the time of year when we are in the midst of a whole new slate of films for our Sunday morning spiritual formation class for 7<sup>th</sup>-12<sup>th</sup> graders. However, Film School will be on a break until we have a typical amount of people back in the building on Sunday mornings. Stay updated by checking out [www.styg.com/filmschool](http://www.styg.com/filmschool)

College Student Care Packages - The word “typically” doesn’t really apply during this time of COVID. But none of us want to neglect one of the largest outreach projects we do as a St. Thomas family. But this year, it's going to have to look a little different! On **Sunday, February 7**, the Care Packages will be put together. So, between Monday, January 4 and Friday, February 5, you are invited to drop off at, or have shipped to, non-perishable goodies that you know the 18-23 year old crowd will enjoy (no cans, and no liquids). Granola bars, cookies, candies, travel sized bathroom items, etc. Gift cards are wonderful as well. **BUT MOST IMPORTANTLY**, if you could write a couple sentences (no more than 2 or 3) of blessing, love, grace, peace, on a small piece of paper, we will photocopy it and place one in each box. Potentially, each young adult will get dozens of notes from their St. Thomas family (as well as lots of goodies). We hope you'll participate! Items can be dropped off Monday-Friday between 9:30AM-1:30PM. Please wear a mask when you enter the building. **THANK YOU!!** 😊



Summer Camp - The Diocese of Fond du Lac has made no announcement about the status of our Diocesan Summer Camp in 2021 and may not until much later than normal. Be watching the Diocesan Camp website [www.diofdl.org/camp](http://www.diofdl.org/camp) for details and announcements. **AND PRAY!!!**

## **Pastoral Care**

Specialized Pastoral Counseling at St. Thomas - Fr. John Peterson is available for virtual counseling at St. Thomas. It will take place by phone or video. This counseling is specialized in that it will meet the need of anyone looking to be able to clear and optimize the way their mind works. It is fast and effective with many of life’s problems including anxiety, depression, grief, low self-esteem, relationship issues, substance abuse, obsessions, compulsions, anger, resentment and self-destructive behaviors. When a person has a problem or an issue that needs to be addressed there are two ways to approach it. One way is “outward” when one aims at changing the outward circumstances. Another way is “inward” when one aims to change how one perceives the situation in their mind. It is this second way, the “renewing of the mind” that is the pathway used for this healing. During these stressful and uncertain times, I want to offer you an audio exercise presented by Jon Connelly, my teacher and mentor in Rapid Resolution Therapy entitled “Ease Your Mind & Raise Your Immunity – Accelerate

Healing & Relieve Anxiety.” E-mail me at [Johnpeterson2@earthlink.net](mailto:Johnpeterson2@earthlink.net) and request it. You will be blessed by it.

**FREEDOM FROM WORRY** - In Chapter 6 of Matthew Jesus tells us not to be anxious or worry. Are you finding yourself worrying about many things during this time of the pandemic? We should have concerns and it is necessary for us to take appropriate actions to benefit and protect ourselves and others. But are you worrying about things over which you have no control? Are you worrying about things for which there is no action you can take to change the situation? Worry in itself cannot fix anything but it CAN cause harm. Worry can have physical and emotional effects for the worrier and damaging effects for those around him/her. Worry can cause a lack of energy and time to do those things we can and should do. When you are ready to be FREE from WORRY request my FREEDOM FROM WORRY Podcast at [Johnpeterson2@earthlink.net](mailto:Johnpeterson2@earthlink.net).

## Outreach/Missions



**Scrip Program:** *Proceeds benefit the Mission Scholarship Fund (sending missionaries and bringing our mission partners here).*

Office hours are 9:30-1:30 p.m. Please call the office at 920-725-5601 or email Sandie at [sandieumland@gmail.com](mailto:sandieumland@gmail.com) with your order. We will get your order together and put on the table, right outside the office. Please leave your payment in an envelope on the table **OR we can also deliver your scrips to you.** Just let us know when you email or call that you would like them to be delivered. If you need to order certain ones that we don't have in stock, let Sandie know by Monday morning and she can order them. These special orders will be available to be picked up by Thursday of that week.

Scrip cards from the following merchants are typically in-stock for immediate pick up: Amazon, Applebee's, Buffalo Wild Wings, Cheddars, Chipotle Mexican Grille, Festival Foods, IHOP, Kohl's, Kwik Trip, Longhorn, Meijer, Olive Garden, Panera Bread, Papa Murphy's, P.F. Chang's, Piggly Wiggly, Roundys, Starbucks, Subway, Target, Walgreens and Wal-Mart/Sam's Club. In addition, **Scrip cards can also be ordered for over 500 of the country's biggest brands.** Scrip cards that are special ordered on Sunday mornings will be available to pick-up the following Sunday. Scrip cards can be purchased in the Parish Hall on Sunday mornings from 9 a.m. to noon, and weekdays in the church office during normal office hours.



# MISSION PARTNER PRAYER REQUESTS FOR JANUARY 2021

## **REVS. ALLEN & RACHEL HILL: [www.samusa.org/missionaries-frames01.html](http://www.samusa.org/missionaries-frames01.html)**

Praise God for:

- Allen defending his thesis and becoming the Rev. Dr. Allen Hill on Nov. 23, 2020 even while weak from a bout of COVID-19

Prayer Requests:

- For Rachel as she steps back from ministry for at least the next 6 months to take care of the family's educational, emotional and physical well-being.
- For grace to deal with isolation from friends, online schooling, lack of organized sporting activities, high anxiety and challenges associated with ADHD
- For healing where our hearts have been wounded and protection from evil
- For improved health and new ministry opportunities for Rachel's parents, Bishop Bill and Judith Godfrey

## **DOUBLE PORTION: [www.doubleportionsoupkitchen.com](http://www.doubleportionsoupkitchen.com)**

Praise God for:

- Donations of food and money for our pantry and meal site from church friends and the community

Prayer Requests:

- For those around us who are ill
- For the healing of our country of all health problems

## **MOTHERS' MERCY HOME – DIOCESE OF MT KENYA SOUTH: [www.mmhpp.org](http://www.mmhpp.org)**

Praise God for:

- His provision for our children and His protection and care since COVID-19
- The staff who have worked tirelessly to see our children are in a good environment
- The reopening of the Medical Clinic following recovery of staff from COVID-19.

Prayer Requests:

- For Kenya as COVID-19 issues are rising at a high speed
- For the students returning to classes on January 4th
- For Mothers' Union Leaders who have been working tirelessly for the welfare of MMH

## **BETSY HAKE – JERICHO MINISTRIES IN HONDURAS: [www.settingthecaptivesfree.org](http://www.settingthecaptivesfree.org)**

Praise God for:

- Reaching our matching grant above and beyond the goal
- The formation of a little band of prayer Warriors praying twice daily
- The upcoming graduation of some of our children & the ability to keep our school open despite COVID
- For Miriam, Elvia's daughter, who will be making a masterplan for the Villa property

Prayer Requests:

- For Elvia's sister's family whose 37- year old son died suddenly of a heart attack