



June 6, 2021
10:00 a.m.
Second Sunday after Pentecost

PRELUDE

Instrumental

PROCESSIONAL HYMN *“Lord, We Have Come at Your Own Invitation”*

Hymnal #348

¹ **Lord, we have come at your own invitation,
Chosen by you, to be counted as friends:
Yours is the strength that sustains our vocation,
Ours a commitment we know never ends.**

² **Here, at your table, confirm our intention,
ever to cherish the gifts you provide;
teach us to serve without pride or pretension,
led by your Spirit, defender and guide.**

³ **When, at your table, each time of returning,
vows are renewed, and our courage restored:
may we increasingly glory in learning
all that it means to accept you as Lord.**

⁴ **So, in the world where each duty assigned us
gives us the chance to create or destroy,
help us to make those decisions that bind us,
Lord, to yourself, in obedience and joy.**

Words: F. Pratt Green (1903)
Music: *O QUANTA QUALIA*

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be his kingdom, now and for ever. Amen.**

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be his kingdom, now and for ever. Amen.**

Bishop There is one Body and one Spirit;

People **There is one hope in God's call to us;**

Bishop One Lord, one Faith, one Baptism;

People **One God and Father of all.**

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

O God, from whom all good proceeds: Grant that by your inspiration we may think those things that are right, and by your merciful guiding may do them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE FIRST LESSON 1 Samuel 8:4-11, 16-20

All the elders of Israel gathered together and came to Samuel at Ramah, and said to him, "You are old and your sons do not follow in your ways; appoint for us, then, a king to govern us, like other nations." But the thing displeased Samuel when they said, "Give us a king to govern us." Samuel prayed to the Lord, and the Lord said to Samuel, "Listen to the voice of the people in all that they say to you; for they have not rejected you, but they have rejected me from being king over them. Just as they have done to me, from the day I brought them up out of Egypt to this day, forsaking me and serving other gods, so also they are doing to you. Now then, listen to their voice; only—you shall solemnly warn them, and show them the ways of the king who shall reign over them." So Samuel reported all the words of the Lord to the people who were asking him for a king. He said, "These will be the ways of the king who will reign over you: he will take your sons and appoint them to his chariots and to be his horsemen, and to run before his chariots; He will take your male and female slaves, and the best of your cattle and donkeys, and put them to his work. He will take one-tenth of your flocks, and you shall be his slaves. And in that day you will cry out because of your king, whom you have chosen for yourselves; but the Lord will not answer you in that day." But the people refused to listen to the voice of Samuel; they said, "No! but we are determined to have a king over us, so that we also may be like other nations, and that our king may govern us and go out before us and fight our battles."

Reader The Word of the Lord.

People **Thanks be to God.**

PSALM 138

- 1 I will give thanks to you, O Lord, with my whole heart;
before the gods I will sing your praise.
- 2 **I will bow down toward your holy temple and praise your Name,
because of your love and faithfulness;**
- 3 For you have glorified your Name
and your word above all things.
- 4 **When I called, you answered me;
you increased my strength within me.**
- 5 All the kings of the earth will praise you, O Lord,
when they have heard the words of your mouth.
- 6 **They will sing of the ways of the Lord,
that great is the glory of the Lord.**
- 7 Though the Lord be high, he cares for the lowly;
he perceives the haughty from afar.

8 Though I walk in the midst of trouble, you keep me safe;
you stretch forth your hand against the fury of my enemies;
your right hand shall save me.

9 The Lord will make good his purpose for me;
O Lord, your love endures for ever;
do not abandon the works of your hands.

**Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.**

THE SECOND READING 2 Corinthians 4:13-5:1

Just as we have the same spirit of faith that is in accordance with scripture—"I believed, and so I spoke"—we also believe, and so we speak, because we know that the one who raised the Lord Jesus will raise us also with Jesus, and will bring us with you into his presence. Yes, everything is for your sake, so that grace, as it extends to more and more people, may increase thanksgiving, to the glory of God. So we do not lose heart. Even though our outer nature is wasting away, our inner nature is being renewed day by day. For this slight momentary affliction is preparing us for an eternal weight of glory beyond all measure, because we look not at what can be seen but at what cannot be seen; for what can be seen is temporary, but what cannot be seen is eternal. For we know that if the earthly tent we live in is destroyed, we have a building from God, a house not made with hands, eternal in the heavens.

Reader The Word of the Lord.

People **Thanks be to God.**

THE GOSPEL

Mark 3:20-35

The Holy Gospel of our Lord Jesus Christ according to Mark.

People **Glory to you, Lord Christ.**

The crowd came together again, so that Jesus and his disciples could not even eat. When his family heard it, they went out to restrain him, for people were saying, "He has gone out of his mind." And the scribes who came down from Jerusalem said, "He has Beelzebul, and by the ruler of the demons he casts out demons." And he called them to him, and spoke to them in parables, "How can Satan cast out Satan? If a kingdom is divided against itself, that kingdom cannot stand. And if a house is divided against itself, that house will not be able to stand. And if Satan has risen up against himself and is divided, he cannot stand, but his end has come. But no one can enter a strong man's house and plunder his property without first tying up the strong man; then indeed the house can be plundered. "Truly I tell you, people will be forgiven for their sins and whatever blasphemies they utter; but whoever blasphemes against the Holy Spirit can never have forgiveness, but is guilty of an eternal sin"— for they had said, "He has an unclean spirit." Then his mother and his brothers came; and standing outside, they sent to him and called him. A crowd was sitting around him; and they said to him, "Your mother and your brothers and sisters are outside, asking for you." And he replied, "Who are my mother and my brothers?" And looking at those who sat around him, he said, "Here are

my mother and my brothers! Whoever does the will of God is my brother and sister and mother.”

Celebrant The Gospel of the Lord. *People* **Praise to you, Lord Christ.**

CHILDREN SERMON

THE SERMON

Bishop Matthew Gunter

PRESENTATION OF CANDIDATES

BCP pg. 415

Bishop The Candidates will now be presented.

Presenters I present Lorraine Sicairos, Martin Sicairos and Meghan Stielow for Confirmation.

I present Richard Carroll to be received into this Communion.

Bishop Do you reaffirm your renunciation of evil?

Candidate **I do.**

Bishop Do you renew your commitment to Jesus Christ?

Candidate **I do, and with God's grace I will follow him as my Savior and Lord.**

Bishop Will you who witness these vows do all in your power to support these persons in their life in Christ?

People **We will.**

Bishop Let us join with those who are committing themselves to Christ and renew our own baptismal covenant.

Bishop Do you believe in God the Father?

People **I believe in God, the Father almighty, creator of heaven and earth.**

Bishop Do you believe in Jesus Christ, the Son of God?

People **I believe in Jesus Christ, his only Son, our Lord.**

He was conceived by the power of the Holy Spirit and born of the Virgin Mary.

He suffered under Pontius Pilate, was crucified, died, and was buried.

He descended to the dead.

On the third day he rose again.

He ascended into heaven, and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

Bishop Do you believe in God the Holy Spirit?

People **I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.**

Bishop Will you continue in the apostles' teaching and fellowship, in the breaking of bread, and in the prayers?

People **I will, with God's help.**

Bishop Will you persevere in resisting evil, and, whenever you fall into sin, repent and return to the Lord?

People **I will, with God's help.**

Bishop Will you proclaim by word and example the Good News of God in Christ?

People **I will, with God's help.**

Bishop Will you seek and serve Christ in all persons, loving your neighbor as yourself?

People **I will, with God's help.**

Bishop Will you strive for justice and peace among all people, and respect the dignity of every human being?

People **I will, with God's help.**

PRAYERS FOR THE CANDIDATES

Bishop Let us now pray for these persons who have renewed their commitment to Christ.

Lay Reader Deliver them, O Lord, from the way of sin and death.

People **Lord, hear our prayer.**

Lay Reader Open their hearts to your grace and truth.

People **Lord, hear our prayer.**

Lay Reader Fill them with your holy and life-giving Spirit.

People **Lord, hear our prayer.**

Lay Reader Keep them in the faith and communion of your holy Church.

People **Lord, hear our prayer.**

Lay Reader Teach them to love others in the power of the Spirit.

People **Lord, hear our prayer.**

Lay Reader Send them into the world in witness to your love.

People **Lord, hear our prayer.**

Lay Reader Bring them to the fullness of your peace and glory.

People **Lord, hear our prayer.**

Bishop Almighty God, we thank you that by the death and resurrection of your Son Jesus Christ you have overcome sin and brought us to yourself, and that by the sealing of your Holy Spirit you have bound us to your service. Renew in these your servants the covenant you made with them at their Baptism. Send them forth in the power of that Spirit to perform the service you set before them; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

CONFIRMATION

Strengthen, O Lord, your servant *N.* with your Holy Spirit; empower her/him for your service; and sustain him/her all the days of his/her life. **Amen.**

N., we recognize you as a member of the one holy catholic and apostolic Church, and we receive you into the fellowship of this Communion. God, the Father, Son, and Holy Spirit, bless, preserve, and keep you. **Amen.**

Bishop Almighty and everliving God, let your fatherly hand ever be over these your servants; let your Holy Spirit ever be with them; and so lead them in the knowledge and obedience of your Word, that they may serve you in this life, and dwell with you in the life to come; through Jesus Christ our Lord. **Amen.**

THE PEACE: The peace of the Lord be always with you.
And also with you.

ANNOUNCEMENTS, BIRTHDAYS AND ANNIVERSARIES

OFFERTORY Instrumental

THE GREAT THANKSGIVING BCP pg. 361

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give him thanks and praise.**

Celebrant It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord; who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

*Celebrant
and People*

Christ has died.

Christ is risen.

Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

*Celebrant
and People*

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.

Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.

**And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

BREAKING OF THE BREAD

Celebrant Alleluia, Christ our Passover is sacrificed for us.

People **Therefore let us keep the feast. Alleluia.**

Celebrant The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

INVITATION TO VISUAL COMMUNION

see end of bulletin

COMMUNION

Instrumental

THE PRAYER OF THANKSGIVING

BCP pg. 366

Celebrant Let us pray.

Celebrant and People

**Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.
And now, Father, send us out
to do the work you have given us to do,
to love and serve you
as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
Be honor and glory, now and for ever. Amen.**

BLESSING

Bishop Our help is in the Name of the Lord;

People **The maker of heaven and earth.**

Bishop Blessed be the Name of the Lord;

People **From this time forth for evermore.**

Bishop The blessing, mercy, and grace of God Almighty, the Father, the Son, and the Holy Spirit, be upon you, and remain with you for ever. **Amen.**

RECESSATIONAL HYMN "A House United"

¹ **There are many gifts but the same Spirit
There are many hands but the same Lord
There are many works but the same God
Who empowers them all (oh)**

² **We are many parts but the same body
We have many songs but one voice
We have many hearts but the same love
Uniting them all oh**

Chorus

**We won't be divided we are a house united
We won't be divided we are a house united**

Interlude

United

Bridge - 3 times

**Your people are my people
Your church will be my church
Your children are my brothers and my sisters**

Chorus - 2 times

**We won't be divided we are a house united
We won't be divided we are a house united**

Ending

United we are a house united

David Gentiles | Jennie Lee Riddle | The Emerging Sound
© 2015 Jennie Lee Riddle Music

Celebrant Let us go forth in the name of Christ. Alleluia, alleluia.

People **Thanks be to God. Alleluia, alleluia.**

POSTLUDE

Instrumental

INVITATION TO VISUAL COMMUNION - In the medieval western church, a common practice was “ocular communion” or communing visually with Jesus in the Sacrament. This was done, for a variety of reasons, most of the congregation would reverence the Sacrament in place of physically receiving it. It is similar to what we do when we do Adoration and Benediction at the Eucharistic Festival or the Vigil before the Sacrament many of us keep Maundy Thursday. During this time of physical distancing when we are not able to gather in community to share in the Eucharist we invite you to visually contemplate and commune with Jesus in the Sacramental Bread. Here are a couple of prayers to assist you.

My Jesus,

I believe that You are present in the Most Holy Sacrament.

I love You above all things,

and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally,

come at least spiritually into my heart.

I embrace You as if You were already there

and unite myself wholly to You.

Never permit me to be separated from You.

Amen.

(Alphonse Liguori)

In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, I desire to offer to you praise and thanksgiving. I remember your death, Lord Christ; I proclaim your resurrection; I await your coming in glory. Since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.

(Prayer Book for the Armed Services)

The following anniversaries of members of our Parish Family will be remembered.

SUNDAY, JUNE 6, 2021 TO SATURDAY, JUNE 12, 2021

BIRTHDAYS

- 6 Leo Checkai
- 7 Shannon Walter
- Becky Schoon
- 10 Fr. John Throop
- 11 Stephanie Schraufnagel

WEDDING ANNIVERSARIES

- 6 Duffy and Jan Eves
- Steve and Julie Hendrix
- 7 Scott and Michele McNeely
- 9 Peter and Kaitlin Springborn
- 10 Fr. Lon and Kathy Pearson
- 11 James and Claire Kopczynski
- Gary and Tina Schmiedel
- 12 Brad and Lisa Haese

FAITHFUL DEPARTED

- 6 Gordon Mc Cunn
- 7 Leone Springer
- Heather Jurgenson
- 9 Peggy Jenson
- Chester Shepard
- Helen Terrell
- 10 Maude Cowan
- Maurine Langohr
- 11 Ernestine Bergstrom
- 12 George Madson

MISSION PARTNER LINKS

Double Portion with Calvary Bible Church/
St. Patrick's Church
Betsy Hake - Honduras
The Revs. Allen/Rachel Hill
Mothers' Mercy Home - Kenya



Flowers on the High Altar today are given to the Greater Glory of God and in thanksgiving for our leadership, which includes our Bishop, Clergy and Vestry by Lou and Carol Wilhelm.

In the wider Anglican Communion we pray for The Church of the Province of Myanmar (Burma). In the diocesan cycle of prayer we pray for the people and ministries of St. Paul's, Suamico; Mvuma Mission District, Masvingo. In the St. Thomas cycle of prayer we pray for Leadership of St. Thomas including Clergy, Wardens, Vestry, Treasurer, Staff, and Missions including Double Portion, Jericho, Mother's Mercy, Peru - Revs Allen and Rachel Hill, Fr. Ian and Polly Montgomery; UTO, Winnebago gifts and caroling and the Gideons.

MISSION PRAYER LINKS

- African Medical Mission
- Boy Scouts Troop 3
- Cub Scouts Pak 3003
- Carmen & Rosa and the San Lucas UCC - Chicago
- Gideon Bible Distribution Ministry
- Bishop Todd and The Rev. Patsy McGregor - Madagascar

- Fr. Ian/Polly Montgomery - (SAMS)
- Wisconsin Kairos Prison Ministry

SERVING IN THE MILITARY

- Auston Allen - Air Force
- Kyle Cooper - Army National Guard
- Mary Danner-Jones - Air Force
- Claire Kopczynski - Army National Guard
- James Kopczynski - Army National Guard
- Bruce McRae - Army Reserve
- Tim Paterson - Army Reserve
- Don Patrick - Army Reserve
- Humberto Puga - Navy
- Andrew Shaffer - Army
- Mark Sopkiw, Jr. - Army
- Matthew Verich - Navy

DEPLOYED

- Clint Kupari - Army
- Foreign Diplomats:
- Steve Hendrix

Announcements

Office Hours – The office hours are Monday – Friday from 9:30-1:30 p.m.

Bishop's Visitation - The loose collection today and designated checks will go to the Bishop's Discretionary Fund. Please be generous in supporting the outreach and ministry of our Bishop Matt. Also, join the Bishop at coffee hour for fellowship.

Altar Guild members needed - This important ministry involves duty just once a month. You will work with a team that will instruct and guide you. Please call Bev Johnston if you'd like to join.

Pledge Boxes – They are available to be picked up on Sundays and during office hours.



CONGRATULATIONS SENIORS –This amazing group of human beings is about to step into the next chapter of their lives, into a big beautiful world filled with God's Presence! Our prayers are with you. We hope for nothing but goodness for you. And when you struggle and fail, please know that God is always with you. May you be blessed as you go forward with all the amazingness that a Life with God has to offer! Our graduating Seniors of 2021 are:

Weston Spencer
Laura Binning
Ian Lindholm

Zion Campbell
Trang Khucs
Adam Chmielewski

Coffee Hour Invite - Many have been missing coffee hour. We cannot meet physically in person, but through Zoom, we can meet digitally in person! So for the next few weeks at a minimum, we will gather for coffee hour at 11:15 on Sunday mornings after church. You can find the link in the weekly email that includes the Sunday morning bulletins and you will also be able to find and click the link on 'Important Information' section of our website. Look for 'Quick Links'. Please join us!



Wednesday Communion
In the Chapel at St. Thomas
1:00PM
Please enter using the steeple doors

St. Thomas Fall Fellowship Weekend, September 10-12, 2021

Lo and behold, St. Thomas Fall Fellowship Weekend is back!! Yippee Yahoo!!

St. Thomas Fall Fellowship Weekend, held at Forest Springs Camp in beautiful northern Wisconsin, provides the perfect opportunity for rejuvenation. What a great opportunity to gather together (in person) to celebrate Jesus, to learn, to rest and relax, play games with family and friends and simply enjoy life!

Accommodations include comfortable cabins (sleep 8-9), hotel rooms (sleeps up to 5, at a \$120 extra charge for the weekend), or tent or RV camping options, if preferred. We also set aside separate cabins for single men and single women.

DEADLINE TO REGISTER will be August 30, 2021.

WHERE: Forest Springs Camp and Conference Center, Westboro, WI

WHEN: Arrival after 6:00 pm Friday 9/10/21 and depart by noon on Sunday 9/12/21

When you register, please include a \$50 deposit

Cost:

	<u>Rate</u>
Adults & teens:	\$85
Ages 8-12:	\$45
Ages 4-7:	\$35
Ages 0-3:	\$15

St. Thomas contributes a large portion towards each camper's cost to try to make this weekend affordable for everyone. Additional scholarship money is available, if the fees are a problem for anyone.

High Ropes will be available Saturday afternoon for an additional fee (to be determined). Early registration will be required by August 10th. Paintball will also be available (additional fee) and minimum of 10 people are required in order for paintball to take place.

An email will be sent in the near future with further information and the registration link, so please be sure to be on the lookout.

We sincerely hope you will consider participating in the St. Thomas Fellowship Weekend in September!

Youth Ministry (WWW.STYG.COM)

Junior & Senior High Youth Group (6-12 gr.) – Hello friends . . . grace and peace! Sunday Youth Group will be changing and morphing over the summer and will emerge from this pandemic with a new look, a new vision, and a new format. Starting on *Sunday, September 19*, all 6th-12th graders will be invited to participate in a brand new version of Sunday Youth Group.

Summer D-Groups – D-Groups during the school year have ended but SUMMER D-GROUPS are about to get started! Head over to the D-Groups website and check out all the amazing stuff that we're gonna do OUTSIDE this summer! Students who just completed 6th grade are welcome as well as all the way up through graduated seniors of the Class of 2021. Seriously y'all, it's gonna be a great summer so join us! www.styg.com/d-groups



FILM SCHOOL WILL BE BACK FALL 2021 – We didn't get to do any sort of Film School for the 2020-21 school year due to COVID but we are letting you all know that 7th-12th graders should get ready for an EPIC slate of films in 2021-22 on Sunday mornings. Yes, we do spiritual formation by watching movies and talking about them (see Acts 17) and it's incredible. Join us starting Sunday, September 19, 2021!! www.styg.com/filmschool

Summer Camp - Please head over to www.diofdl.org/camp to see the latest announcements about Senior, Middler, Junior, and Kinder Camp sessions. Dates have been announced and there's LOTS more to read about.

Love Journey (aka Mission Trip) – Chicago 2021 will be taking place July 18-21 for any 12-24 year olds who are vaccinated and would like to serve those in need in Chicago, Illinois. Students and parents can head over to our website for more information as well as instructions on how to sign up. If there are any questions, feel free to contact Aran Walter at (920) 379-6229. www.styg.com/lovejourney

Worship

Altar Flowers – There are openings on the High Altar on June 20th, July 11th and 25th. Anyone wishing to contribute flowers in memory of a loved one, in celebration of a special occasion, or in thanksgivings for something, please call Carol Wilhelm, 920-470-9599. The cost of flowers: High Altar, \$35 (each vase)

Pastoral Care

THE REIGN OF PAIN LIES MAINLY IN THE BRAIN – Research now confirms: The brain constructs all pain as a protective mechanism via neural pathways. Stress and emotions activate the danger/alarm mechanism and a pain/fear/pain cycle may ensue. A significant proportion of pain is brain induced. MRI findings are often not correlated with pain. Pain is a message: Its purpose is protection and safety. The two common methods of dealing with pain are trying to ignore it or kill it. Communicate with the messenger! The intention of the messenger is protection and survival. The more responsive you are, the quieter the message. When you are in PAIN request my **REDUCTION OF PAIN** Podcast at Johnpeterson2@earthlink.net.

Specialized Pastoral Counseling at St. Thomas - Fr. John Peterson is available for virtual counseling at St. Thomas. It will take place by phone or video. This counseling is specialized in that it will meet the need of anyone looking to be able to clear and optimize the way their mind works. It is fast and effective with many of life's problems including anxiety, depression, grief, low self-esteem, relationship issues, substance abuse, obsessions, compulsions, anger, resentment and self-destructive behaviors. When a person has a problem or an issue that needs to be addressed there are two ways to approach it. One way is "outward" when one aims at changing the outward circumstances. Another way is "inward" when one aims to change how one perceives the situation in their mind. It is this second way, the "renewing of the mind" that is the pathway used for this healing. During these stressful and uncertain times, I want to offer you an audio exercise presented by Jon Connelly, my teacher and mentor in Rapid Resolution Therapy entitled "Ease Your Mind & Raise Your Immunity – Accelerate Healing & Relieve Anxiety." E-mail me at Johnpeterson2@earthlink.net and request it. You will be blessed by it.

Outreach/Missions

Betsy Hake - Betsy Hake will be here on Friday, June 11th at 6:30 p.m. in the Parish Hall! Please come and hear about her ministry!



Scrip Program: *Proceeds benefit the Mission Scholarship Fund (sending missionaries and bringing our mission partners here).*

For now, due to the break in, we are going to be just doing orders and not have any scrip cards on hand. So if you would like to order, please call the office at 920-725-5601 or email Sandie at sandieumland@gmail.com by Monday morning. They will be available to be picked up by Thursday of that week.

MISSION PARTNER PRAYER REQUESTS FOR JUNE 2021

BETSY HAKE – JERICHO MINISTRIES IN HONDURAS: www.settingthecaptivesfree.org

Praise God for:

- Only one of our family members getting COVID and her (Myra's) recovery
- New staff who will be helping us with the pigs and horses we will be raising on property

Prayer Requests:

- For Andrea (17) who has left and is convinced that living on the streets is better than in a safe, loving environment. Pray for a miracle that she will come to her senses & return.
- For Isabella and Nahomy (early teens) struggling with abandonment and rejection issues plus normal teen angst. Help us to minister His Truth which can set them free.
- For wisdom as we begin the master plan for building & consultation about converting to solar power. We are finishing our chapel and beginning cottages for girls to live with international volunteers.

REVS. ALLEN & RACHEL HILL: www.samusa.org/missionaries-frames01.html

Prayer Requests:

- For Rachel as she steps back from ministry for at least the next 6 months to take care of the family's educational, emotional and physical well-being.
- For grace to deal with isolation from friends, online schooling, lack of organized sporting activities, high anxiety and challenges associated with ADHD
- For healing where our hearts have been wounded and protection from evil
- For improved health and new ministry opportunities for Rachel's parents, Bishop Bill and Judith Godfrey

DOUBLE PORTION: www.doubleportionsoupkitchen.com

Praise God for:

- All the years of service of many workers who feed the hungry in our area and who spread God's love through conversations with guests

Prayer Requests:

- For donations of canned meats and fruits, and paper products.
- For the end of COVID restrictions so we can return to sit down meals and fellowship

MOTHERS' MERCY HOME – DIOCESE OF MT KENYA SOUTH: www.mmhpp.org

Praise God for:

- His care for the MMH family, for provision of food, clothing, shelter and education, and for Partners with whom we are able to share and pray

Prayer Requests:

- For the 19 students who recently took Primary level and 3 students who took Secondary level exams. For strength and direction as they transition to what is next for them.
- For the guardians of all our students

So why do we have Bishops?

Being a Christian is not simply a matter of individual belief and belonging to God. It is also about belonging to the larger community of believers who make up the Church, the body of Christ. That belonging is practiced and lived out concretely in our local congregation. But, it does not end there. We also belong to one another in the larger congregation of congregations of the diocese and through that we belong to the church around the world and through the ages. The Holy Spirit, working in that belonging enables us to live into the promise that God's healing of all that would separate us from Himself and one another.

Bishops are a symbol of that belonging. Bishops are consecrated by the laying on of hands by other bishops whose authority has come down from the Apostles – the appointed leaders of the early Church. Thus, bishops are a physical representation of belonging through their connection with other bishops around the world and through history. They are the visible sign of the Church's unity and of continuity with the Church's life and witness through the ages. As far back as we can go in the history of the church, bishops have served this role.

Bishops exercise general oversight of a diocese through their ministry as chief priest and pastor, prophet, and teacher. Their duties include, visiting the congregations of the diocese, supervising diocesan staff and programs, and issuing guidance on the church's doctrine, discipline and worship.

The bishop also serves as “the pastor to the pastors.” Two sacramental functions are reserved for bishops: Confirmation and Ordination.

Symbols of the Bishop's Office



The bishop wears or carries some very specific signs of his office. The most notable might be his staff or *crosier*. It is shaped like a shepherd's crook reminding us that our bishop is our chief pastor or shepherd.

The bishop wears two particular pieces of head-gear. The first is a *zucchetto* or a purple cap. This is to keep the head warm in drafty, cold cathedrals.



The other is the *mitre*. This has many associations. It has two sharp peaks said to represent the flames of the Holy Spirit given at Pentecost (Acts 2:3). The lappets, or two tails which hang down behind, are like two large book marks said to represent the Old and New Testaments.

The bishop removes the mitre for the proclamation of the Gospel and to approach God in prayer. He also removes the zucchetto for the Consecration and in the presence of the Blessed Sacrament.



This bishop wears a pectoral cross. It is worn when he is vested for the Liturgy as well as other times.



The bishop also wears an episcopal ring. It symbolizes his call to faithfulness to the diocese. It has been compared to a wedding ring. The idea of a bishop being married to a diocese is also shown by the custom of bishops using the name of the diocese for their last name, as the Archbishop of Canterbury, the Most Reverend Justin Welby signs documents “+Justin Cantuar” (*Cantuar* is the Latin name for Canterbury).

It is also a custom for bishops to put a cross before their signature as in “+John Smith.” (*Priests customarily place one after their signature, as in “John Smith+.”*)

During the Recessional Hymn, as the bishop passes giving a blessing, it is customary to make the Sign of the Cross and to genuflect or bow briefly in respect for the office of the Bishop.